

En Voyage

Aurigny's leisure and business magazine

ISSUE 34



GOOD HOLIDAY VIBES

COMMUNITY
SPIRIT

BUSINESS
NEWS

SPORTS
SECTION

PLUS
LOTS MORE



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"YOU'RE ONLY HERE FOR A SHORT VISIT.
DON'T HURRY, DON'T WORRY. AND BE SURE
TO SMELL THE FLOWERS ALONG THE WAY."

Walter Hagen

ST PETER PORT →
← FORT ROAD

#Aurigny

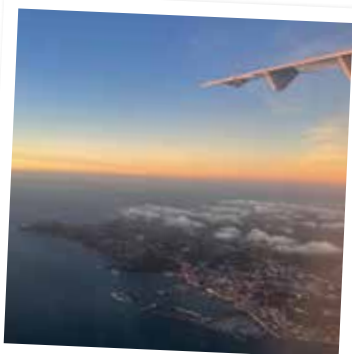
SEND US YOUR SHOTS!

We want to see your photos, perhaps a colourful sunset at 12,000 feet, a runway panoramic or an onboard abstract. Upload your best photo to any social media platform and tag using #Aurigny. It could be featured in the next issue of En Voyage. Please remember to make sure your device is switched to the flight safe mode for taxi, take-off and landing, and upload at a suitable time.



@29guernsey
Aurigny ATR72-600 about to touch down

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Stunning view over St Peter Port



@maaikepilot
Landing in Guernsey with a little crosswind



@rachaelctb
Catching the sunrise over Guernsey



@jack_rolls_aviation
An aircraft with a lot of charisma and style



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IT'S ALL ABOUT YOU

GREETING FROM AURIGNY CEO NICO BEZUIDENHOUT

Welcome to Aurigny!

As the sun stretches its golden fingers over the horizon and the world slowly awakens from its winter slumber, there's a palpable sense of anticipation in the air. Here at Aurigny, we feel the pulse of spring, with its promise of new beginnings and fresh opportunities, beckoning us to embrace the spirit of renewal and embark on journeys that ignite our souls.

Step aboard our aircraft and let the anticipation of adventure fill your heart. Whether you're jetting off to a far-flung destination or embarking on a spontaneous city break, the possibilities are endless. Spring is the perfect time to explore, to uncover hidden gems tucked away in bustling towns and cities or to reconnect with nature in tranquil landscapes.

Inside, you will find inspiration waiting for you – let us inspire you with magical destinations like Menorca, Newquay Cornwall, Biarritz, Cambridge, and much more, each offering a unique tapestry of experiences waiting to be discovered.

There's a unique joy that comes with the anticipation of travel – the excitement of

packing your bags, the thrill of boarding a plane bound for unknown lands, and the sense of freedom that washes over you as you leave the familiar behind. It's a feeling of liberation, of casting off the shackles of routine and embracing the unknown with open arms.

As you journey with us through the skies this spring, remember that the world is yours to explore. Embrace the spirit of renewal, spread your wings, and soar into the endless possibilities that await you.

From the moment you step aboard our aircraft, you will be greeted by warm smiles and attentive service from our experienced cabin crew. Please do not hesitate to let the crew know if you require any assistance during your flight. In the meantime, sit back, relax, and enjoy your flight as we embark on this journey together.

Bon voyage!

Nico

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OUR FLEET

Aurigny currently has a fleet of six aircraft serving the network.

We introduced our flagship Jet, an Embraer 195, in July 2014 to service the Guernsey-Gatwick route. The twinjet aircraft is the largest aircraft in the fleet, with a capacity of 122 passengers.

Three ATRs also help to serve our UK and European destinations. The newest additions are three brand-new ATR 72-600 aircraft which Aurigny took delivery of at the end of 2019. Each came fitted with a contemporary cabin design which introduced the latest standards of comfort, offering more space for luggage in overhead bins and providing passengers with 18" wide seats.

We took delivery of our second New Generation Dornier 228 in 2017, to serve the Alderney routes.



Embraer 195

NUMBER IN FLEET 1

BUILT Sao Jose Dos Campos, Brazil

ENGINES

2 x General Electric CF34-10E7 Turbofans

MAXIMUM SPEED 542 knots (624 mph)

PASSENGERS CARRIED 122

RANGE 2,500 miles (4,023 km)



ATR 72-600

NUMBER IN FLEET 3

BUILT Toulouse, France

ENGINES

2 x Pratt & Whitney PW-127 M Turboprops

MAXIMUM SPEED 276 knots (318 mph)

PASSENGERS CARRIED 72

RANGE 1,023 miles (1,646 km)



Dornier 228NG

NUMBER IN FLEET 2

BUILT Oberpfaffenhofen, Germany

ENGINES

2 x Garrett TPE331-10 Turboprops

MAXIMUM SPEED 223 knots (257 mph)

PASSENGERS CARRIED 19

RANGE 350 miles (563 km)



1968
Founded



17 MILLION
Aurigny has carried over 17 million passengers since it was founded



MORE ROUTES IN 2024

Aurigny will be operating to more destinations than ever before in 2024 while continuing to operate its scheduled services



HOLIDAY FLIGHTS IN 2020

Aurigny was one of the only airlines in the world to offer isolation-free holidays in 2020 with travel corridors between Alderney, Guernsey and the Isle of Man



2019
Named Airline of the Year at 2019 Southampton Airport Awards



6
Aircraft



1977
First airline in the world to ban smoking on all services



1
In-flight marriage



1
FA Cup
Flown to Guernsey on 19th August 2016



300
Staff



1
Birth on board
Between Alderney and Guernsey



2019
Ranked best short-haul airline by Which?



NEW ROUTES ADDED

AURIGNY

GUERNSEY'S AIRLINE

OK, it's not the easiest of names – pronounced **Or-ree-nee** – but it's certainly one that islanders are proud of. 'Aurigny' is the Norman name for Alderney, the northern island in the Bailiwick of Guernsey, where Aurigny Air Services was launched in 1968.

Aurigny has been serving the Channel Islands for over 50 years and is owned by the States of Guernsey.

OUR DESTINATIONS

FROM GUERNSEY

- ALDERNEY
- BIRMINGHAM
- BRISTOL
- DUBLIN†
- EAST MIDLANDS†
- EDINBURGH†
- EXETER
- GRENoble†
- IBIZA†
- LEEDS BRADFORD†
- LIVERPOOL†
- LONDON CITY
- LONDON GATWICK
- LONDON STANSTED
- MANCHESTER
- MENORCA†
- MAJORCA†
- NEWQUAY†
- PARIS
- SOUTHAMPTON

FROM ALDERNEY

- GUERNSEY
- SOUTHAMPTON

Look out for additional destinations for week-long holidays and short breaks being added throughout 2024.

Direct flights to Alicante, Biarritz, A Coruña, Bilbao, Porto and Valencia are already on sale.

Visit aurigny.com for more details.

† Seasonal route

SAFETY FIRST

COVID SAFETY

The safety of our passengers and crew remains a priority at this stage in the pandemic. Our aircraft are deep cleaned and fogged every day using an antibacterial and antiviral solution which remains active for up to 10 days. Masks are now optional on most Aurigny flights. Please check our latest guidance online for details. Please respect the personal space of others as much as you can.

HAND BAGGAGE

Once you've boarded and located your seat, please ensure your hand baggage is stowed safely. Small bags can be placed underneath the seat in front of you, unless you are seated in an emergency exit row.

All other items should be placed inside an overhead locker. Please take care when opening the overhead lockers as items may have moved during flight and falling items may cause injury.

YOUR SAFETY

We want to look after you on board and our main concern is for your safety and that of the Aurigny crew. Cabin crew are here primarily for your safety, so please pay attention to their instructions. Any feedback about the crew and flight is welcomed.

Life jackets are provided for use in the extremely unlikely event of an emergency. It is an offence to tamper with or remove them without authorisation and this may jeopardise the safety of others.

Both staff and passengers have the right to fly within a calm, safe and friendly environment. Aurigny has a zero-tolerance policy towards any violent, disruptive or offensive behaviour, and crew have been trained to deal with such incidents.

SMOKING

Smoking of cigarettes and e-cigarettes is not permitted on board, including within the toilets.

FOOD ALLERGIES

Allergy information is available for all snacks – please see the packaging label or ask a member of the crew.

TRAVELLING WITH INFANTS AND CHILDREN

Infants under the age of 2 need to be secured whenever the seatbelt sign is on, this can be achieved through the use of a seatbelt loop provided by the airline to secure the infant on an adult's lap. A child over the age of 2 must be secured in their own seat to ensure their safety in the event of an emergency landing or turbulence.

ELECTRONIC DEVICES*

HANDHELD DEVICES WITH A 'FLIGHT SAFE' MODE

Handheld devices, such as tablets, e-readers and mobile phones, may be used during all phases of the flight, provided the 'flight safe' mode is enabled before departure. Larger devices must be safely secured in hand luggage during taxi, take-off and landing, either in the overhead locker or under the seat in front of you. Any device that transmits or receives communications but does not have a flight safe mode must be switched off from doors closed to doors open.

LAPTOPS, ULTRABOOKS AND NOTEBOOKS

Devices may be used during boarding but not for taxi, take-off and landing, when they must be safely stowed away in hand luggage. They may be used in flight, provided they are set to flight safe mode, with WiFi turned off. On the Embraer and ATR Bluetooth may be used throughout the flight.

DEVICES WITHOUT A 'FLIGHT SAFE' MODE

This will include items such as DVD players, electronic games and music players. Only small, handheld devices may be used during taxi, take-off and landing. Larger devices must be switched off and safely stowed away in hand luggage during taxi, take-off and landing.

BLUETOOTH ACCESSORIES

All Bluetooth accessories (for example wireless keyboards, headphones etc.) may be used on the Embraer and the ATR.

ARE THERE ANY TIMES I CANNOT USE MY HANDHELD DEVICES?

Under certain circumstances your flight or cabin crew will ask that all electronic devices be switched off, for example, during refuel operations. This will be announced over the PA.

CAN I USE MY HEADPHONES THROUGHOUT THE FLIGHT?

Personal headphones can be used for some stages of the flight and may be attached to your personal device. We ask that customers remove their headphones whenever the seat belt signs are illuminated during the taxi, take-off and landing phases and during the safety demonstration.

CAN I USE A REMOTE POWER PACK?

Aurigny does not allow passengers to charge their devices while on board our aircraft.

Please ask a member of cabin crew if you have any queries.

*Electronic devices can only be used on the ATR and Embraer E195 aircraft. Unfortunately they cannot be used on the Dornier.

BAGGAGE ADVICE FOR PASSENGERS



Always secure a tag onto your baggage containing key contact details, including where you will be staying.



Insert a sheet of paper into your bag with key personal details, such as your name, contact details, flight numbers and address of where you will be staying.



Carry any essential items, such as money and medication, with you on the flight.



Customise the look of your bag to make it easier to identify.



Immediately report the loss of checked-in luggage if it does not arrive at your destination. Do this before leaving the airport.



ON BOARD

PASSENGER AWARENESS

Welcome on board!

We hope that you will enjoy your flight and of course allow others to enjoy theirs. All passengers have the right to safe, secure and comfortable travel on board our aircraft. Unruly or disruptive behaviour would ruin this experience and could also be traumatic for passengers or crew.

UNRULY BEHAVIOUR PRIOR TO FLIGHT:

If unruly or disruptive behaviour is noticed prior to the flight, please be aware that transport may be denied.

UNRULY BEHAVIOUR DURING THE FLIGHT:

If such behaviour is demonstrated during the flight, please be aware that there may be serious consequences to these actions. The aircraft may divert and make an unscheduled landing, authorities may meet the flight, and the person responsible for the unruly or disruptive behaviour may be arrested, fined, charged and/or prosecuted.

It is for this reason that we ask all passengers to always:

1. Follow crew member instructions promptly
2. Respect crew members and fellow passengers
3. Behave in a safe and appropriate manner
4. Refrain from endangering the safety of the aircraft or its occupants

OFFENCES AND OTHER ACTS COMMITTED ON BOARD AIRCRAFT:

Under the Air Navigation Order (A.N.O) and Aviation & Maritime Security Act the following are considered as unacceptable behaviours on board:

1. Assault and other acts of interference against a crew member on board a civil aircraft
2. Assault and other acts endangering safety or jeopardising good order and discipline on board a civil aircraft
3. Other offences committed on board a civil aircraft

OFFENCES TO AVOID:



Assaulting, intimidating, threatening a crew member or passenger



Smoking anywhere on board, including in the lavatories



Refusing to follow instructions from the crew



Tampering with the smoke detectors



Intoxicated or disorderly conduct or consuming alcohol which was not provided by crew members



Using a portable electronic device when not permitted to do so



Engaging in or displaying any indecent or lewd behaviour



Removing or damaging safety or emergency equipment, the aircraft or property on board



SONG FOR A SON

AURIGNY PILOT TIM OSBORNE IS ALSO A TALENTED MUSICIAN AND SONGWRITER, AS AMANDA EULENKAMP FOUND OUT.

Writing meaningful songs with words from the heart that strike a chord with people, is how Tim describes his songwriting style.

Tim had wanted to be in a band when he was at school, so started playing various instruments. But, like many people, life came along and so, when he left school, he went to work with music producer Mickie Most, who was behind scores of hit songs.

A career in aviation then beckoned but Tim still had music and songwriting in his heart.

An avid historian (Tim is an accredited tour guide, and is full of local knowledge about the Second World War as well as other Guernsey history), he also got involved in researching, writing and narrating for the film 'Stirling's War', a documentary by local filmmaker Gaz Papworth.

The film followed the story of 23-year-old RAF pilot Sgt Robert Stirling of 87 Squadron who, in April 1941, lost his bearings and was running low on fuel while chasing a German bomber towards France.

He was heading back to Exeter, but his compass was broken, and he came down on uninhabited Lihou Island after baling out of his Hurricane, mistaking reflections from greenhouses for the white chalk cliffs of the south coast of England.

At the end of the film is a song composed by Tim and sung by Emily Fern. 'When I Call Your Name' is, according to Tim 'quite an emotional song', and has subsequently been played at funerals around the world, including Canada, Australia, and the UK.

Tim submitted three songs (including 'When I Call Your Name') to be part of the UK Songwriting Competition, an annual song contest whose mission is to provide the opportunity for both aspiring and established songwriters to have their songs heard in a professional, international arena.

The competition attracted thousands of entries, but all three of Tim's songs reached the 2023 semi-finals in their various categories.

Asked where he got inspiration from, he said that sometimes it can be from an unexpected source.

'I was in town holding my three-and-a-half-year-old son, when an elderly lady came up to me and told me to enjoy holding him because one day I will pick him up, and that will be the last time I ever hold him, but that I won't know it at the time,' said Tim. 'That short encounter had quite an impact on me. After the last song I wrote for the film 'Stirling's War' I was looking for some inspiration to write my next song and that inspiration came as a direct result of those few words that she said to me.'

The song 'Forever More', is a legacy for his son, Zac. 'I want him to remember me and what we did together,' he said. 'The inspiration of that one is knowing that I had him late in life and I know I won't be around to see him have a family of his own... I want him to remember me with this song. It is also one that others can relate to.'

'The song is finished and we are in the process of filming the music video for it.'

It is sung by Tyler Edmonds, the founder of the School of Popular Music, and was recorded and produced by Mikey Ferbrache, studio manager of the Apocalypse Studios, part of the School of Popular Music. Mikey also produced Tim's previous song 'When I Call Your Name'.

So, what next for the pilot/songwriter? 'My aim is to write two to three songs a year and to get to be a finalist in the International Singing Competition,' he said. His song 'In the Clouds', sung by Peter Mitchell and written after his father passed away, made the semi-finals of the 2023 International Songwriting Competition (there were 14,000 entries from around the world, 2,000 of which made the semi-finals).

He's also started recording his next song 'Darkness into Day', written about those struggling with mental health issues.

2024 looks like being a busy year...

GUERNSEY

Beach Guide

Guernsey has a beach and a bay for everyone. Here we discover Petit Port.



PETIT PORT

For many islanders, when they say 'Petit Port' they hear 'steps'. Getting there involves descending almost 400 of them, painstakingly carved into one of the island's highest cliffs. To say it's worth the effort, however, would be something of an understatement – Petit Port has often been described (by the authors of this book, admittedly) as one of the most beautiful convergences of land and water on earth. And probably anywhere else, come to think of it.

From the car park, the cliff path wends its way down to the top of the steps, and a truly majestic view. Green headlands stretch out into the ocean, unspoiled save for scattered granite houses and Guernsey cows sunning themselves in the fields. Directly beneath you, meanwhile, Petit Port itself lies waiting. At high tide it's a tiny, wave-beaten cove, but low tide reveals an expanse of golden sand so vast that you might well have a panic attack trying to decide which ball game to play first.

There's no denying it – there are a lot of steps. On the way back up it's tempting to pitch a tent halfway and wait to make the final push tomorrow. But the whole thing seems much more manageable if you firstly treat it as your workout for the day, and secondly keep

in mind that the steps act as a deterrent that keeps away the riff raff all but the most determined and appreciative.

Swimming at Petit Port is always spectacular – when the tide is high, there are gullies and caves to explore; when the tide is low, you can splash around in the shallows, or swim out to have a nose around the boats at anchor; and when the waves get up, the shape of the bay creates a world-class bodysurfing arena.

All the time it's difficult to avert your eyes from the extraordinary views. Renoir fell in love with these cliffs during his visit, rendering

them in numerous paintings, some of which have become rather famous, and all of which are beautiful. Leaving could well prove a challenge, not only because the steps are such a daunting prospect, but also because your vision will be blurred from all the weeping at the glory of creation. Exaggeration? Probably. Well, definitely. But still, why not find out for yourself?

Optimum Tide: Mid, going down


Best Feature: Aesthetically, it doesn't get much better than Petit Port

Taken from Guernsey Beach Guide



SOUTH COAST

WHAT'S THERE ?

 SWIM

PLEASE NOTE

There are no facilities at Petit Port.



DOGS ON BEACHES

See gov.gg/dogsonbeaches for up-to-date information.



THESE BOOTS ARE MADE FOR WALKING

The Guernsey Spring Walking Festival has walks for all levels. Amanda Eulenkamp chatted to co-ordinator of walking festivals Soo Wellfair on what to expect this year.

The preparation for the Spring Walking Festival started early, with Soo gathering submissions from the various tour guides, which then had to be collated and put into a schedule.

'I hope it all comes together perfectly,' she smiles

All walks are run by experienced and professional guides from the Bailiwick of Guernsey Guild

of Accredited Guides, and there are walks from coastal hikes and ruelles tranquilles to exploring St Peter Port.

Each walk starts close to a bus stop and parking area, and all are rated from an easy amble to a more testing hike. There are 40 locally accredited silver and gold guides (with gold guides being able to host walks anywhere and on any local subject) and 47 walks, including 14 brand-new tours for 2024.

'We do all work collaboratively, and there is a rota for doing the daily Town walk,' explains Soo.

The walking festival is not only enjoyed by visitors as an introduction to what Guernsey has to offer, but many locals enjoy donning their walking boots and discovering parts of the island that they don't normally see.

I ask Soo what inspires a new walk and she said that there is so much in terms of history and that the guides have a thirst of knowledge. 'We do a lot of researching and reading in the winter months,' she says.

The spooky walks are some of the most popular (Soo organises a

haunted Herm tour, which can be booked as a package with dinner during the summer months – early booking advised as they sell out every year). 'It's my favourite walk, I've been doing it for six years,' she says. 'It's crammed full of stories and attracts similar, fun-loving people who enjoy a good night out.' The tour takes around 90 minutes and Soo says that she's had a few spooky encounters during them, from hearing footsteps on rooftops to see the flash of a cloak...

People also enjoy seeing the bunkers and fortifications in the Bailiwick. Festung Guernsey [an initiative instigated by professional groups and individuals with an interest in WWII fortifications] really helps with these,' she explains. The Spring Walking Festival offers opportunities to go on guided walks to visit some of the most important fortifications built in Guernsey by the German occupying forces between 1940-45.

Some guides will specialise in certain areas, such as WWII. One guide who has specialised in accessible walking takes is





IMAGES CLOCKWISE FROM TOP LEFT: BLUEBELL WOODS ABOVE FERMAIN BAY; STATUE OF VICTOR HUGO IN CANDIE GARDENS; GERMAN FORTIFICATIONS AT FORT SAUMAREZ; NAPOLEONIC CANNON AT L'EREE; A TOUR GROUP IN ST PETER PORT.

Bryan Pill, whose walks are aimed at wheelchair users. His walks leave from the Ron Short Centre (at Beau Sejour), and some motorised wheelchairs can be hired. He set up the walks because previously, nothing had been aimed at that sector.

All walks can be found at visitguernsey.com/experiences/events/spring-walking-festival/

Note that some walks may need to be pre-booked, please check individual listings and contact the guide directly for more information.

The popular daily Town walks start from outside the Guernsey Information Centre. They run every day at 10.30am with an extra tour every Wednesday at 5.30pm until the end of October. For enquiries, email townwalks@hotmail.com

Each tour costs £10 per person (under 12s go half price). Please note that only a small number of guides currently take card payments, so please bring cash (English or Guernsey pounds) with you, as you will need to pay your guide directly.

NEW FOR 2024 ARE THE SELF-GUIDED GUERNSEY DETECTIVE TOURS

The first in the series is a 6km tour around St Peter Port (including many of the lesser known back streets). The tour includes plenty of history about the locations you will visit, but also at each location you will be challenged to solve a clue that will eliminate possible suspects. By the end of the tour, you should be left with one suspect, one location and one password (a bit like a more active Cluedo game!).

Scan the QR code for the digital bookcase (first 15 pages of the book are free, followed by a £20 paywall to purchase the digital version). Alternatively, a physical copy is available from the Tourist Information Centre.

The Detective Tours are not part of the Spring Walking Festival.





CURATING WITH CARE

Amanda Eulenkamp finds out what goes on behind the scenes at Candie Museum before its seasonal opening.

When we visit an art gallery or a museum, do we think much about what goes on behind the scenes to make a display or an exhibition? The answer is probably not, but a team of technicians and curators have worked round the clock to get Candie Museum ready to open for the 2024 season.

The work started with the dismantling of the Renoir exhibition in December and has been followed by painting and refreshing the museum.

'It's been non-stop,' said assistant curator Kit Hughes. 'We work with the curatorial team to do research, liaise with people who loan items, and manage the stores.'

When I went to meet them the team were busy hanging photos for the Wildlife Photographer of the Year exhibition, while across the foyer, Guernsey Arts' Wildlife Photography Open Exhibition was nearing completion.

'The two displays complement each other,' said head of heritage services Helen Glencross. 'I'm always astounded by the local talent we have on-island. There is something for everyone here.'

In the foyer, assistant curator Sophie Brehaut was putting the finishing touches to the Notable Women of Guernsey display.

'There is a wealth of women who have made a notable contribution to the island,' she said. 'We had to narrow down the selection.'

Those that made the exhibition included Miriam Milbourne, Edith Carey, Marie de Garis, Major Marie Ozanne and women police constables.

Following the wildlife theme, the Discovery Room also has links to nature, and there will be special wildlife activities for children during school holidays.

I can personally recommend this as I took my four-year-old granddaughter there during the February half-term. We went with my friend and her four-year-old grandson, and the two children had such fun playing there.

There are books and toys, a play kitchen, and a gingerbread house with dressing up to discover.

Helen is also responsible for other heritage sites on the island, including Castle Cornet, Fort Grey, and the German Naval Signals HQ. Around 90,000 visitors are expected across all sites this year, and a pre-season training for all the visitor assistants was held in March.

A full list of upcoming exhibitions and displays, plus information about each of the museums and galleries can be found at museums.gov.gg.

The best-value ticket to see all the sites is the Discovery Pass. A Discovery Pass card costs £22 and is issued for 12 months from the date of purchase to a named individual over 18 years. It allows unlimited visits (during seasonal opening hours) to:

- Castle Cornet
- Guernsey Museum
- Fort Grey
- German Naval Signals Headquarters

plus

- Free entry for all accompanying children (under 18 years)
- 10% discount in the museum gift shops and Guernsey Information Centre (card must be shown when paying)
- Free entry to Jersey Museum & Alderney Museum (named pass holder only)



FAIRY TALE FUN AT THE GUERNSEY MUSEUM

The Guernsey Museum at Candie is a great place for a visit with kids thanks to the Discovery Room, a dedicated space for children with lots to explore. Every January the Time Warp area, within the Discovery Room, has a new theme and for 2024 it is 'Stories in the Wood'.

This enchanting area transports kids into a world of fairies, woodland creatures and storytelling. The beauty of the time warp area is that there is always so much for kids to explore, much more than it appears on first glance and we highly recommend a visit for those spending time in Guernsey with children.

LOOKING FOR FAIRIES

As you enter the Discovery Room, you'll see the Time Warp area to the left, and the big gingerbread house that you can go inside, but my girls almost didn't notice it when we visited as they were fascinated by the sheer number of fairy doors on the walls! Beautifully large painted trees on the walls were covered in fairy doors that you can open to see what's inside, and this kept them entertained for ages. Aside from fairy doors, there is a beautiful bookcase filled with fairy tales and some giant books which my girls couldn't believe the size of! For those that would like to have a read, there is a kid-sized picnic table in the Time Warp area and a sofa.

IN THE GINGERBREAD HOUSE

The gingerbread house is beautifully decorated on the outside and boasts a stage and dressing up area on the inside. There is a vast selection of costumes for children to try on from fairies and queens to knights and fairy tale characters. There are also musical instruments on the stage for kids to play and when we visited, there were some children thoroughly enjoying putting on a show for their mum.

ANYONE FOR FOOD?

Beyond the Time Warp area there is so much for kids to explore in the Discovery Room, from making food in the wooden play kitchen at the back of the room, to board games, a dolls house, wooden train track, colouring, and so much more.

OPEN 7 DAYS A WEEK

Guernsey Museum at Candie is open daily from 10am to 5pm and cost £7 entry for adults and £2 for children (7-18 years) and students, or entry is FREE for Discovery Pass holders (£22 for 12 months entry) and any accompanying children.

CASTLE CORNET FOR KIDS

Castle Cornet is up there amongst our favourite places to visit in Guernsey thanks to the number of things on offer to keep kids entertained and it is opening its doors for 2024 on 20th March, when it will be open 7 days a week from 10am to 5pm. The Castle

has guarded St Peter Port Harbour for 800 years and you can explore the battlements and enjoy breathtaking views towards Herm and Sark. It boasts four museums, four period gardens, cannons around every corner and the infamous firing of the Noon-day gun.

Specific highlights for children include the children's trail sheet which you collect on entry which has lots of images for kids to tick off as they explore the castle. The dressing up room, located at the base of the clock tower, which is home to a selection of medieval costumes for both boys and girls to unleash their inner knight, princess or dragon. One of my fondest memories is exploring the castle with my girls both dressed as knights ready for battle!

Entry to Castle Cornet costs £11 for adults and £3 for children (7-18 years) and students, or entry is FREE for Discovery Pass holders (£22 for 12 months entry) and any accompanying children.

Antonia Rainbow lives in Guernsey and is mum to 11-year-old twin girls. She founded Guernsey With Kids to help local families and visitors get the best out of the island. Visit guernseywithkids.com.





GUERNSEY MUSEUM AT CANDIE
SPECIAL EXHIBITION

AMAZING —CREATURES—

TREASURES
—FROM OUR—
NATURAL HISTORY COLLECTION

26 APRIL - 15 SEPTEMBER
OPEN DAILY 10AM - 5PM



www.museums.gov.gg



FREE entry with a discovery pass

WHAT'S ON IN THE BAILIWICK?

©WENDY GRIFFIN

2 – 26 April

ART AT THE PARK: 'A BRUSH WITH NATURE'S PALETTE' BY WENDY GRIFFIN

Come and immerse yourself in the beauty of Guernsey with Wendy Griffin's pastels along with gorgeous oil paintings of the local landscapes and seascapes providing a calming and relaxing atmosphere. Her love of the sea in all its varying colours and moods is evident in her work. When coupled with her passion for sunrises, sunsets and clouds, you have the perfect recipe for a classic Wendy Griffin painting.

National Trust of Guernsey Folk and Costume Museum,
Saumarez Park, 10am – 5pm daily.

14 April

THE SURE GUERNSEY MARATHON

Starting at 9am on South Esplanade (at the bottom of the Val des Terres), the marathon runs through some of the island's most scenic country lanes, picturesque valleys and coast.

21 – 27 April

WORLD BOWLS INDOOR CHAMPIONSHIPS

The Guernsey Indoor Bowling Association is hosting the 2024 World Bowls Indoor Championships at the Guernsey Indoor Bowls Centre.

Bowlers from more than 30 countries from all over the world will be coming to Guernsey to take part in the event. It is also expected to attract more than 100,000 viewers from around the globe via the World Bowls social media platform.

23 April – 5 May

GUERNSEY LITERARY FESTIVAL

If you like books, this could well be your perfect festival. With events for all ages and interests, the festival has something for everyone and is a great opportunity to come together and celebrate the written word. Further information at guernseyliteraryfestival.com

4 May

LA BELTANE 2024, SARK

The festival is a modern day re-creation and celebration of an ancient Iron Age Celtic ritual and is the only one of its kind in the Channel Islands. Enjoy maypole dancing, a ceilish and a bedlam of brilliant bands.

5 May – 25 August

SEAFRONT SUNDAYS

Enjoy an al-fresco vibe along the St Peter Port seafront on certain Sundays during the summer months. Each Seafront Sunday has a different theme. See visitguernsey.com/experiences/events/seafront-sundays/ for full list of dates and themes.





The Guernsey Tourism Partnership is dedicated to representing and promoting tourism related businesses in Guernsey.

We have created a network of members to share ideas and information to benefit all. Our goal is to establish tourism as one of the core industries in Guernsey and to promote its unique benefits to the public, both locally and abroad. Below are just some of our many partners.

ENJOY GUERNSEY

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Guernsey Driver Guide Association
Official Driver Guide

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Enjoy beautiful beaches and stunning scenery - the jewel of the Channel Islands.

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LIBERATION DAY ©GUERNSEY PRESS

5 May – 29 September

CANDIE CONCERTS

The Guernsey Street Festival will be hosting the Candie Concerts every Sunday from 3pm until 4pm throughout the summer.

9 May

LIBERATION DAY

Join islanders for the celebrations commemorating 79 years since the islands' freedom from the German Occupation during WW2. Liberationday.gg has a full list of events and timings.

19 May

GU36 – THE GUERNSEY ULTRA

A 36-mile, fully marked, mixed terrain race around the island, starting and finishing in St Peter Port. This is an ideal race for those wanting to step up to ultra distance. See greenrockevents.com/gu36 for further information.

25 to 26 May

GUERNSEY TOGETHER FESTIVAL

The celebration of music, dance, food and drink and a great Guernsey vibe will be held over two days, on Saturday 25 and Sunday 26 May, at the Rabbit Warren, behind the go kart Track. Full details at guernseytogether.co.uk

25 May – 9 June

SPRING WALKING FESTIVAL

A wide range of themed walks led by accredited guides. visitguernsey.com/experiences/events/spring-walking-festival/spring-walking-festival-events has details of all the different walks.

31 May – 3 June

GANDEYS CIRCUS

Step onto the red carpet and into the Big Top as Gandeys Circus, the unparalleled maestro of spectacular

circus entertainment, unveils the 2024 Hollywood Spectacular! Brace yourselves for a seamless blend of circus magic with the glittering glamour of Hollywood. Taking place at Cambridge Park, tickets are available via quaytickets.com. Please note tickets are not available online from three hours before the start of the event. Tickets may still be available from the on-site box office.

3 – 9 June

BLOOMIN' ALDERNEY

Wherever you see a 'Bloomin' Alderney garden open' sign, take a leisurely stroll through the garden and enjoy the flowers and landscaping. Opening times vary. Daily diary updates and special events throughout the week will be displayed at the Visitor Information Centre.

8 June

SAFFERY ROTARY WALK

Go the extra-mile with this coastal challenge – Guernsey's only around-the-island walk. See safferyrotarywalk.org.gg for further information.

13 June

GUERNSEY AIR DISPLAY

The annual air display has been enjoyed by thousands of people for nearly 60 years. The display hosts some of the UK's most historic and treasured military aircraft including the Red Arrows. The display takes place between Guernsey and Herm and can be best seen over the island's east coast. Further information at guernseyairdisplay.com

WHAT'S ON ELSEWHERE?



IMAGE ©SHUTTERSTOCK

Until 3 November

THE ROYAL MEWS, BUCKINGHAM PALACE

Discover the spectacular vehicles used by the Royal Family, including the Gold Stage Coach, which is the grandest of the coaches on display at the Royal Mews. Commissioned by King George III, it has been used at every coronation since George IV. See rtc.uk/visit/the-royal-mews-buckingham-palace for information about tickets and opening times.

18 – 21 April

RHS URBAN SHOW, MANCHESTER

The Royal Horticultural Society celebrates the 'gardening boom' taking place in cities by hosting the UK's first entirely indoor flower show – in the vast industrial space of a former railway – in Manchester in 2024. Don't miss the chance to be a part of this new immersive gardening experience. Visit rhs.org.uk for further information.



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Chris George



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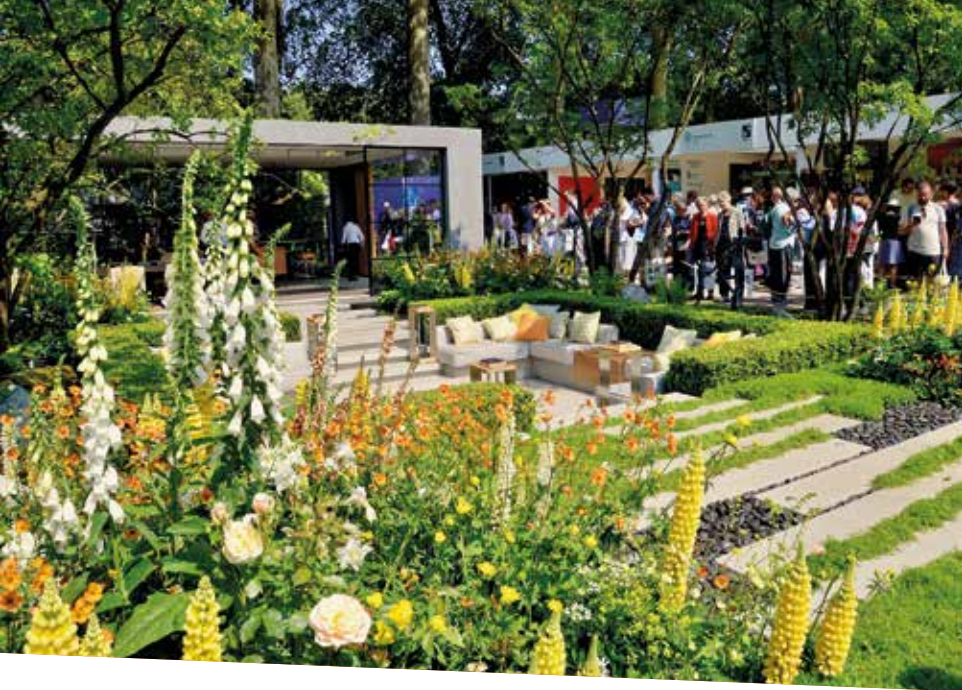


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THE GREATEST FLOWER SHOW 'IN EARTH'

BOOK A FLIGHT TO LONDON AND HEAD OFF TO THE RHS CHELSEA FLOWER SHOW THIS SPRING

Whether you are just going to savour the glory of the display gardens or are looking for inspiration for your own patch of lawn, RHS Chelsea has something for everyone.

The first show was more than a century ago, in 1913. Today, RHS Chelsea Flower Show, sponsored by The Newt in Somerset, retains its unrivalled status as the premier event in horticulture.

For garden and landscape designers and their sponsors, specialist nurseries, florists and specialist sellers it continues to be the world's most prestigious flower show. In 2020, the show went digital for the first time, delivering inspirational articles and fun and informative videos created by designers, judges, plant experts and RHS Garden Advice.

All the main garden categories are returning this year. As well as the show gardens along Main Avenue, sanctuary and feature gardens explore themes through horticulture, while the all about plants area in the floral marquee focuses on planting.

For smaller spaces, the balcony and container gardens provide lots of inspiration for renters and

urban gardeners. For plant-lovers there's the opportunity to get lost in the floral marquee for the day, picking the brains of expert growers and admiring the incredible creations of the floral artists.

Trying to reduce the environmental impact of the RHS Shows has been a priority for many years, and the show will see the investment in time and expertise begin to pay off, as garden builds and relocations are focused on green goals.

2024 RHS SHOWS

18 – 21 April –
RHS Urban Show

9 – 12 May –
RHS Malvern Spring Festival
with inspiring gardens, spectacular blooms and plenty of ideas to try at home.

21 – 25 May –
RHS Chelsea Flower Show

2 – 7 July –
RHS Hampson Court Palace Garden Festival
A bonanza of glorious gardens and fabulous flowers

For membership information, all shows and tickets see [rhs.org.uk](https://www.rhs.org.uk).

Members enjoy early booking and discounted tickets to RHS Shows.

World-renowned Guernsey-based clematis breeder and young plant producer, Raymond Evison Clematis, will be heading off to London in hope of their 34th RHS Chelsea Flower Show Gold Medal.

Not only will they be inspiring gardeners with their grand floral exhibit, 2024 is a very special year for the business as The Guernsey Clematis Nursery celebrates its 40th anniversary since Raymond J Evison started breeding and growing on the island. To mark the occasion, two new clematis will be launched: Clematis Guernsey Flute™ EviGsy153(PBR) and Clematis Lindsay™ EviGsy152(PBR).

Today, The Guernsey Clematis Nursery estimates to have supplied more than 70 million clematis plants world-wide and now stands as one of the largest clematis suppliers in the world, with sales into the UK and exports to North America, Japan, Korea, China, Europe, and South Africa.

2024 also started off with a huge surprise when Raymond was appointed in His Majesty the King's New Year's honours list, Commander of the Order of the British Empire (CBE), in recognition of his achievements and services to the horticultural industry, alongside his passion and devotion in promoting the island of Guernsey.



'HOSTILITIES WILL END OFFICIALLY AT ONE MINUTE AFTER MIDNIGHT TONIGHT. AND OUR DEAR CHANNEL ISLANDS ARE ALSO TO BE FREED TODAY.'

WINSTON CHURCHILL, PRIME MINISTER

LIBERATION DAY

CELEBRATED ANNUALLY ON 9 MAY, LIBERATION DAY COMMEMORATES THE ISLANDS' FREEDOM FROM THE GERMAN OCCUPATION DURING WORLD WAR II.

The German Occupation of the Channel Islands took place between 1940 and 1945, playing a large part in shaping both the landscape and the people of Guernsey.

On 19 June 1940, the Channel Islands were officially demilitarised and abandoned by the British Government. An order was given for the evacuation of children, and parents were told that they had to register that evening and report to the harbour at 8am the following morning with their children packed and ready to leave.

4,000 school children were evacuated, with mothers only allowed to accompany those under five years old. Some mothers of older children were invited to act as helpers.

In all, 17,000 islanders left Guernsey for Weymouth – nearly half the population.

On Friday 28 June, Guernsey experienced its first air raid which killed 33 islanders and injured a further 67. The harbour and fruit export sheds were targeted as the Germans believed they were military installations, and that the tomato trucks at the harbour were military vehicles.

The Occupation began around 8.30pm on Sunday 30 June, when five Junker troop carriers landed at the airport. The German flag was raised.

Eventually, the troops roughly numbered the same as the remained islanders.

The Nazi troops heavily fortified Guernsey, building new

reinforced bunkers as well as adapting existing fortifications. Most of these bunkers and batteries remain today with some open to the public.

Food was in short supply during the Occupation towards the end, for both locals and occupying forces. The Vega, a Red Cross vessel, made six trips to the islands.

Although Victory in Europe (VE Day) was on Tuesday 8 May, the German government had not officially sanctioned the surrender of the Channel Islands. The German commander, Admiral Hoffmeier, refused to surrender the Channel Islands until the early hours of 9 May 1945. Surrender was completed by Major General Hiner and Captain Lieutenant Zimmerman aboard the HMS Bulldog.



The first British troops landed in St Peter Port to find jubilant crowds. While Guernsey and Jersey were liberated on 9 May, Sark was not liberated until the following day and the German troops in Alderney did not surrender until 16 May.

Food supplies were brought to the island on 12 May. The landing craft used to deliver the large amounts of supplies were then used to transport German prisoners of war to the UK.

For local people, 9 May is a national holiday. Celebrations are a mixture of parish-based and St Peter Port based, including a parade, a cavalcade and a church service. A full list of what's on this year can be found at liberationday.gg.

Entrance to Castle Cornet is free on Liberation Day.





SPRING RENEW

This spring, we invite you to retreat to one of our Channel Island hotels, where we'll take care of every detail so you can relax, unwind and welcome warmer days ahead.

Spend your days with us however you wish - lounging in our glorious gardens which are blooming back into new life, exploring our hotels or nearby coastal paths, indulging in our seasonal menus, or simply soaking up the early spring sunshine. Stay longer and enjoy more, with extra treats from us each day designed to enhance your escape.

handpickedhotels.co.uk/spring-renew



A COMMEMORATIVE FLIGHT

Imperial War Museum Duxford is around a 30-minute drive from Stansted airport. This year, its Air Show is marking the 80th anniversary of the D-Day Landings.

IWM Duxford is a former RAF site that played a leading role in some of the most dramatic days in 20th century history, serving as a base for many of the Spitfire and Hurricane pilots during the Second World War.

From the early days of flight, through to the dramatic days of the Second World War and the technological advances of the Cold War, IWM Duxford has played a central role in some of the most significant periods of 20th-century history.

During the Second World War Duxford played a prominent role during the Battle of Britain and was later used by United States Army Air Forces fighter units in support of the daylight bombing of Germany. Duxford remained an active RAF airfield until 1961.

Many of Duxford's original buildings, such as hangars used during the Battle of Britain, are still in use. Inside every hangar and exhibition, you'll discover iconic aircraft, see historic objects and uncover hundreds of personal stories of the many lives impacted by conflict.

D-DAY

On D-Day, 6 June 1944, Allied forces launched a combined naval, air and land assault on Nazi-occupied France. The 'D' in D-Day stands simply for 'day' and the term was used to describe the first day of any large military operation.

Early on 6 June, Allied airborne forces parachuted into drop zones across northern France. Ground troops then landed across five assault beaches – Utah, Omaha, Gold, Juno and Sword. By the end of the day, the Allies had established a foothold along the coast and could begin their advance into France.

The invasion was conducted in two main phases – an airborne assault and amphibious landings. Shortly after midnight on 6 June, over 18,000 Allied paratroopers

were dropped into the invasion area to provide tactical support for infantry divisions on the beaches. Allied air forces flew over 14,000 sorties in support of the landings and, having secured air supremacy prior to the invasion, many of these flights were unchallenged by the Luftwaffe.

This summer, Duxford is marking the 80th anniversary of the D-Day Landings with nine historic Dakotas – the aircraft synonymous with the D-Day landings – taking to the skies for a series of dramatic flypasts over the weekend of the show, plus a mass historic parachute jump over the historic airfield on Saturday 1 June.

Summer Air Show:

D-Day 80, Saturday 1 and Sunday 2 June.

Battle of Britain Air Show:

Saturday 14 and Sunday 15 September.

Entertainment from 8am – 6pm, flying starts approx. 1pm. Advance tickets only.

See iwm.org.uk/visits/iwm-duxford for further information.

GUERNSEY LINK

The last Britten-Norman Trislander to be used by Aurigny is now on display in Duxford Aviation Society's British Airliner Collection.

Aurigny's first Trislander entered service in July 1971 and since then the company has operated a total of 23 of the distinctive, three-engined aircraft in various versions of the company livery and some in sponsored paint schemes. Duxford's latest acquisition, G-BEVT, is painted in a scheme that prominently displays the airline's website.

Victor-Tango was built in 1977 by Britten-Norman at its factory at Bembridge on the Isle of Wight and spent its entire commercial career with Aurigny. It completed more than 86,000 flights and spent 28,000 hours in the air.



GRABBIN' A BITE

GOOD REBEL IS MORE THAN JUST A GREAT PLACE FOR A SIT-DOWN BRUNCH OR LUNCH. WITH THE OPENING OF ITS REBEL HUT, YOU CAN NOW GRAB A COFFEE OR INDULGE IN A PASTRY OR SANDWICH (OR TRY THE SAUSAGE ROLLS, HIGHLY RECOMMENDED), SAYS AMANDA EULENKAMP.

REBEL HUT

Rebel Hut has opened just outside Good Rebel, and is the perfect place to grab something on-the-go. From delicious hot drinks through to flaky croissants and mouth-watering sausage rolls, as well as delicious and healthy salads, Rebel Hut delivers it all. With style.

Owner Steve Hopkins has not stinted on anything in the layout of the little hut, with a state-of-the-art coffee machine. Ideal for workers nearby or indeed anyone who wants a high quality grab-n-go treat, Rebel Hut also has a few seats to soak up the sun and enjoy the food and drink without going the whole restaurant hog.

When I went to the soft opening recently, Steve told me that in the summer months, ice-cream would be added to the menu. I can't wait! The takeaway menu is available on Good Rebel's website.

GOOD REBEL

Evening opening is on the horizon again this summer as Good Rebel opens from 3 May until 9pm on Thursdays, Fridays and Saturdays.

The ideal place to head to straight after work with friends, or to meet up with family, Good Rebel in the evening has a wonderfully cool vibe with music and lighting shifting the mood from the daytime buzz.

The menu, as always, has a lovely balanced variety of meals and decent beer (Good Rebel has its own special brand) and fine wines accompany the food.

And with the large outside space for tables and chairs to spill out on in the evening sun, add Good Rebel to your list of places to go for an evening meal.

Good Rebel is also the perfect place for private parties, and has hosted events from the Institute of Directors networking evening

through to special birthday parties and even weddings!

Steve will happily discuss layout, numbers, menus and drinks with those seeking to host an event in an ultra-cool yet friendly restaurant.

OPENING TIMES:

REBEL HUT

Monday – Friday 7.30am – 2pm
Saturday & Sunday 10pm – 2pm

GOOD REBEL

Daytime Opening Hours

Monday – Thursday
7.30am – 4pm
Friday 7.30am – 8pm
Saturday 8am – 4.30pm
Sunday 9am – 4.30pm

Summer Evening Dining

Thursday, Friday & Saturday
5pm – 9pm (From 3 May)

**WE'VE GOT THE SPACE
YOU BRING THE PARTY!**



For private hire and events please email us
booking@goodrebel.gg
LET'S MAKE SOME MEMORIES

IT TAKES A LOT TO POWER YOUR PHONE

If you're reading En Voyage on a flight and your phone is switched to flight-safe mode, there probably isn't much you can do with it. But on a normal day, your screen time notifications might say you're spending around 4-5 hours on your phone - and like most people, not much time thinking about how it's powered.

Behind the scenes, there's a complex infrastructure made up of tens of thousands of component parts all working together across the island to make sure electricity reaches your charger reliably, efficiently, and on-demand. Here's a brief overview of how it gets there.

1. GENERATION

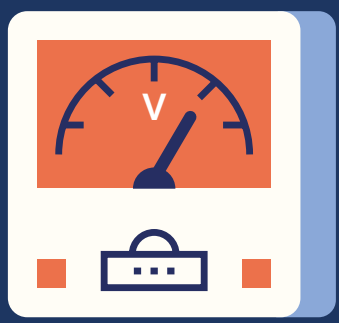
In Guernsey, we import around 90% of our electricity. Generated using low-carbon sources from the European grid, a subsea cable delivers this energy from France to Havelet Bay (via Jersey), then through underground cables at 90kV (kilovolts) to a substation on Victoria Avenue.

The rest of the demand is topped up on-island from our Community Solar schemes and fossil-fuel generation at the Vale power station.



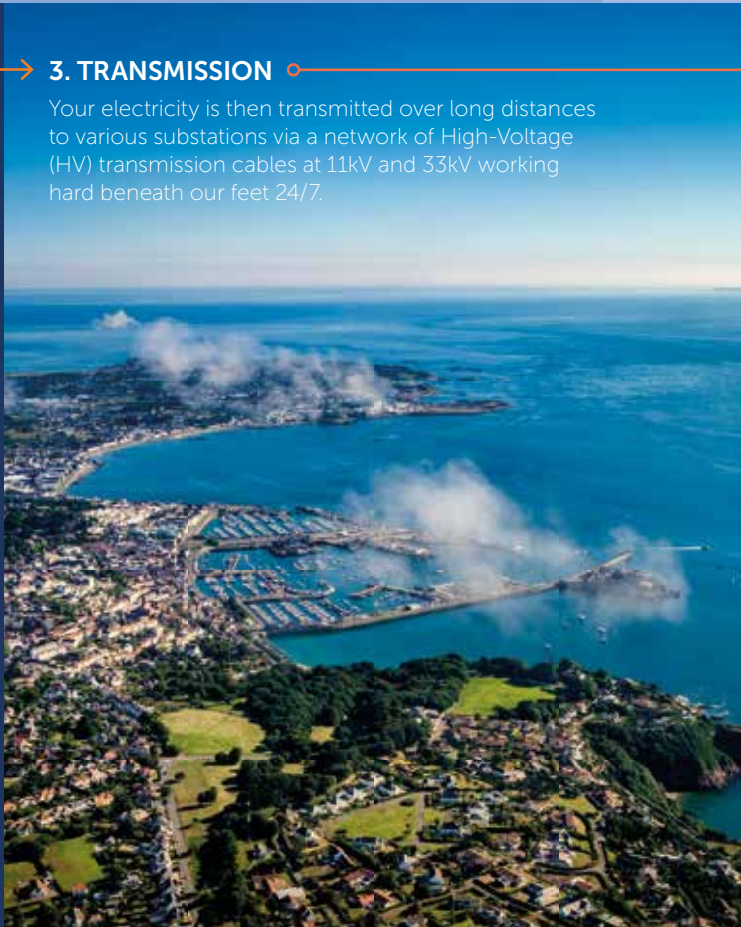
2. STEP UP

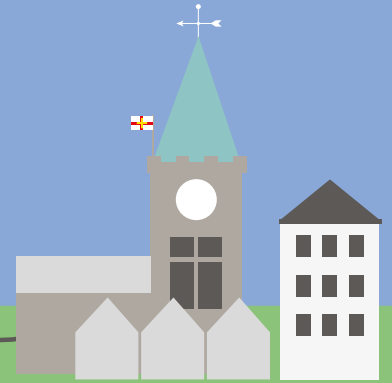
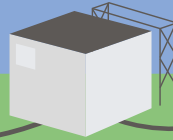
Once generated, electricity is passed through 'Step-Up' transformers which increases the voltage. High voltage reduces energy loss during transmission meaning we can pass more electricity through our network.



3. TRANSMISSION

Your electricity is then transmitted over long distances to various substations via a network of High-Voltage (HV) transmission cables at 11kV and 33kV working hard beneath our feet 24/7.





4. BULK SUPPLY

Our 'Bulk Supply Points', such as the one at Beau Sejour are the transmission hubs of our network where electricity is delivered in large quantities before being distributed to multiple customers in the local areas.

5. STEP DOWN

At one of over 400 substations strategically located at various intervals over the island, the high-voltage electricity is then 'Stepped-Down' to lower voltages for safe supply over 'the final mile'.

6. UNDERGROUND CABLES

Electricity flows through underground supply cables that extend from the substation into communities and carry electricity to various points in that area.

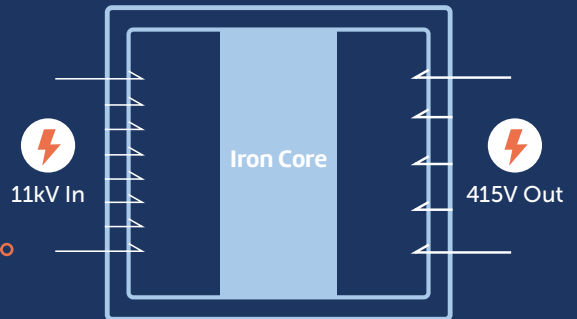


7. SERVICE CABLE

A length of underground cable reaches into your home to connect you with the low-voltage network in the road through your fuse box. This is the point in your property where electricity enters before being distributed to every room.

HOW THE STEP DOWN WORKS

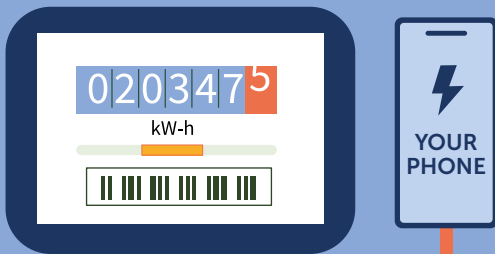
Our Secondary transformers reduce the voltage from 11kV to the 415V and 240V needed to safely charge your phone at home. You might see this in the form of our small green substations or on transformer pads.



More copper coils = higher voltage. So when the electricity is transmitted to the second set of coils, the voltage is lowered.

8. ELECTRICITY METER

Every home comes with at least one electricity meter which measures the amount of electricity your household uses. Recorded as total energy usage in kilowatt-hours (kWh), it's this information that calculates your electricity bill.



TOP TIP!

The cleanest and least expensive time to use electricity is between 11pm and 5am. Use, run or charge electrical appliances where possible during this off-peak period to reduce your reliance on fossil-fuels.

Want to learn more about our electricity network? **Follow Guernsey Electricity on social media.**



MAKING THE MOST OF HOLIDAY TIME

By Amanda Eulenkamp

INTRODUCING
THE WRITERS



Jessica Guiney



Jo Le Page



Rupert Diggins

JUST ONE FOR THE ROAD



ST MICHAEL'S MOUNT @SHUTTERSTOCK

The introduction of new routes to the Aurigny network has opened up a whole host of places for islanders to explore, as well as making the Bailiwick of Guernsey more accessible to people living in the UK.

Planning holidays is – or at least, should be – an exciting time. Choosing the destination, finding out what there is to see and do, booking the flights and accommodation, sorting out the pets...

If you're travelling with children, there are hints and tips about how to do it in as stress-free a manner as possible from regular contributor Jessamy Baldwin. Aurigny also has a useful Q&A on the subject.

A top destination with children of all ages is Cornwall. As a child growing up in the Midlands, a trip to the seaside was always exciting, and I have memories of driving

down the M5 pulling our caravan to stay in campsites in Cornwall. The journey was long and I no doubt asked many times: 'Are we there yet?' For Guernsey residents, no such long drive is needed as Aurigny has put on regular flights over the summer to Newquay. Explore coves and castles, eat pasties and cream teas, and indulge in all that the beautiful county of Cornwall has to offer.

Menorca is another popular family destination, and my good friend Julie Todd shares all her favourite places on page xx. She and her husband Martin had a home on the island for many years, so her article is full of insider tips on what to see and do.

We also take a look at Cambridge, easily accessible from new route Stansted, as well as find out an A to Z of some of the European routes available from London City Airport, another of Aurigny's London airports.

Later on in the year, Aurigny is flying to Biarritz. Rupert Diggins immediately accepted the challenge of finding out about Biarritz, spending a few days out of season to discover a city and area that he absolutely loved. Read his adventures on page xx.

And while it may feel as if we're only just coming out of winter, don't put those boots, scarves and gloves away just yet... Jo Le Page has kindly shared her family's trip to Lapland with us. If her article doesn't get you booking a trip to see Santa, then I don't know what will!

So, sit back, relax, enjoy this trip and hopefully we'll have whetted your appetite to visit somewhere else and make the most of your holiday time.





CLOCKWISE FROM TOP LEFT: NEWQUAY HARBOUR; ROUGH TOR, BODMIN; SURFING; HUER'S HUT; MANSION AT TRERICE GARDENS; THE EDEN PROJECT. ALL IMAGES ©SHUTTERSTOCK

A CORNISH SUMMER HOLIDAY

Aurigny is operating flights between Guernsey and Newquay, the so-called 'Surf Capital of Cornwall', on Tuesdays from 23 July until 27 August 2024. It's the perfect time of year to explore the most south-westerly county of England, says Amanda Eulenkamp.

What springs into your mind when you think of Cornwall? A warm, freshly-cooked pasty accompanied by a chilled glass of cider, or a mouth-watering cream tea (jam first)? Or beautiful beaches, country lanes, castles, moors and even tin mines?

Whatever it is, Cornwall has a lot to offer the visitor and plenty to pack into seven days.

For starters, there's a beach for each day of the week in and around

Newquay alone: Fistral, famous for its world-class waves and vibrant surf scene; Watergate Bay, site of the Arts on the Beach event; Lusty Glaze beach, a tucked-away cove surrounded by high cliffs, ideal for abseiling and coasteering; Towan beach, with its family-friendly facilities, rock pools and hidden caves, connected to the mainland by a suspension bridge; Great Western beach with its colourful beach huts and vintage vibes; Crantock beach, a natural haven bordered by the Gannel Estuary, and Porth beach, a favourite among families with its soft sands and gentle waters.

Newquay is renowned for its surfing, so what better opportunity to take a surf lesson? No need to worry if you've never done it before as most of the surf schools in Newquay cater to all abilities. Equipment from surfboards to

wetsuits can also be hired by the day or by the week.

Newquay Harbour has a long history, from supporting the Cornish tin mining industry to the heyday of the commercial pilchard fishing era. While small-scale commercial fishing still exists, it mostly supplies the excellent local restaurants and hotels with fresh catch.

If you want to catch your own, book yourself on a day or evening fishing trip. Alternatively, pleasure trips run regularly from the harbour, including 'sea safaris', seeking out dolphins, seals and other marine wildlife.

The harbour is one of Newquay's most picturesque locations with its own small beach to relax on. Enjoy a meal and drink in the views at one of the restaurants on or overlooking it.

Don't miss the Huer's Hut, a symbol of Newquay's large scale



commercial fishing past. Perched on the cliff top high above the harbour the building is thought to date back to the 14th century when it was used as a lookout by a huer. The huer's job was to watch for the tell-tale signs of pilchard shoals and then alert the townsfolk to their arrival.

For a change to a day by the sea, head to Newquay Zoo (newquayzoo.org.uk) to get up close to some of the world's most endangered species. With hundreds of animals and countless amazing plants across 13 acres of beautiful, sub-tropical gardens, there's plenty to explore. The zoo is a registered charity and supports a number of projects in the UK and overseas that aim to help halt species decline.

Lappa Valley is Cornwall's secret world of play and trains. Just four miles outside Newquay, the 35-acre site boasts a boating lake, adventure golf course, woodlands walks, an indoor soft play area and café, plus a fleet of steam engines to ride on and enjoy. Plan your visit at lappavalley.co.uk

Step back in time and take in the fine interiors and delightful garden of Elizabethan manor house, Terrece. This National Trust property is an intimate Elizabethan manor, with little changed over the centuries. There is a very pretty garden along

with a good tea room and shop. For further information see nationaltrust.org.uk/visit/cornwall/terrece.

BEYOND NEWQUAY

Bodmin Moor is Cornwall's rugged wild centre and should not be missed. Stop off at Jamaica Inn, Cornwall's smuggling inn made famous by Daphne du Maurier (see jamaicainn.co.uk) or visit the prehistoric antiquities, mining remains or geological formations around the village of Minions.

While much of Bodmin Moor is open access land, meaning there is a right to activities like walking, climbing and running, it is not a National Park like Dartmoor. Much of the land is privately owned, so it is not allowed to ride horses, cycle or drive on the open moor without permission of the landowner.

But walkers are spoilt for choice, as the moor is crossed by the Smugglers Way, running from Boscastle to Looe, taking in the two highest hills, Brown Willy and Roughtor. Around the edge runs the 60 mile Copper Trail, linking former mining villages, as well as countless public footpaths to explore – a map is vital.

If walking is your thing, take in at least some of the South West Coast Path, the UK's longest National Trail. Check out southwestcoastpath.org.uk for further information.





ABOVE: TINTAGEL. BELOW: ST MICHAEL'S MOUNT.
 ABOVE RIGHT: BEDRUTHAN STEPS. RIGHT: CREAM TEA: CORNISH PASTY,
 LOCALLY- PRODUCED CORNISH YARG CHEESE. ALL IMAGES ©SHUTTERSTOCK

One of Cornwall's oldest towns is Bodmin, a former administrative centre of Cornwall. Full of attractions in its own right, it is also home to the Bodmin and Wenford Steam Railway (bodminrailway.co.uk).

St Michael's Mount is a tidal island joined to the mainland by a cobbled causeway. Access to the island is ruled by the tides but it is worth crossing to explore its rich history, natural beauty, subtropical gardens and iconic castle.

During the summer season the island, castle and garden is open to ticket holders only. See stmichaelsmount.co.uk to plan a visit and book tickets.

A major exhibition 'Pirates: Explore beneath the surface' is taking place until December 2024 at the National Maritime Museum, Falmouth. Explore how popular culture has shaped how we think of pirates today and dive beneath the surface to unearth the harsh and terrifying truth...

Full details can be found at nmmc.co.uk.

No visit to Cornwall is complete without a nod to the legend of King Arthur. The Vale of Avalon and Arthurian Centre (thevaleofavalon.co.uk) has plenty to do for the whole family. Follow the King Arthur Trail and discover Tintagel

Castle, Dozmary Pool, King Arthur's Great Halls and St. Nectan's Glen among others. For the itinerary, see visitcornwall.com/itineraries/the-king-arthur-trail and for more information on Tintagel Castle see english-heritage.org.uk/visit/places/tintagel-castle.

Around 15 miles from Newquay airport, The Eden Project can be found just outside St Austell. What used to be a barren landscape – a former clay mine with no soil or plants – has been transformed into a beautiful global garden. Explore massive covered Biomes to trek through one of the world's largest indoor rainforests and immerse yourself in the calm fragrance of the Mediterranean Biome. There are also extensive outdoor gardens, contemporary artworks, performance and storytelling to enjoy, plus places to eat, play and be inspired by. See edenproject.com for full information.

And finally, you can't leave Cornwall without visiting Land's End (landsend-landmark.co.uk). One of Britain's best loved landmarks, famous for its unique location, natural beauty and stunning scenery, there is plenty to offer those seeking a full day out – discover the cliff top trails, natural splendour, family attractions, and the West Country Shopping Village.





TYPICAL CORNISH FARE

Cornish pasty

This portable lunch became popular in the mining era when housewives would make them for their husbands or children. Stuffed with potato, swede, onion and cheap meat, the pasty would be made into a 'D' shape, so that the miners could use the thick crust as a handle while they ate the pastry. The crust would then be discarded as it would be contaminated with tin or copper dust from their fingers. Pasties have now developed to include all sorts of ingredients, including meat, vegetarian and vegan options.

Stargazy pie

This is a buttery pastry filled with white sauce, eggs, potato and pilchards... but the pilchards heads stick out from beneath the pastry. The pie originates from the small fishing port village Mousehole, where it was supposedly created because of winter storm hitting the village. The bad weather stopped food from arriving, causing famine, until a fisherman named Tom Bowcock braved the storm to go out to sea to fish.

Cornish Yarg

An award-winning cheese, Cornish Yarg is famous for being wrapped in nettles that have been handpicked from Cornish hedgerows, which are then brushed onto the cheese

to remove the stinging of the plant but leaves the flavour intact. Lynher Dairies near Truro has been making the cheese since the 1980s.

Saffron buns

Bright yellow, these sweet treats can be eaten as they come, or with butter and jam to add even more flavour.

Cornish ice-cream

Cornwall is home to some of the best ice-cream makers in the country, thanks to using local clotted cream.

Cornish cream tea

A traditional afternoon treat, when in Cornwall, spread the jam first and top with delicious clotted cream.



WHAT'S ON

7 – 11 August

Boardmasters Surf & Music Festival

This five-day event is situated across two stunning locations; Fistral Beach (where the international surf competitions take place) and Watergate Bay.

Until 31 December

The Gruffalo Party Trail at Cardinham Woods

Celebrate the Gruffalo's 25th birthday in a brand-new forest adventure. For information, inspiration, and what's on, see visitnewquay.org

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...find time to stay in Sark

How easy is it to get to Sark?

The island of Sark is a world apart, but it is much closer than you might imagine. Fly to Guernsey from London (Gatwick) or other selected UK regional airports, (www.aurigny.com). From Guernsey airport or from wherever you are staying catch a taxi or bus to the Sark ferry quay in St Peter Port, the capital of Guernsey. The ferry takes approx. 45 minutes and operates up to 4 or 5 times a day during the summer months (www.sarkshipping.gg) and a little less frequently during the quieter months. It is essential to check ferry sailing times and book in advance to avoid disappointment.

Why stay at Stocks Hotel?

Nestled in the heart of the unique and naturally beautiful island of Sark, Stocks Hotel is a quintessentially British country house hotel offering a blend of contemporary luxury, impeccable service, and outstanding locally sourced cuisine.

Luxurious Accommodation and Personal Service

Contemporary Style: Stocks Hotel offers 23 bedrooms and suites that exude luxurious elegance, providing guests with a comfortable and stylish retreat.

First-Class Service: Stocks prides itself on delivering exceptional service, ensuring that guests' needs are met with the utmost care and attention.

Culinary Delights

Locally Sourced Cuisine: Stocks Hotel's culinary offerings feature fresh, locally sourced ingredients, showcasing the best of seasonal flavours in every dish.

Dining Experience: The restaurant features a 5-course table d'hôte dinner menu each evening. The Smugglers Bar is open from 6pm for aperitifs and digestifs, including one of the finest selections of single malt whiskies in the Channel Islands.

Island Peace and Tranquillity

Sark's Charm: The Island offers a unique escape from the hustle and bustle of modern life, inviting visitors to immerse themselves in Sark's natural beauty and simplicity.

Peaceful Retreat: With no motor vehicles on the island apart from farm tractors, Sark provides a serene environment perfect for relaxation and rejuvenation.

An Unforgettable Stay

Superb Accommodation: Stocks Hotel is located in a tranquil wooded valley, providing guests with a quiet retreat surrounded by award-winning Permaculture gardens.

Personalised Experience: From the moment you arrive, Stocks ensures a seamless and memorable stay. Our own horses & carriages can be booked for tours of Sark.

Stocks Hotel epitomizes the essence of traditional British hospitality, offering a harmonious blend of luxury, tranquillity, and culinary excellence. Whether seeking a family adventure, a healthy retreat, or a romantic getaway, Stocks promises an unforgettable experience that captures the essence of this enchanting destination..

How can I book?

Without doubt the easiest and best value way to book is directly via the Stocks Hotel website (www.stockshotel.com) or by telephone (+44 (0)1481 832001) to check room availability and prices. Take advantage of our great value new room rates and exclusive special offers including free ferry travel if you stay for 4 nights or longer, and our 'Sark Welcome' offer including complimentary Sark chocolates and Stocks sloe gin.

FLYING WITH YOUNG CHILDREN



Aurigny recognises that travelling with your child for the first time can be quite a daunting experience. This is a list of some of the most commonly asked questions and concerns received by the airline...

BOOKING

I'm pregnant, are there any restrictions on when I can fly? – Up to 28 weeks, there's no problem but after 28 – 35 weeks we would need a note from your doctor or midwife. You cannot fly after 35 weeks.

I'm pregnant but would like to book my flights now for when the child arrives – can I add the details of my child? – Yes you can. Please complete the booking by using the name 'Infant/TBA' and any predicted birthdate. Once the baby arrives you can call our reservations department to add the correct name and birthdate.

Is there a minimum age that babies can travel? – We have no restrictions, but it is probably best to check with your travel insurer and your doctor that you and the baby are ok to travel if it is shortly after the birth.

Can I sign my child up to the frequent flyer programme? – Yes, children over the age of two can be added to a household account.

Does baby get a luggage allowance too? – Infants do not have a baggage allowance other than that accompanying passengers are permitted to carry on their behalf, however every child under five will be allowed two of the following items free of charge – collapsible pushchair, collapsible travel cot, car seat.

You will be able to travel to the departure gate with your pushchair/car seat where they will be placed into the aircraft hold. The items can then be collected from the baggage conveyor belt at your arrival airport.

AT AIRPORT/SECURITY

At what point does my child need a passport? – Your child will not need a passport to travel to the UK and inter-island until they are 16 years old when travelling with you. However, a passport will be required for international travel for all ages.

How much milk or drink can you take on board for your baby/child? – Enough for the journey plus a little extra for delays.

Are you allowed to take your pram to the gate? – Yes, however please do not fill it with items so it can be easily folded at the gate to put in the hold. It will also have to go through the x-ray machine.

Can I take a pram and a separate car seat? – Yes, but only one item is allowed to the gate. The other item has to be checked in and will form part of the adult's baggage allowance. You will also be asked to sign a limited release baggage tag. The use of car seats is not permitted onboard.

If we get to Gatwick early from a holiday, can we jump on an earlier flight to Guernsey? – Yes, you can, we have a flight forward system at Gatwick where you can pay £45 per adult to change your flight to an earlier flight. Children are exempt from this charge.

ON THE FLIGHT

My child doesn't like sitting still, can I get up and walk around a bit? – We need the aisle space for our cabin crew on such short flights, so opportunities to use the aisle can be limited.

I'm potty training right now – can I get access to a toilet in-flight? – Yes you can, but only while the seat belt sign is switched off. It might be best to consider pull-ups and/or training pants just in case the seatbelt sign has to remain on.

Will the pressure hurt my child's ears? – The ATR is a pressurised aircraft but if your child is congested, this may cause some discomfort. Providing a dummer/soother or a teething ring to such might help.

Can I breast/bottle feed on board the flight? – Yes.

5 TOP TIPS FROM JESSAMY BALDWIN

- **Don't overpack:** You don't need as much as you think and lugging around extra packs of wipes and numerous spare outfits creates more stress.
- **Choose the right hand luggage:** Finding the elusive nappy cream is easier in a wide opening tote bag than a stiff and narrow rucksack.
- **Bring a couple of new toys:** The novelty of the new toy will keep them entertained.
- **Don't feel bad about using a screen:** There is a time and a place for screen time but if a meltdown ensues don't feel bad about relying on a bit of Disney – I don't.
- **Ask for help:** Don't be afraid to ask for assistance, especially if travelling on your own. In my experience, cabin crew and even fellow passengers are very willing to lend a hand.

BIARRITZ

TIMELESS ELEGANCE MEETS LAID- BACK COOL

WITH A LOCAL POPULATION OF APPROXIMATELY 33,000, THE FRENCH CITY OF BIARRITZ COMBINES A REFRESHING BLEND OF OPULENCE, CHIC ALLURE, AND EASY-GOING CHARM.



ABOVE: BIARRITZ CITY AND LA GRANDE PLAGE.

Renowned as a luxury seaside resort, this French gem boasts some of the best beaches in Europe which attract surf enthusiasts and sun-seekers alike.

With its classy boutiques, art studios, and vibrant cafes, Biarritz also provides a sophisticated shopping and culinary experience, while the city's history unfolds through landmarks like the Phare de Biarritz, the Rocher de la Vierge and Sainte-Eugénie Church.

On a recent visit, travel blogger Rupert Diggins soon discovered what makes Biarritz a great choice for a short break or relaxing holiday.

WHEN TO VISIT?

The best time to visit Biarritz is between May and October. Temperatures are generally quite mild and ideal for those looking to explore the region or simply relax on the many beaches along this gorgeous stretch of the French Basque Coast.

FLIGHTS TO BIARRITZ

On 28 September 2024, Aurigny Airlines will operate a special flight from Guernsey to Biarritz, with the return one week later. For other dates, there are flights via Gatwick and Stansted, or fly to nearby Bordeaux, Bilbao, or San Sebastian.

GETTING AROUND

The best way to explore Biarritz is on foot. The city follows the contours of the coast and is generally easy to walk. For site, a little further away, a very simple and cost-effective option is to use the local bus service which can whisk you from one end of the city to the other in just a few minutes. Bicycle rental is also a popular choice.

THE BEACHES OF BIARRITZ

La Grande Plage is the main beach in the heart of Biarritz. Located between the Hôtel du Palais and Casino Barrière, this enormous beach offers more than just sun and sand. Take time to explore the beachfront promenade where locals proudly walk their pampered pooches, savour the fresh seafood at oceanfront eateries, or take a coffee, at the bustling Dodin Biarritz on the seafront.

La Plage de la Côte des Basques is a legendary surfers' haven, renowned for its powerful waves and vibrant surfing culture. This beautiful sandy beach, framed by dramatic cliffs, is not just a paradise for wave-riders, but also a picturesque retreat for beachgoers looking to unwind.

In between these two main beaches and nestled between

rocky cliffs, La Plage du Port Vieux is a charming little cove offering a more secluded and intimate atmosphere, yet just a few steps from the heart of the city.

VILLA BELZA

Originally built as a private residence in the late 1880s, Villa Belza is a historic and iconic mansion. Known for its distinctive architectural style, it features a blend of Gothic and Moorish influences, creating a unique and visually striking appearance. Over the years, it has become a symbol of the city's rich history and while not typically open to the public, it can be admired from the sea or as I did while walking along the coastal paths.

THE ROCHER DE LA VIERGE

One of the most famous attractions in Biarritz is the Rocher de la Vierge, meaning 'Rock of the Virgin'. Historically used as a lookout point for whale watching, the Virgin Mary statue was placed on top in 1865 after whalers were guided back to shore during a fierce storm. Then, at the instruction of Napoleon III, the rock was joined with the mainland by a wooden footbridge and later replaced with a metal one. The views of Biarritz from the rock are spectacular.



ABOVE LEFT: THE AQUARIUM AND SEALIFE CENTRE IN THE PORT VIEUX. ABOVE: CHURCH OF SAINTE-EUGENIE.

AQUARIUM DE BIARRITZ

Located on the iconic Rocher de la Vierge, the Aquarium was created in 1935, and today showcases diverse sea life from the Bay of Biscay. As you would expect there is everything from colourful fish to hammerhead sharks, and sea turtles to sea lions, along with educational exhibits and engaging displays. The cost to enter is 16.50 euros for an adult and 12 euros for a child.

SAINTE-EUGÉNIE CHURCH OF BIARRITZ

In the heart of the city, the Sainte-Eugénie Church of Biarritz sits above the port overlooking the sea. Constructed in the mid-19th century, the church is dedicated to Saint Eugenia, a Christian martyr. Known for its neo-Gothic architectural style, the church is characterized by pointed arches, ornate stained-glass windows, and a slim bell tower.

PORT DES PÊCHEURS

From Sainte-Eugénie Church, there is a little path that will take you down to the Port des Pêcheurs. Arriving in the port you will find several well-used fishing vessels, some gorgeous fisherman's cottages known locally as 'Crampottes' and a choice of

restaurants serving up fresh fish and seafood. This is a great place to visit early morning when the boats are unloading their haul or when the restaurants are open at lunch or dinner and serving the catch of the day!

CASINO BARRIÈRE BIARRITZ

Casinos have never been my thing, but the impressive art deco Casino Barrière Biarritz which was built in 1929 by the architect Alfred Lauhé is one of the symbols of the city!

MUSÉE HISTORIQUE DE BIARRITZ

This former 19th-century Anglican Church was transformed by volunteers in 1980 into the Musée Historique de Biarritz. Dedicated to the city's history and culture, admission is just 6 euros, allowing you to delve into the narrative of how this small fishing village evolved into a favourite retreat for European aristocracy. Other museums worth visiting include the L'Atelier du Chocolat Museum and the Asiatica Oriental Art Museum.

PHARE DE BIARRITZ

Perched atop the cliffs and at the northern end of Biarritz, the Phare de Biarritz stands as a historic beacon overlooking the Bay of Biscay. This iconic working

lighthouse was constructed in 1834 and entices visitors who can climb the 248 steps to the top for spectacular views. Not far from here is the Golf de Biarritz, rated as one of the best golf courses in Europe.

HALLES DE BIARRITZ

Located in the Quartier des Halles, the Halles de Biarritz is a covered food market hall that first opened in 1885. With my hotel just opposite, I was up early one morning to enjoy the many incredible stalls selling meat, fish, pastries, cheese, flowers, coffee and more. This lovely market is highly recommended and is open every day from 7:30 am to 2:00 pm with additional evening hours during July and August.

HOTEL DU PALAIS

The Hotel du Palais stands as one of Biarritz's iconic landmarks. In 1854, Empress Eugenie de Montijo commissioned her husband, Napoleon III, to construct the magnificent Villa Eugenie. Over the next 170 years, despite a fire in 1903, the property has welcomed high society from across the globe and entertained names such as Ernest Hemingway, Gary Cooper, and Barbara Streisand.

Today the Hotel is part of the Hyatt Hotels chain and welcomes not



ABOVE: THE ROCK OF THE VIRGIN. ABOVE RIGHT: SURFING AT LA GRANDE PLAGE.
BELOW: LOCAL SEAFOOD. BELOW RIGHT: THE FISHERMEN'S PORT. ALL IMAGES ©SHUTTERSTOCK.

only affluent guests but visitors to drop in for a drink at the intimate Napoleon III Bar. Here you can marvel at the incredible chandelier and take a drink where Frank Sinatra once held court with friends.

SHOPPING

One of the greatest pleasures of any stay in Biarritz is for the retail therapy. There is the large French department store Galeries Lafayette as well as familiar brands such as Max Mara, Quicksilver, and Hermes. You will also find plenty of cool independent shops, offering everything from surf gear and antiques to fashion and designer jewellery. I was drawn to the art studios showcasing paintings or poster prints inspired by local artists from the vibrant tourism era of the '50s and '60s.



RESTAURANTS & CAFES

With Biarritz so close to the Spanish border and being on the French Basque Coast, you'll find a thriving tapas scene with restaurants serving fabulous Pintxos and Bocadillos.

For more traditional French fayre I chose the typically French brasserie and bistro, Café Du Commerce which offers a wide choice of seasonal dishes as well as Charcuterie, and delicious fresh Salads. The prices were reasonable with main courses starting from 14 euros.

The Patisserie Miremont is one of the oldest and most stylish hangouts in the city. I loved the history of this café as it was once visited by Queen Victoria no less.

For those of you like me, who have a love of chocolate, check out Puyodebat with its shop and salon where you can savour a delicious coffee to accompany the incredible creations from the resident chocolatier.

BARS & NIGHTLIFE

Biarritz has a vibrant and varied nightlife. Many of the most popular bars are near La Grande Plage or around the streets of Port Vieux including Le Bar Jean, La Tireuse and Biarritz Smugglers.

For a lively pub then head to the Newquay Bar with its wide range

of ales and beers whilst those looking to dance the night away can visit the Duplex Nightclub and the Playboy Club.

IN THE VICINITY

Biarritz is in the French Basque country but that does not mean you cannot nip over the border into Spanish Basque country, and I would very much recommend it! Bilbao and its famous Guggenheim Museum are just two hours away by road while the gastronomic town of San Sebastian is one hour –you can almost smell the Pintxos from Biarritz!

The French city of Bordeaux is two hours away. While the region is famous for its wine growing, the city is well worth a visit with attractions such as the Place de la Bourse Square and the Cathédrale St-André, a UNESCO World Heritage Site. The city of Bayonne is 20 minutes away, with its 13th-century Gothic Cathédrale Ste-Marie. The traditional old town of St Jean Pied de Port is also recommended for its medieval cobbled streets and Pont Romain bridge.

WHERE TO STAY?

I stayed at the beautiful 4-star Hotel de Silhouette (hotel-silhouette-biarritz.com). Built around 1600, the building is one of the oldest in Biarritz. Located opposite the Halles de Biarritz market, this charming



boutique hotel is ideally positioned to explore all corners of the city. The hotel has just 21 exquisitely furnished rooms, a gorgeous bar, a restaurant, pretty gardens, and delightful staff on hand to assist with every request.

FINAL THOUGHTS

Nestled along the picturesque French coast, Biarritz is a fusion of laid-back surf culture and refined sophistication. Delve into its rich historical tapestry, indulge in retail therapy, or revel in its dynamic nightlife.

Whether you're yearning for lazy days spent basking in the sun on pristine beaches or eager to embark on adventures discovering the hidden gems of the local area, Biarritz delivers at every turn. I loved the city, and it has reignited a desire to discover more of this beautiful stretch of Southwest France.

CONTACT INFORMATION

For more information visit the Tourism de Biarritz website tourisme.biarritz.fr/en or contact your local travel agent or specialist tour operator.

Rupert Diggins is an award-winning UK travel writer, blogger, and the founder of justonefortheroad.com



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Isle Of
Sark





MENORCA: LIFE WITHOUT RUSHING

JULIE TODD SHARES HER LOVE OF THE ISLAND WHERE SHE AND HER HUSBAND, MARTIN, HAD A HOLIDAY HOME FOR MANY YEARS

They say that somewhere in the world there is an island for everyone, and Menorca can rightly stake a claim to be one of the most popular getaway isles for people from all walks of life.

If it is peace and solitude you seek, there's a corner of Menorca for you. If it is to gaze upon majestic coastline scenery that drives you, look no further. If you want a beach to yourself... If you want to let your hair down and celebrate life... If you want to challenge yourself... Menorca is the place.

Smaller and less frenetic than its sister Balearic Islands of Majorca, Ibiza and Formentera, Menorca is the perfect place to unwind and relax.

Menorca is an island of contrasts and surprises, and those visitors who do not stray from its (admittedly beautiful) beaches are missing out on much that is on offer. There is beautiful coastline scenery, stunning countryside, and amazing local traditions and rituals to witness.

There's history at every turn too, and plenty of opportunities to get the local experts to guide you around the island's attractions.

The natural beauty of Menorca is one of the island's greatest attractions, and the great thing is that you don't have to travel far to take in some – or even all – of it. The coastline is varied and dramatic and much of it is easily reached, even if you are on foot.

Menorca has more miles of sandy beach than all of its Balearic cousins – Ibiza, Majorca and Formentera – put together. Some are harder to get to than others, some are busier than others, but all share the same common characteristic: stunning beauty.

The south coast of Menorca has the greatest number of lovely sandy coves, from Cala en Bosc in the west to Punta Prima in the east, but the northern coast has some really stunning tucked-away coves which are well worth a visit.

The only way to decide your favourite is to visit them all, but if

your time on Menorca is limited, here's a quick guide to some of those not to be missed:

BIGGEST AND BEST

The miles and miles of golden sands that make up Son Bou beach are hard to beat. At the resort end of the beach are bars, sunbeds, pedalos, and all the attractions that the family hordes will seek, but a short walk away you will find large areas of near-deserted beach ideal for those seeking to get away from it all.

Best for children

Son Bou is ideal, but so are the resort beaches at Cala en Porter, Punta Prima, Santo Tomas, Cala en Bosc and Cala Blanca.

Best for adventures

It takes 30 minutes to hike to Cala Pregonda from the nearest car park, and that's why it's so rewarding. It's beautiful and remote and well worth a visit. Presilli and Tortuga, also in the north, fall into the same category, as does Cala Trebaluger, a stiff cliff-top walk away from Cala Galdana.



PREVIOUS PAGE: CALA PREGONDA; ABOVE L-R: MAHON HARBOUR; BINIBECA FISHING VILLAGE; BOUILLABAISSE FISH SOUP; CAP DE FORMENTOR LIGHTHOUSE, MAJORCA; ORANGE TRAM, SOLLER, MAJORCA; IBIZA OLD TOWN. ALL IMAGES ©SHUTTERSTOCK.

Best for access and convenience

It's hard to beat Sa Mesquida – less than 10 minutes by car from Menorca's capital, Mahon, and a favourite with locals and tourists alike.

Most beautiful and best avoided

Cala Macarella and Macarelleta and undoubtedly very beautiful, but with that beauty comes over-popularity. Parking there is expensive and hard to book too. If a visit to Macarella is top of your to-do list, you might do well to investigate a boat trip to the cove.

Menorca is not known for its mountains! In fact, there is just one – Monte Toro, near Es Mercadal in the centre of the isle, which is all of 342m above sea level. There's a great view to be had from there to the four corners of Menorca.

Talking of views, there are few better places in Menorca from which to watch the sun go down than Cova d'en Xoroi at Cala en Porter. Perched on the cliffs and with spectacular Mediterranean views, Cova attracts a crowd every fine evening, many of whom stay on to party the night away. Entrance is by ticket only, which includes one drink.

If it's ambience you seek while dining or drinking, look no further than the quaint little harbour of

Calas Fonts at Es Castell, which is lined with restaurants and bars and clothing and souvenir shops, and features street entertainers in the evenings.

The fishing village of Fornells in the north of the island is a great place to spend a few hours and take in the sights, as is the slightly more modern 'fishing village' at Binibeca Vell in the south-east, with its labyrinth of lanes and pretty whitewashed cottages and shops.

There is plenty more to Menorcan cuisine than the pizza-and-chips menus that you'd expect to find near the beaches in the large resorts. If you are prepared to go looking for them, you can find some real restaurant gems both in the countryside and on the tourist trail.

Take the tiny drystone wall-lined village of Torret, between Sant Lluís and Punta Prima/Binibeca. Here you will find two fantastic restaurants – Pan y Vino, which offers a fine menu conceived by a French-trained chef and a charming farmhouse atmosphere; and also Sa Pedrera d'es Pujoll, where traditional Spanish cuisine meets modern food technology. In nearby Sant Lluís, Es Moli de Foc is a restaurant with a justified reputation and is popular with locals and tourists alike.

There's plenty of good eating to be had in the touristy parts of the island also – down on Calas Fonts, the postcard-pretty harbour at Es Castell, you'll find the usual picture-menu eateries but also some real gems like Nou Sirroco and Trebol, where you can savour the day's catch and plenty more besides, and also some great little tapas places like El Chivito and Es Llenegall.

There's a clichéd old story that the former King of Spain's favourite restaurant is in Fornells – not very likely to be true but it is the case that the local Caldereta, a sort of fish stew, is divine...

Menorca's twin cities offer great dining also. In Mahon, Ses Forquilles has a justified reputation and now boasts two restaurants – one in the city and another harbourside. In Ciutadella, Ses Voltes, in the heart of the old town, is where the locals go...

And absolutely no-one can believe that the fish market in the centre of the capital, Mahon, houses such a wonderful tapas food market too. Row upon row of traditional tapas and canape-size delights wait for you to buy to take away or to eat at one of the tables with a pint or glass of something chilled.



VISIT MAJORCA FOR...

Beaches – from child-friendly beaches to romantic beaches, remote natural beaches or vibrant town beaches, Majorca has them all.

Vintage train from Palma to Soller – take this dinky, beautifully restored old train as it trundles its way from Palma across hills and forests to reach the pretty little market town of Soller.

Drive along the Cap de Formentor – a panoramic road that zig-zags along the headland at the north-western tip of Majorca. Tip: not for the faint-hearted but the scenery will take your breath away. Drive to the parking lot at Formentor Beach then take a bus out to the working lighthouse. Work started in 1857 but nowadays the lighthouse is remotely controlled. The world-famous Hotel Formentor has been visited by the likes of Charlie Chaplin, Sir Winston Churchill, Gary Cooper, F. Scott Fitzgerald, Ava Gardner, Audrey Hepburn, Elizabeth Taylor and John Wayne.

Ruta de Pedra en Sec (Dry Stone Route) – this 170km trail incorporates ancient footpaths that criss-cross the magnificent Tramuntana mountains and wind through shady forest, along steep cliffs and Mediterranean scrub.

Most sections are easy and well-marked, making it ideal for everyone.

Palma Cathedral – you won't miss seeing Palma Cathedral (known as La Seu) as it dominates the skyline. The imposing golden sandstone building is one of Europe's tallest Gothic structures. Well worth a visit for its stunning for its 61 stained-glass windows, in particular the central rose window which floods the building with beams of coloured light in the mornings.

VISIT IBIZA FOR...

Its vibe – whether that's chilling on the beaches in the day, dining in superb restaurants in the evening, or dancing until dawn in its clubs.

Hippy markets – enjoy a variety of food, explore stalls and embrace local culture. Es Canar is the biggest hippy market, open from April to October, and is known as the best place to try organic food, see various performances, and choose a souvenir.

Dalt Vila – Ibiza's fortified old town has wonderful panoramic views, history (spanning 2,500 years) and is a UNESCO World Heritage Site. There are three official routes around Dalt Vila, or just wander around, get lost and surprise yourself at what you find.

Aquarium Cap Blanc – formerly known as Sa Cova de ses Llagostes (the lobster cave), this natural cave has been converted into an aquarium where you can observe marine species native to Ibiza. Accessible by foot from Calo des Moro, or by boat, which leaves from the port of Sant Antoni on a daily basis.

Formentera – whether you stay for the day or savour the island's go-slow beauty for longer, the island is around a 30 minutes boat ride from Ibiza Town. Turquoise seas, white beaches, lighthouses and the wild Trucador Peninsula are there to be explored.

AURIGNY FLIGHTS TO THE BALEARIC ISLANDS SUMMER 2024

Aurigny is operating weekly non-stop flights as follows:

Mahon, Menorca from 18 May until 22 June

Palma, Majorca from 29 June until 10 August

Ibiza from 17 August until 21 September



48 HOURS IN CAMBRIDGE





ABOVE LEFT: GREAT ST MARY'S CHURCH; INTERIOR OF THE FITZWILLIAM MUSEUM.
LEFT: PUNTING ON THE CAM NEAR KINGS COLLEGE. BELOW LEFT: FACADE OF THE FITZWILLIAM MUSEUM,
FITZBILLIES CAFE AND TEA SHOP ON BRIDGE STREET. ABOVE: GRANTCHESTER MEADOWS. ALL IMAGES ©SHUTTERSTOCK.

Think you have to be an academic to visit Cambridge? Think again, says Jessica Guiney, who discovers a quaint city filled with impressive architecture, rich history and beautiful scenery, the perfect spot for a short stay.

Getting there: Cambridge is approximately a 45-minute drive from Stansted airport. Or take the train – there around 47 trains per day with an average journey time of 33 minutes. Cambridge is a small pedestrian-friendly city, ideal for walking around. Cyclists will enjoy that it is the cycling capital of the UK.

Where to stay: The Graduate Hotel Cambridge is located in the heart of Cambridge's historic centre and is set on the River Cam. With interiors that take inspiration from Cambridge University's historic buildings and all the main landmarks within easy walking distance, it's the perfect spot to lay your head. Or get a taste of student life and stay with University Rooms, a company that rents out university accommodation to visitors.

DAY ONE:

With the Graduate Hotel being perfectly placed for punting, why not give it a go? It is a Cambridge tradition after all! Punting is like a Venetian Gondola ride and some of the best sights are seen from the river. The Mill Lane Punting Station is a three-minute walk from the hotel. Book a chauffeured tour of Cambridge or hire a boat to give it a go yourself. When you're finished, take a stroll over to Trumpington Street and have afternoon tea at

Fitzbillies: a local institution known for their legendary Chelsea buns.

To walk off those treats, wander up Trumpington Street to take in the sights of the Corpus Clock and King's Parade. Don't miss Evensong at King's College Chapel, held at 5.30pm Monday – Saturday and 3.30 pm on Sundays. The Chapel is easily one of the most iconic and breath-taking buildings in Cambridge, and Evensong is an experience like no other. Before leaving for dinner, head behind the chapel to saunter through the Cambridge Backs, one of the most exquisite areas of the city.

If you're looking to stay more central for dinner, check out the Pint Shop. Expect smoky flavours, tasty burgers, proper Scotch eggs and choice kebabs. For one of Cambridge's best restaurant secrets, visit La Maison du Steak. If you've still got energy left, finish off the evening by seeing the city's dark side in a ghost-walking tour before retiring back to your hotel room.

DAY TWO:

For those who want to keep close to their central accommodation, it's time to take in the sights not visited the day before. Take a tour of the Cambridge University Colleges. The university is made up of 31 independent colleges, most of which are open to visitors. Be sure to check in advance as opening times vary, and can be limited during exam periods. Foodies must go to Mill Road, or as locals call it, 'the mile'. Lined with quirky restaurants, spice shops, cafes and

bars, you're guaranteed to find something tasty.

Art lovers must take a free visit to the Fitzwilliam Museum, and explore the more than half a million antiquities and artefacts. To get a panoramic glimpse of the city, go to Great St Mary's Church, and climb the 123 steps of its spiral staircase to the tower.

Those looking to venture outside the city centre can take the 2.5-mile scenic walk to Grantchester. The route will take you south out of Cambridge across Skater's Meadow and through the captivating Grantchester Meadows floodplain. Finish off the trip with dinner at the only two Michelin-starred restaurant in the East of England, Midsummer House.

Cambridge Beer Festival 2024 20 - 25 May

180+ real ales, 80+ ciders and perries, international beer, mead, wine, and cheese. Further info at cambridgebeerfestival.com

FAMOUS IN CAMBRIDGE

Affiliates of The University of Cambridge have more Nobel Prizes than any other institution in the world, with a total of 121 prizes in significant advancement. Despite emigrating to Australia, Olivia Newton-John was born in and spent some of her formative years among the charming buildings of Cambridge.

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ABOVE: VAN GOGH MUSEUM; AMSTERDAM CANAL CRUISE. RIGHT: BELGIAN CHOCOLATES; HET STEEN CASTLE. ALL IMAGES ©SHUTTERSTOCK

LCY IN THE SKY

With more than 30 European destinations available via London City Airport, Aurigny's new route has opened up numerous possibilities for a mini-break or more, writes Amanda Eulenkamp.

Transiting through a small, well-designed airport which is as hassle-free as they come, is surely something everyone wishes for when faced with onward travel and changing airlines.

While London City Airport is an excellent starting point for exploring the capital (a lift connects the London City Airport DLR station platforms with the airport's main terminal, from where it's a seven-minute trip to Canning Town on the Jubilee Line), it's also a fantastic hub for onward travel for both business and leisure travellers.

Business travellers can easily get to other financial centres such as Zurich, Luxembourg and Frankfurt. While those cities make for a great mini-break in their own right, there are plenty of other destinations for a short or long holiday.

Here is a taste of a few of them:

AMSTERDAM

No trip to Amsterdam is complete without taking a canal cruise – an excellent way to get your bearings of the city.

Visit for its museums in Museumplein, the cultural beating heart of Amsterdam. Don't miss the Rijksmuseum and the Van Gogh Museum. Take a tour of Anne Frank's house and experience how she and her family lived during World War II.

Hire a bicycle and explore the city, or head further afield to enjoy the tulips and windmills.

ANTWERP

The self-styled diamond capital of the world, Antwerp has much to explore, including a diamond museum. Don't miss Antwerp Central Station, also known as the railroad cathedral and one of the most beautiful in the world according to numerous international lists.

To learn about Antwerp, head to Het Steen, a small but pretty castle that dates back to the early 13th

century, situated on the side of the river. Here you'll discover the interactive trail at The Antwerp Story, which ends on the roof terrace of Het Steen, from where fantastic views of the city, harbour and river can be enjoyed.

The spire of the Cathedral of Our Lady – the tallest cathedral in the Low Countries – is visible from many areas of the city.

Make time to see Rubenshuis, the former home of painter Pieter Paul Rubens, and take in a museum; there are plenty to visit, including the National Maritime Museum, Museum Plantin-Moretus, where you can see the oldest printing presses in the world, the Red Star Line Museum which exhibits the stories of many migrants who left Belgium, mainly for America, via the Red Star Line ships, and Chocolate Nation, the world's largest Belgian chocolate museum.

Foodies are well catered for in Antwerp, with chocolates, Belgian waffles, and French fries to indulge in.



ABOVE: BERGERAC ON THE DORDOGNE RIVER; LEGOLAND BILLUND. ABOVE RIGHT: RHINE RIVER PROMENADE, DUSSELDORF; CATHEDRAL OF SANTA MARIA DEL FIORE (DUOMO), FLORENCE. ALL IMAGES ©SHUTTERSTOCK.

BERGERAC

This beautiful medieval town in the Dordogne is a Ville d'art et d'histoire (town of art and history), so there are plenty of cultural things to see. The narrow, cobblestone roads of the old town are bordered by ancient timbered houses and flanked by colourful flowerbeds and charming cafes.

Château de Monbazillac is one of the most stunning, imposing castles of Perigord Pourpre and is around a 10 minute drive from Bergerac. It's a must-see when you visit the region both for its wines and for its architecture.

BILLUND

Home of Lego, Billund styles itself as the 'Capital of Children'. It goes without saying that a trip to Legoland Billund Resort (legoland.dk/en has information and opening times) is a must... but what else is there to do in the Danish town?

Part of the Danish National Museum, Kongernes Jelling is a free attraction that preserves a UNESCO-listed 10th-century Viking monument created by King Harald Bluetooth (Fact: Bluetooth technology is named after the Danish king Harald Bluetooth due to his communicative skills in bringing warring factions together).

Whatever the weather, head to Lalandia Billund, Scandinavia's biggest water park – an easy indoor win on a wet day.

DUSSELDORF

Explore the Altstadt (Old Town) with its hundreds of bars, restaurants, cafes and breweries dotted along narrow roads. It's not known as the 'longest bar in the world' for nothing. Try an Altbier (the local beer) while you're there.

The Rheinuferspromenade, once an industrial harbour, runs alongside the river, and is a great hub for leisure activities. Locals can be seen cycling, strolling, or rollerblading. You can also pick up a cruise from along here.

For one of the best views of the river (it's possible to spot Cologne Cathedral from here!), head up the 240-metre high Rhine Tower. There's a mini bar offering drinks and cakes on the M168 observation deck. Or head upstairs to Japanese restaurant, Qomo, where you can enjoy a 360-degree panoramic view while enjoying some sushi.

Schloss Benrath is a pink palace that was constructed in 1775. Its sumptuous interior is a must-see (guided tours are a few euros). While you're there, explore the 61-hectare palace park which is free and open to the public.

FLORENCE

Surrounded by the Tuscany countryside and its vineyards (make time for a visit, it's a mere 21 miles from the Chianti wine region), Florence is home to the much-photographed Ponte Vecchio, the Old Bridge that links the north and south banks of the Arno River at its narrowest point.

Many of the exclusive gold and jewellery shops lining the bridge are owned by descendants of the artisans set up on the bridge in the 16th century.

Florence's skyline is dominated by the dome of its cathedral. One of the largest churches in the world, the first stone was laid in 1296, although the façade is a 19th-century neo-Gothic masterpiece. Entry to the cathedral is free, although you will need to buy the Grande Museo del Duomo pass for other monument in Piazza del Duomo (to climb up the Dome and the bell tower, the Baptistery and the museum).

For art lovers, no trip to Florence is complete with visiting the world-famous Uffizi Gallery.

Hire a car or take a train to nearby Pisa (known for its iconic Leaning Tower) and Siena (with its medieval brick buildings).



ABOVE LEFT: CATHEDRAL OF SANTA MARIA DEL FIORE, FLORENCE; THE COLOSSEUM, ROME. ABOVE RIGHT: MOZARTKUGEL, A CULINARY SPECIALTY OF SALZBURG; SALZBURG SKYLINE. BELOW: THE TREVI FOUNTAIN; VATICAN MUSEUM CEILING. ALL IMAGES ©SHUTTERSTOCK.

ROME

Rome was certainly not built in a day when you see how many splendid buildings there are to visit. A favourite city break, there are some must-sees including the ancient sites, including the Colosseum, Roman Forum and Palatine, and the Pantheon (one of the best maintained buildings from Roman times). It's worth considering a guided tour for one or more of the above, and it is certainly recommended to purchase tickets in advance, such as for the Colosseum.

St Peter's Basilica in Vatican City is the spiritual centre of the Catholic Church. Also visit the Vatican Museums and Sistine Chapel, with Michelangelo's frescos. Plan your trip in advance as long queues are common. See basilicasanpietro.va/en.html and museivaticani.va/content/museivaticani/en/musei-del-papa.html for information, opening times and tickets.

Head to the Trevi Fountain, the most famous of the Roman fountains and the terminal part of the Vergine aqueduct, the only one of the ancient aqueducts continuously in use to this day. Before leaving, do not forget to throw a coin into the fountain so that you will return to Rome.

SALZBURG

The city of Mozart is certainly alive to the sound of music... so make sure you visit Mozart's birthplace, one of the most visited museums in Austria. Buy a Salzburg Card in advance for free admission to tourist attractions museums, free use of public transportation and many additional discounts.

There are plenty of tours for Sound of Music fans, visiting the iconic places in the film, including Basilica St Michael, where Maria married Captain von Trapp (although in reality, they married at Nonnberg Abbey, at the foot of the Festungsberg mountain).

Hohensalzburg Fortress is an unmistakable feature of the Salzburg skyline, sited high above the rooftops of the Baroque historical district on the Festungsberg. The biggest fully preserved castle in Central Europe, and part of the city's UNESCO World Heritage Site, a trip here offers a 360-degree view of the city and its surroundings. Check out salzburg-burgen.at/en/hohensalzburg-castle/ for further information and tickets.

There are a number of palaces in Salzburg, with the Hellbrunn Palace and Trick Fountains an oasis to escape to. And don't forget to

visit one of the many konditoreien (coffee shops) in the city and indulge in Mozartkugel, little balls of dark chocolate-covered nougat, marzipan and pistachio.



THE PRACTICAL ELEGANCE OF PERMANENT MAKEUP IN A BUSY WORLD

BY ELLA HARVEY, ELLA HARVEY AESTHETICS



ADVERTORIAL

In today's fast-paced world, where early flights and back-to-back meetings are the norm for professionals, maintaining a polished appearance becomes both a priority and a challenge. The question arises: How can one balance the demands of a rigorous schedule with the desire to look effortlessly elegant at all times?

Enter the world of permanent makeup, a solution that merges practicality with beauty, offering a way to save time while ensuring you look your best. My journey into the realm of permanent cosmetics began over a decade ago on Harley Street, a renowned hub for medical and aesthetic excellence. This experience has not only allowed me to master the art but also to understand the profound impact it can have on people's lives.

Permanent makeup is more than just implanting pigment into the skin; it's about enhancing natural beauty and simplifying daily routines. Techniques such as microblading, eyelash enhancing and permanent lip blushing are among the most sought after, each requiring a high level of skill and precision to execute correctly. These treatments offer a subtle yet significant enhancement to one's features, providing a polished look that requires no daily effort and can last anywhere from one to three years upwards.

For professionals constantly on the move, the allure of permanent makeup lies in its practical benefits. It eliminates the need for morning makeup rituals, freeing up time for other activities or a few extra moments of sleep. Furthermore, it offers peace of mind, removing the worry of makeup smudging or fading during the day, especially important for those with hectic schedules or frequent travellers.

The days of heavy makeup application are over, and now, permanent makeup no longer appears conspicuous. In 2024, techniques have advanced to blend seamlessly with one's features. The most popular treatments cater to a range of desires and needs. For instance, permanent makeup for eyebrows can improve or recreate their shape and fullness, mimicking natural hairs, which is especially helpful for individuals who have noticed their eyebrows thinning or have lost them.

Permanent eyeliner brings out the eyes with accuracy that's hard to replicate every day, and lip blushing gives a gentle touch of colour for a look that's natural yet redefines the lip borders.

Yet, the decision to opt for permanent makeup should not be taken lightly. It requires thorough research and consultation with a skilled professional who can offer advice tailored to individual features, skin tones, and lifestyles. As someone who has navigated the intricate details of this field, I understand the importance of matching each client with the right treatment to enhance their natural beauty and meet their lifestyle needs.

Permanent makeup represents a convergence of art and practicality, providing a solution for those looking to streamline their routines while maintaining a polished appearance. It's an investment in oneself, saving time and simplifying life without compromising on style or personal expression.

In conclusion, as we navigate our busy lives, the quest for efficiency and elegance remains paramount. Permanent makeup offers a pathway to achieving this balance, embodying a form of practical elegance that aligns with the needs and aspirations of today's professionals. It's not merely about the aesthetic enhancement but the freedom and confidence it instils, allowing one to focus on their goals and ambitions, assured in their appearance from morning till night.

For those considering this path, the journey begins with education and consultation, exploring how permanent makeup can complement and enhance your daily life. As the practice continues to evolve, its potential to empower and simplify lives remains its enduring appeal.

For further information contact Ella Harvey at info@harveysbeauty.com or 07592 170668 (WhatsApp). Instagram: @ellaharveyaesthetics

PERMANENT MAKEUP IS MORE THAN JUST IMPLANTING PIGMENT INTO THE SKIN; IT'S ABOUT ENHANCING NATURAL BEAUTY AND SIMPLIFYING DAILY ROUTINES.



HEADING FOR THE LIGHTS OF LAPLAND

2024 is apparently the year to see the Northern Lights or aurora borealis. This is because our sun is reaching the peak of its roughly 11-year cycle, and the likelihood of witnessing vibrant and widespread displays of the Northern Lights is higher during these peak solar phases.

Jo Le Page and her family were thrilled to see them during their first trip to Lapland Finland, in the resort village of Saariselka, 250 km above the Arctic Circle.

This was our first-ever big family holiday and we were excited but apprehensive. We had never been somewhere so cold; we had found out about all the layers you are expected to wear but had never put this into practice.

We flew to Gatwick from Guernsey the day before our flight to Kittila, which was at 7am. We stayed at one of the convenient Premier Inns near Gatwick airport.

ARRIVING IN LAPLAND

As we landed, we looked through the plane windows and felt like we had been transported to Narnia! We were met by our holiday rep

and boarded a coach to take us to the resort. Transfers were well-organised and the staff at both Gatwick and Kittila were helpful and friendly.

Once at our destination we marvelled at the thick snow, the trees that looked like big white mushrooms were weighed down with it. It was cold but not that cold biting wind that we can get in Guernsey.

I was fascinated by the snowflakes and how they looked just like drawings of snowflakes, I could see every spoke, every detail. It was minus 26 when we arrived but did get as 'warm' as minus 5!

The layers that worked best when we were going to be out for a few hours were: thermal top and thermal trousers, joggers and a jumper (my son and I preferred two jumpers), normal pair of socks followed by thermal pair of socks followed by woollen pair of socks or a SealSkinz waterproof sock that held in the warmth. Followed by all-in-one suit, snood scarf, woollen hat, and thermal boots. Note that some holiday companies/resorts will provide all-in-one-suits and thermal boots but check before

you travel (ours did). I had a great pair of touchscreen gloves which were brilliant to slip out of my thermal mittens and take photos without my hands freezing.

I also had fingerless gloves on top of my touchscreen gloves and put those inside my thermal mittens. I used hand warmers inside the mittens and foot warmers inside one layer of my socks. As you can imagine, it was a long huffing and puffing warm process to put all this on! Once inside a building you were peeling most of it off again but we soon got used to it!

WHAT TO DO

We chose the following excursions but others (such as ice fishing, snow shoe walking, and Northern Lights excursions) were also available.

Search for Santa was a wonderful two-and-a-half to three hours experience including skipping with the elf through the snow, gingerbread baking, reindeer sleigh ride, meeting Santa and more.

Reindeer day was a two-and-a-half to three hours day comprising a reindeer sleigh ride, talking about reindeers around a much-appreciated fire, drinking hot berry



juice and being served with fresh soup and bread. I was amazed to find out there are 200,000 reindeer in Finland. They are semi-wild, roaming free in the summer and caught by their herders and kept in pens in the winter. They keep them safe and well-fed, and those working with tourists get their reindeer used to pulling a sleigh. The reindeer are then released again at the end of the season. We then hand-fed the reindeer, it was wonderful to get so close to these gentle magnificent creatures.

Five-kilometre husky ride

My husband and children loved this, while I found it very fast and initially felt that being in charge of many dogs and a sled at such speed was a bit frightening. It was exhilarating and the chance of a lifetime to do something like this in such an unspoilt magical terrain. Once finished, we were encouraged to pat and thank the dogs then went to meet the husky puppies and learn more about them. A wonderful experience that after my initial fear I would definitely choose to do again.

Children's snowmobile track

The Northern Lights Village was a ten-minute bus journey from our hotel (transfers included). There was a children's snowmobile track which we had booked. They enjoyed riding the small snowmobiles around a track through the snow as we stood and watched. My children are seven and 12, and my 12-year-old was getting to the point of feeling too tall for the snowmobile. Their hands also needed layers as holding the

handlebars was cold; we were advised that mittens are better than gloves as they hold the heat in.

Children's ski lesson

A bus service runs from the hotel to the ski slopes and back again. Our children had a wonderful instructor and they had a great lesson which lasted over an hour. They then had the use of the skis for the rest of the day. There was a tubing hill next to us which was fun to slide down. Saariselka also has Finland's longest toboggan run at 1.8 km long.

EXPLORING

Our hotel had little sleds that we could use, and we found a slope next to our apartment which we enjoyed sledding down. We also took walks pulling our children behind us.

Spotting signs to the 'Aurora Trail', we bought bird seed from the supermarket as we were told that you can wait under the trees with seed on your hands for birds to take. There are also fire pits, so we also took marshmallows and sticks (which we toasted after feeding the birds – some people were cooking sausages). There are toilets as well as an enclosed room with a heater to warm up. The room had a beautiful balcony overlooking the snowy forests, you can also feed the birds from here.

We found it beneficial to not jam-pack every waking moment, as there is so much to explore.

ACCOMMODATION

We stayed at the Holiday Club Apartments in Saariselka behind the Holiday Club hotel in the

resort. It was nice to have our own space with a kitchen and lounge. We were half board, so we could enjoy the all-you-can-eat breakfast and evening buffets and stock up from the resort supermarket for our lunches. Being part of the hotel meant we could enjoy its swimming pool with water slide and other fun features. The food was delicious and we soon got into a daily routine of breakfast buffet, morning excursion, explore on the way back, late lunch, swimming pool then buffet evening meal.

SEARCHING FOR THE NORTHERN LIGHTS

Our holiday rep at Saariselka was very helpful and set the passengers in his team up on a WhatsApp group so that we could let each other know if we spotted the Northern Lights or explored somewhere worth sharing.

I hadn't realised how difficult it is to see the Northern Lights, how it isn't guaranteed. Sometimes seeing them can just be a flash in the sky, other times they are there but you can't see them with the naked eye. Often people can only see them through their phone camera lens.

They also often appear between 9pm and 4am. If it is snowy or cloudy you are also unlikely to see them. A clear cloudless day with a freeze drop is a good sign. I had already decided we probably wouldn't see them as with a seven-year-old we were unlikely to be out exploring late at night, and even if they did appear in the early hours, by the time we got up and piled on all our layers it may well be over.



On our third morning in Saariselka I checked my phone to see photos of green sky on our holiday rep group chat. Someone had got up to go to the toilet at 4am, looked out of the window and spotted green streaks across the sky; they immediately got changed and went outside to take photos.

I felt so upset that while I was sleeping the Northern Lights were out, and feared I had missed my chance. How many nights could I stay up watching? Our rep said that day was looking like a really good chance of more lights later on. The sky was the clearest it had been and the temperature had dropped.

There are apps that aren't always reliable as it is hard to predict, they estimate the percentage chance of seeing the lights. It was showing as being a 56% chance and the time predicted was 10pm. I was really hoping we would see them without having to set our alarms for 1am...

We set out at 9pm to find a part of the resort nearby with less light pollution. As we stood looking at the sky, even though we were in many layers, after an hour in sub-zero temperatures not moving, we were starting to feel cold and my youngest was tired.

At 10pm, we decided to start walking back, hoping we would see something on the way. As we moved, my daughter called out that she could see a green glow through the trees... Sure enough, in the darkness, an eerie green glow was shining between the trees then disappearing then reappearing. We realised that this was appearing

lower than we expected and the trees were in the way.

We moved our location, and amazingly the one place nearby that we didn't think would have the best view (as there were bright street lights nearby), ended up being our best view and where my daughter took the beautiful photos.

The cold weather had caused our phones switch off, just like when your phone is left in the hot sun and overheats and switches off, but this was the first time I had experienced that in the other extreme!. Each time my daughter took a photo, she had to restart her phone then take the photo quickly before it shut down again!

The green lights were now shimmering and dancing across the sky, getting smaller and disappearing then reappearing. It was a wonderful show and I was so delighted that it was at a reasonable hour and that our whole family got to see it together.

We needed to get our children to bed but other guests said they could still spot the lights from some areas of the resort until 1am. Our rep said that every one of his guests this season have seen the Northern Lights.

Our Lapland adventure was wonderful. We had decided it would be a once-in-a-lifetime trip but we weren't expecting to fall in love with Saariselka, and we would love to go back. It felt like we had been transported to another world.

TOP TIPS

Take thermals, joggers, mid-layers and layers of socks, snood, warm hat, touchscreen gloves and ski mittens. Hand warmers and foot warmers come in handy. We also found taking our own boots for the journey helpful as we were walking a very short distance in the snow at the airport and to the coach and rest stop, as well as having the extra boots useful when our resort boots were damp inside and needed drying out. Find out if your trip organiser provides thermal boots, mittens and all-in-one outfits.

Wear clear glasses on the husky ride to protect your eyes (some have said poo can flick up on the passengers and I noticed grit from the track flicking into my face but it wasn't bright enough for dark sunglasses).

If you see the Northern Lights don't obsess over your phone taking the perfect photo. Put the phone away and enjoy it. That memory will stay in your mind forever.

Keep your phone in a warm sock in your pocket. My phone often switched itself off when it got too cold.

Try to stay on the paths. The deep snow either side of the trees is a lot deeper than you realise.

Keep at least one day free to rest and explore and take it as it comes.



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COMPANIES HOUSE: CHANGE IS AFOOT!

BY BRIAN SMITH, MANAGING DIRECTOR,
AND CIARA MCKILLOP, ASSOCIATE DIRECTOR, NSM FUNDS UK



The Economic Crime and Corporate Transparency Act 2023 (the 'Act') received Royal Assent on 26 October 2023 and has become law. The Act introduces a series of reforms to strengthen the UK's fight against economic crime, with changes implemented in a phased manner to allow for the development of systems, allocation of resources and secondary legislation to support the changes.

As part of the reform, Companies House will receive enhanced powers. It may come as a surprise to some that the Registrar of Companies is just that, an official body that keeps a register of company information. If a document meets basic criteria of format, authentication and delivery then Companies House is obliged to register it. Companies House reforms will mean a shift from minimal verification of the accuracy of information, to having the ability to challenge information that appears erroneous or contrary to sound business practice. The reforms present the biggest changes to Companies House since corporate registrations were established in 1844, with Companies House becoming an active gatekeeper over company creation and a custodian of more reliable data.

WHAT DOES THIS MEAN IN PRACTICE?

As companies prepare to embrace these changes it is evident that the UK is not merely upholding its global standing in compliance and corporate governance but is engaged and actively shaping the future landscape, preventing the abuse of corporate structures in the UK and improving corporate transparency.

IDENTITY VERIFICATION

The changes will mean the introduction of identity verification for all new and existing registered company directors, people with significant control, and those who file on behalf of companies, along with enhanced protection of personal information and protection of individuals from fraud. There will be two ways to verify data:

- Directly with Companies House using a digital service that links a person with a primary identity document; and
- Indirectly using an authorised agent.

These measures will require new secondary legislation and guidance, as well as system development.

OTHER CHANGES:

Electronic Filings: Companies House has made a strategic commitment to becoming a fully digital filing service.

Confirmation statements: New requirement to supply a registered email address and to confirm that the intended future activities of a company will be lawful.

Information Security: Individuals will be able to apply to suppress personal information from historical documents, and apply to have personal information protected from public view.

Improving transparency of company ownership: New requirements to provide additional shareholder information, and restrictions on the use of corporate directors.

A number of these measures were introduced on 4 March 2024, with other measures, such as identity verification to be introduced at a later date.

WHAT ARE THE RISKS OF NON-COMPLIANCE?

While non-compliance with reforms could result in negative consequences, (for both companies and individuals), reputational damage and the risk of association with money laundering are the two key concerns which the UK government is attempting to combat with these reforms. As Companies House will also have more effective investigation and enforcement powers which can be exercised on a discretionary basis, using a risk-based approach, they will be able to impose civil financial penalties if an individual is convicted for a 'relevant offence' under the Act. The new measures are a positive step forward for companies and directors alike, with Companies House becoming a regulator of companies.



HOTEL DE HAVELET WINS AWARD FOR SECOND YEAR RUNNING



Best Western Hotel de Havelet has won the Feeling Good Award at the Best Western Hotels GB Annual Members Conference 2024 for the second consecutive year.

The Best Western Hotel Group has about 238 hotels in Great Britain which are all independently owned and managed.

More than 200 guests attended the conference at the Celtic Manor Resort in which the Hotel de Havelet was recognised. The Feeling Good Award is for the hotel that has achieved the highest guest satisfaction scores in the last year.

'We are simply very happy to have won. It's a testament of our hard work from the team. We invest a lot in the team so it is nice to see that their hard work pays off,' said Gennaro Festivo, Hotel de Havelet general manager.

He said that the recognition at the Best Western Hotels GB Annual Members Conference is down to the staff who make sure the hotel's services and facilities are a 'high quality and standard' for the guests.

'The staff make sure the visitors know that nothing is too much trouble,' he said.

'We are well-known in retaining staff, most of our heads of department have been with us for at least 10 years and we have a lot of repeat visitors who know our staff and the staff know them.'

As well as winning the Feeling Good award the Hotel de Havelet was also shortlisted to be a brand ambassador for Best Western because of its quality scores, being responsive to enquiries and general participation.



LOCAL BUSINESS GIVEN BOOST BY FORMER DRAGONS DEN STAR

A small business in Guernsey has received a boost from retail entrepreneur and former Dragons Den star Theo Paphitis.

Adelaide Edwards, owner of The WorkStation – Virtual Assistant Services, tweeted Mr Paphitis about her business during his weekly Small Business Sunday initiative.

Set up in 2010 to support small businesses in the UK, there are now more than 3,500 #SBS winners.

Ms Edwards was one of six weekly winners to gain a repost by Mr Paphitis to his half a million-plus Twitter and Instagram followers.

'I've only been in business a couple of months. I am still in shock at being selected, a great achievement. Such a wonderful opportunity for my small business,' said Ms Edwards.

'It is great to have support from Theo because it's been tough trying to raise my profile and Theo has recognised my hard work and helped spread the word about what I do to his following.'

As a result of the retweet, The WorkStation has received more than 100 new followers. Ms Edwards is also profiled on the #SBS website that is exclusive to all Small Business Sunday winners.

'We are thrilled to welcome new #SBS members every week and highlight just how important it is to support our small businesses here in the UK,' said Mr Paphitis.

'My vision is that everyone who has ever won a #SBS retweet from me becomes part of a friendly club, like-minded individuals who can share successes and learnings. The website will also give a valuable profile to the winners chosen and I wish The WorkStation every success.'

NEW GUERNSEY MARK

The Guernsey Mark will soon be found on menus in hotels, restaurants and cafes to promote the island's local food, drink and produce. Eventually, the aim is to include the shelves of local shops and supermarkets.

It is intended that the Guernsey Mark will be a recognisable symbol for both visitors and locals, highlighting the provenance of food and drink, as well as encouraging loyalty to the island's local produce. It is hoped that the introduction of the Mark will be good for the economy and for the island's sustainability.



COMMITMENT TO BUILDING INDUSTRY RECOGNISED



A building materials specialist from Guernsey has been recognised for her commitment to the industry.

National trade body the Builders Merchants Federation and Builders' Merchants News, have joined forces to identify the Top 100 Young Achievers across the

sector and shine a light on the brightest stars of the future.

Lindsey Hart, sales and marketing director at NP Group, has been nominated for the accolade based around her achievements within her career so far, and having a positive impact in the sector.

'I am delighted to be nominated, it means so much to be recognised in an industry which I absolutely love being a part of. I'd like to say a huge well done to everyone nominated and I'm looking forward to celebrating with the other nominees in May,' she said.

The Top 100 Young Achievers programme follows last year's Top 100 Merchant Influencers and Top 100 Supplier Influencers in 2022 and 2023.

'The BMF is an active supporter of young people working within the building materials supply sector and this initiative celebrates the contributions of those who will carry the industry forward in the future and work to make a material difference,' said John Newcomb, chief executive of the BMF.

'This accolade reflects the positive influence Lindsey has had on the people around her and on the wider building materials industry.'

The Top 100 Young Achievers will feature in a commemorative brochure and be invited to a gala dinner celebration and networking event at the famous golf resort The Belfry, near Birmingham, in May.



L-R: Phil Eyre, Kareena Hodgson and Nicole Le Goupillot.

LEADERSHIP CONFERENCE AIMS TO ELEVATE SKILLS

Local consultancy Leaders will be hosting a new-style leadership conference at Les Cotils on Wednesday 22 May.

Managers and leaders from a diverse range of organisations are invited to join the first in a series of conferences, exploring what makes for excellent leadership.

This will be an interactive day with the Leaders team of Phil Eyre, Kareena Hodgson and Nicole Le Goupillot, who will each bring their experiences and insights to the conference. The event will comprise of a blend of talks, roundtable discussions and workshop-style exercises to apply the ideas to the real-life workplace scenarios faced by attendees.

It will centre around the three foundations of excellent leadership – a living legacy mindset, authentic trust and moral courage. The conference is designed for anyone in a management role, leadership position, 'next gen' or generally interested in what makes for excellent leadership in business, charity or government organisations.

'The Leaders Conference is a core event in our aim to elevate great leadership towards healthy and enjoyable workplaces,' said Leaders founder Phil Eyre. 'By opening the conference to a wider audience, injecting discussion and a practical focus, this event offers the potential to make a genuine, real-life difference not only for the people taking part but for those they manage and lead.'

More information is available at leadersconsultancy.co.uk/conference.

GUERNSEY CONTINUES TO LEAD IN CAPTIVES

Guernsey has retained its top spot as Europe's largest captive domicile.

With 199 captives domiciled at the end of 2023, this is the second consecutive year that Guernsey has earned the title.

Last year, four new captives and nine new captive cells were formed, according to statistics from the Guernsey Financial Services Commission.

Guernsey is also the domicile of choice for 40% of FTSE 100 companies, saving UK business almost £100m. and providing specific coverage to UK businesses according

to recent research by Frontier Economics.

Adele Gale, chair of the Guernsey International Insurance Association, said this reaffirms Guernsey's position as a premier hub for captive insurance. 'Guernsey's wealth of professional expertise and proportionate regulatory environment continue to make us a domicile of choice for those looking to take control of their risk universe.

'We are very much looking forward to hosting the first on-island captives conference in 25 years, taking place in Guernsey in June this year in collaboration with AIRMIC.'



BY NICK PALUCH, SAVILLS,
DIRECTOR RESIDENTIAL SALES

With winter firmly left behind in the rear view mirror, many people's thoughts have turned to the summer months and warmer climes.

To mark the start of the holiday season, Savills Guernsey has spoken to its sister offices in some of Aurigny's European destinations to find the top picks of the property bunch.

From an apartment in Paris to a villa in Mallorca – our extensive network ensures unrivalled exposure to national and international markets.

Savills is the only Channel Islands estate agent with a truly global reach, with more than 650 offices across the world.

While property portals are useful, in challenging markets in particular it's important to ensure your home is seen by as many potential buyers as possible.

Savills global connections mean we can draw on the expertise of colleagues from all over the world – including our London-based Country House and Private Office teams, helping clients gain access to tailored real estate expertise and advice.

The good news is, if you're thinking of selling, there's every reason for some cautious optimism. While both Guernsey's Local and Open Markets remain price sensitive, with inflation heading back towards the Bank of England target of 2.0% and more stability in the mortgage markets there is a sense that confidence is returning.

Best in class well-maintained homes are attracting plenty of interest, new buyer registrations are better than expected and we've been called to value a number of properties – a sure sign that people are readying themselves for a move.

Looking ahead, falling lending and leveraging costs should translate into a wider range of buyers with less pressure on budgets, and we could well see enhanced interest from re-locaters in the coming months with a general election on the horizon in the UK.

CONNECT WITH US



If you are thinking of buying or selling, or would simply like some property advice we'd love to hear from you.

Call us on +44 (0)1481 713463, pop in for a chat at Royal Terrace, Glatigny Esplanade, St. Peter Port, GY1 2HN, or email guernseyinfo@savills.com

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PARIS

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MALLORCA

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NOTHING TASTES AS GOOD AS SKINNY FEELS...



BY MARK BOUSFIELD, GROUP MANAGING DIRECTOR, INVESTMENTS AT RAVENSCROFT

**'I WANT IT ALL,
I WANT IT ALL,
I WANT IT ALL AND I WANT IT NOW.'**

May, Mercury, Deacon & Taylor, 1989

It was a sign of how much and how fast social mores have changed between 2009 – when Kate Moss popularly defined the so-called heroin chic – and 2018, when she went on US television to retract. Moss was simply reflecting what has always been known: 'you can never be too rich or too thin', even if the Kardashians seem to be making out like bandits while holding up the Rubenesque rearguard. The second aphorism is generally attributed to Wallis Simpson, Duchess of Windsor, herself a highly controversial 20th century character.

Of course, 90 years ago skinny was achievable by the straightforward means of not eating, coffee and cigarettes. More recently, bariatric surgery was introduced for acute obesity cases. But the ideal solution would address the cravings and mental health issues associated with fasting while avoiding the risks associated with surgery. Step forward semaglutide, more popularly known by the trade names Ozempic and Wegovy; the former approved for Type 2 diabetes and the latter for weight loss, even though they both contain the same active ingredient. Of course, there are side effects, but that is rather beside the point for those in pursuit of effort-free weight loss.

Sharon Osbourne, wife of Ozzy, and all-round famous for being famous person, has admitted to having lost 42 lbs (19 kg) on Ozempic (and to having overdone it). If you want billionaire megastar endorsement from someone whose struggles with weight have been a matter of public debate over many years, Oprah has admitted to using it, too. So, it comes as no surprise that the Danish company that manufactures both products (Novo Nordisk – disclosure, we don't have any) is now the world's 12th most valuable public company. And, according to Bloomberg's Professor Tyler Cowen, largely contributed to the Danish economy avoiding recession last year. That's powerful medicine in both senses of the word.

In an interview with the Sunday Times, Kasim Kutay, chief executive of Novo Holdings, the controlling shareholder of Novo Nordisk, is promising big inward investment in the UK to sustain its position as a life-sciences superpower. Meanwhile the UK Chancellor of the Exchequer has announced that AstraZeneca is also investing £650m into the UK.

Given the UK's fiscal challenges in the coming years (of what we presume will be a Labour government), such investments are both a welcome and reassuring vote of confidence in the UK as a centre of excellence. The challenge may arise when it comes to balancing the 'quids' with their respective 'quos'. As we noted at the time, Germany's Chancellor Scholz surrounded himself with German industrial leaders in his controversial 2022 visit to China, raising questions as to who was actually governing whom. We might ask ourselves the same of any country where any one sector has disproportionate influence. No doubt Denmark is very glad to have had Novo's contribution to bail it out post-Covid, but will there be a time when Novo wants something in return for its enormous payment? Or, like a US NFL franchise seeking a new stadium subsidy, will it simply relocate?

In addition to the concerns about individual companies or indeed non-resource-based sectors having outsized social, political and economic influence, we also have the spectre of government getting back into trying to pick winners. Readers of a certain age will recall Harold Wilson's 'white heat of technology' speech resulting in beer and sandwiches at Number 10 and the creation of national champions. You only have to whisper British Leyland to know how that ends.

In sum, governments of all hues can only create the conditions for economic success through adherence to free markets. Lacking commercial imperative and incentive, they cannot – as has been proven time and again – research, identify, fund and/or manage with any more success than a roll of the dice. Just ask Birmingham City Council.

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Julius Bär
YOUR WEALTH MANAGER

NAVIGATING DIVORCE: THE IMPORTANCE OF WEALTH PLANNING FOR SUCCESSION



JEAN-LUC LE TOCQ, HEAD OF PRIVATE BANKING AT JULIUS BAER IN GUERNSEY

Marriages, while often viewed through the lens of love and commitment, can also face the harsh reality of dissolution. For families keen on safeguarding their wealth from potential spousal claims, this presents a complex and sensitive issue.

How can wealth creators ensure fairness while protecting their assets? And for those on the brink of marriage, how can we initiate discussions about wealth succession with our future spouses? Jean-Luc Le Tocq, Head of Private Banking at Julius Baer in Guernsey, explores the sensitive topic of succession planning for when a marriage breaks down.

The topic of divorce is an emotive one, but extremely important to consider when thinking about planning wealth succession prior to a marriage. It may seem unromantic to bring up, but the fact is that 40-50% of marriages end in separation or divorce. Two years ago, Guernsey's divorces were at a record low, attributed to our lack of no-fault law, which allows divorce to be filed without having to give a reason or apportion blame. This is expected to come into effect later this year and may prompt a spike in divorces locally.

We advocate for open, pre-emptive discussions before tying the knot to discuss the possibility of this happening, reframing it as a proactive step towards securing one's financial future. Pre-nuptial agreements have often been vilified in the media, but when approached correctly, planning for wealth succession can give both parties a lot of certainty for the future and should be viewed as a positive.

Aside from higher divorce rates, which have been on the up since the 1980s, there are other emerging trends which create complexities during financial planning, one of which is global wealth migration. Cross-border relationships present a further challenge because it complicates marriages breaking down when there are multiple countries involved. Another trend is that fewer couples are choosing to get married, instead opting to cohabit, leading to potential problems down the line, such as not being legally recognised should the relationship falter. When succession planning, we recommend taking these factors into account when entering a relationship.

High Net Worth families face unique challenges in inheritance planning, particularly regarding spousal disputes. Trusts, foundations, and insurance planning are commonly utilised to mitigate these risks. For example, establishing a trust with careful provisions tailored to the family's individual circumstances can help preserve wealth for future generations. It is important not to give generalised advice because how we proceed is particular to each client, considering their family situation and fiscal rules. So, the rule is everything must be done carefully with a lot of thought.

Broaching the topic of wealth planning with heirs can be delicate, particularly when it involves questioning their marital choices. We advise our clients that transparency is key, and discussions should be approached with sensitivity, avoiding any sense of coercion. Legal documentation, such as wills or trusts, can formalise agreements and provide clarity for all parties involved.

Proactive wealth planning is essential for navigating the complexities of divorce and ensuring the preservation of family assets. Whether through pre-nuptial agreements, post-nuptial agreements, or trust structures, it is crucial to address these matters with foresight and prudence, and we strongly encourage individuals to seek personalised advice from experienced professionals, ensuring that their wealth transfer strategies are tailored to their unique situations and objectives. By doing so, families can protect their assets for future generations and weather the storms of marital dissolution with resilience and confidence.

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Sources:
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THE TECHNOLOGICAL UNDERCURRENT: CHANNELLING THE RISE OF OFFSHORE FINANCE IN THE CHANNEL ISLANDS



Resolution IT's CEO, Olly Duquemin, delves into the multifaceted ways in which technology has shaped the rise of offshore finance in the Channel Islands.

The Channel Islands are renowned not only for their picturesque cliffs and beaches, but also for their pivotal role in the world of finance. Despite their size, Guernsey and Jersey have emerged as prominent players in the offshore finance industry, attracting businesses and investors from around the globe.

According to the respective financial services commissions of each island, as of April 2023, the value of regulated funds under administration in Jersey reached a record high of £488.8bn and £289bn in Guernsey. The finance sector is the highest contributor to the economy and employment market for both islands, contributing to 38% GVA in Guernsey, and 40% in Jersey.*

The evolution of the offshore finance industry in the Channel Islands is intricately intertwined with advancements in technology. Over the years, technology has catalysed the growth of this sector, enabling it to adapt, innovate, and thrive in an increasingly interconnected world. Technology plays a crucial, and often overlooked, role in the Channel Islands' economic success.

FINTECH AND REGTECH INNOVATION

The convergence of finance and technology, often referred to as fintech, has sparked a wave of innovation in the offshore finance industry. From blockchain-based solutions for transparent transactions to artificial intelligence-driven risk assessment models, fintech innovations are reshaping the landscape of offshore finance in the Channel Islands, making processes more efficient, cost-effective, and transparent.

The finance sector's mounting regulatory demands have spurred the emergence of regulatory technology, commonly known as regtech. This regtech ecosystem offers specialised software solutions tailored for tasks like client onboarding, due diligence, KYC, tax reporting, and investment risk management. By leveraging these technologies, businesses can streamline compliance processes, enhance risk monitoring, and deliver added value to their clients.

GLOBAL CONNECTIVITY AND DIGITAL INFRASTRUCTURE

A robust digital infrastructure forms the backbone of any financial centre, and the Channel Islands have invested significantly in this aspect. High-speed internet connectivity, state-of-the-art data centers, and secure communication networks are essential components that

facilitate seamless transactions and communications in the offshore finance industry.

Technology has transformed the Channel Islands into globally connected hubs for finance and investment. Video conferencing and digital collaboration tools facilitate seamless communication and collaboration between clients, financial institutions, and regulatory bodies across different time zones and geographical locations.

DATA ANALYTICS AND PREDICTIVE MODELLING

Leveraging big data analytics and predictive modelling capabilities, offshore financial institutions can gain valuable insights into market trends, customer behaviour, and investment opportunities. By harnessing the power of data, decision-makers in the Channel Islands can make informed strategic choices and optimise their operations for maximum efficiency and profitability.

REPUTATION PROTECTION

As concerns regarding data security and compliance continue to escalate globally, technology plays a pivotal role in ensuring that offshore financial centres adhere to stringent regulatory standards. Cutting-edge technologies such as intrusion detection systems, behaviour analytics, and threat intelligence platforms are deployed to detect and mitigate cyber threats, safeguarding the integrity of financial systems and preserving client trust.

Many organisations invest in cyber security certifications such as ISO 27001, SOC 2, and Cyber Essentials. Cyber security awareness training for all staff is another effective approach to protecting data by reducing human error, a factor that contributes to 95% of cyber security breaches according to IBM's 2022 Cyber Security Intelligence Report.

To further protect the reputation of financial services in the Channel Islands and ensure businesses are doing all they can to prevent cyberattacks and data breaches, the Guernsey Financial Services Commission (GFSC) has issued cyber security rules for financially regulated businesses to adhere to, and Jersey is soon to follow suit.

CONCLUSION

The rise of offshore finance in the Channel Islands is a testament to the symbiotic relationship between technology and finance. By harnessing the power of technology, the Channel Islands are poised to remain at the forefront of offshore finance, offering a compelling blend of stability, sophistication, and technological prowess to investors and businesses worldwide. At a company level, firms that embrace technology and invest in digital transformation stand to differentiate themselves from competitors, accelerate their growth, and increase their profitability.

*Sources: JFSC, GFSC, Guernsey Annual GVA and GDP Bulletin 2022 (First Estimates), Locate Jersey

RE-LOCATION, RE-LOCATION, RE-LOCATION!

Guernsey is a fantastic place to live. It combines a safe and secure environment with stability and a quality of life second to none. It's also only a short flight to the UK. The Guernsey income tax system is fair to all and simplistic in nature. There is a fixed rate of 20% for all individuals. Maximum income tax caps are available by operation of tax law (there are no special deals made for anyone).

The tax caps mentioned above are:

- Open Market Cap of £60,000. Available for the first four years of Guernsey residence. Requires the purchase and occupation of an open market property within 12 months of tax residence. The purchase must generate minimum document duty (or anti-avoidance duty) of £50,000 (property cost of £1.4m).
- Foreign income tax cap of £160,000. This is for non-Guernsey source income only. Guernsey source income remains subject to 20% tax. Guernsey bank interest is not considered Guernsey source.
- Annual tax cap of £320,000. A global cap utilised by individuals with substantial Guernsey source income.
- The "Standard Charge". This is currently £40,000 per annum and is available by election in place of worldwide income disclosure, for those who are, broadly, part time tax resident on the island.

As well as the headline tax caps available, other significant tax incentives for a new resident that should not be overlooked may include:

- Ability to claim double tax relief in Guernsey for UK corporation tax paid, where shareholder control of the UK company is in Guernsey on a UK company distribution.
- Ability to receive certain UK dividends exempt from both UK and Guernsey taxation.
- Ability to receive UK pension income, potentially including a lifetime flexible draw down solely taxable in Guernsey.
- Ability to mitigate UK capital gains tax on gains made upon the disposal of certain UK assets.

If you are looking to relocate to Guernsey, then broadly you will need to be a British passport holder. The property market is split between a local market and an open market. An open market property, there are about 1600 of these, can be purchased by anyone relocating to Guernsey, whereas the local market is broadly for locally qualified individuals.

As most individuals relocate here from the UK, the more complex tax matter revolves around breaking UK tax residence. This is the complex part of a relocation and an area where we specialise in providing full UK emigration tax advice and

Guernsey immigration tax advice on an individual and, often overlooked, corporate basis.

Once you have been able to shed UK tax residence and are tax resident in Guernsey, the benefits are quite considerable and notably includes being almost immediately likely no longer subject to UK capital gains tax and then in the mid term outside the scope of UK inheritance tax on non-UK situs assets.

Once you are no longer UK tax resident, we are often asked:

“How many days can I spend in the UK in a tax year?”. In most cases this is to visit friends and family or perhaps to spend some time in a pied-à-terre.

In terms of UK tax residence, a day means presence at midnight. The frequent and common misconception is that spending no more than 90 days in the UK, in a UK tax year, is all that is required to remain not UK tax resident. This may be correct for some, but not all, as individuals have their own unique set of circumstances that need to be carefully considered when determining residence. A simple “one size fits all” 90-day approach is ill advised.

Falling foul of the rules and becoming UK tax resident can have material financial consequences, such as a significant exposure to UK income tax, capital gains tax and possibly inheritance tax, depending on individual circumstances.

A day matters. So where you were at midnight counts. But that’s not all. The number of days you may spend in the UK is often determined in conjunction with the number of “ties” you have with the UK.

Ties with the UK are family connections, accommodation, working in the UK, and spending

90 days in the UK in either of the previous two years. Simply put, the more ties, the lower the number of days you are able to spend in the UK before triggering UK tax residence.

Therefore, counting the number of days spent in the UK and understanding what ties you have is critical to ensure you remain non-UK tax resident.

Determination and advising upon UK tax residence is highly complex. There are other factors contained in the UK Statutory Residence Test that may be applicable depending upon the circumstances involved, as well as the potential interaction with the Guernsey/UK double taxation treaty.

LTS Tax Limited, registered with the Chartered Institute of Taxation, is an independent and leading tax practice in Guernsey. The team is qualified to provide UK and Guernsey tax advice and would be pleased to discuss UK and Guernsey tax matters with you.



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TAKING FLIGHT – THE COMPANY MIGRATION



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You may have heard of company migrations (or redomiciliations as they are also known) and wondered what they are.

The short answer is that a migration is a process by which a company changes its jurisdiction of registration – it metaphorically packs its bags, jumps on the plane and goes to reside in another jurisdiction permanently!

In recent months we have seen an increase in the number of overseas companies migrating into Guernsey which is great business for the island, with corporate services providers, accountants, auditors, insurance professionals, lawyers and others all benefitting from the work the company arriving on our shores brings.

You may ask though, why would a company want to move? Well, there are many reasons for that, including expertise of service providers and professionals, reduced costs, group consolidations, or relocating the company to a more favourable legal or regulatory regime.

As you might expect, migrating a company into Guernsey will require compliance with the legal requirements in the country it is leaving and further compliance with the Guernsey legal requirements, as detailed in the Companies (Guernsey) Law, 2008 (as amended) which will involve preparing various documents and making a formal application to the Guernsey Registry.

MIGRATION OF AN OVERSEAS COMPANY TO GUERNSEY

An overseas company may apply to be registered as a Guernsey company provided that, among other things:

- the law of the overseas jurisdiction allows it to be registered as a Guernsey company;
- it has complied with the requirements of the foreign law in relation to its registration as a Guernsey company;
- its shareholders have consented to the migration;
- it is not in liquidation and will, immediately upon registration, pass the statutory 'solvency test' under the Guernsey Companies Law; and
- if it is a 'supervised company' (that is, it will be regulated by the Guernsey Financial Services Commission), the GFSC has consented to the registration in writing.

EFFECT OF MIGRATION

It is important to note that, under the Guernsey Companies Law, the migration of a company will not create a new legal entity, nor does it prejudice the company's identity or continuity.

Upon registration as a Guernsey company:

- all property and rights to which the company was entitled immediately before the migration, remain its property and rights;
- it remains subject to all criminal and civil liabilities and all contracts, debts and other obligations to which it was subject immediately before the migration;
- all actions and other legal proceedings which immediately before the migration could have been made by or against the company may still be instituted or continued by or against it; and
- a conviction, ruling, order or judgment in favour of or against the company before the migration may be enforced by or against it after the migration.

MIGRATION OF A COMPANY FROM GUERNSEY TO OVERSEAS

It is also important to note that Guernsey companies may of course wish to migrate out of Guernsey and relocate to an overseas jurisdiction. In order to do so, again there will be a number of formalities to be complied with, both from a Guernsey perspective and also from the perspective of the overseas jurisdiction.

At Babbé, our skilled lawyers have considerable experience in completing migrations both in and out of Guernsey. Should you need to migrate a company, we would be happy to help and ensure the process runs smoothly.

If you would like to discuss any Guernsey legal assistance, please get in touch with the corporate team at Babbé LLP.



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I WANT TO RETIRE ...CAN I?

BY BEX GOATER, DIRECTOR AND FINANCIAL ADVISER AT NETWORK INSURANCE & FINANCIAL PLANNING

ADVERTORIAL

Up until relatively recently, retirement ages were viewed as a fixed date, often 60 or 65, with people working towards a specific age (and even day) their entire working life.

This is largely because more companies offered 'defined benefit' pensions, which guaranteed an income at a set retirement age. Due to this, people in my parents' generation and above could set their eyes on a retirement age prize, with a relatively good idea that what they would receive would be around two-thirds of their pre-retirement income at that point. In addition, this usually had a spouse's benefit included, which would continue paying an income (albeit often a lower amount) even upon their death.

This type of pension is now extremely rare, and their decline is due to a complex combination of economic, social, regulatory and policy changes over the past 35 years, which has transformed the pensions landscape entirely.

In 1981, the average male life expectancy at age 65 was estimated to be 14 years; this has since increased to almost 22 years. This means those schemes have to pay out longer, which costs more money.



IMAGE © ISTOCKPHOTO

THE WAY WE WORK

However, another key reason is due to the fact the way we work has also changed.

Take my Grandad Donald, a classic example of a man of his generation; he worked for over 40 years at one company, starting after completing his National Service at age 19, and eventually retiring at age 60 with his defined benefit pension earned over his entire working life. After his death, it continued to pay my Grandma an income, offering a reasonable standard of living as well. Seems a fair pay-out for his lifetime of commitment.

These days however, the work force is a lot more mobile, with many more career and training options and opportunities available. As such, the average time spent at one company now is five years, although this does vary with age.

This has made providing defined benefit pensions harder as even if an employee only works for them for five years, the company still has to ensure there are the promised benefits at their retirement age, and these likely need to increase (to protect against the impact of inflation) in the meantime.

So basically, the way pensions are provided by companies has changed and most defined benefit schemes are closed (at least to new members) and very few are now still open outside of the public sector.

Now, instead of a pension guaranteeing a defined benefit at a pre-agreed retirement age, most pensions are based upon a defined contribution, which is built up and invested over time to provide a pot of money that can be accessed at retirement age.

The difference here is that there are a lot more variables to consider. In addition to the amounts contributed, many other factors will impact upon the size of this pot at retirement, and what it will provide at the point, including investment performance, interest rates, pension rules, and selected age at retirement (to name but a few).

ENABLING RETIREMENT

Ultimately, this means that when someone can retire is a moving feast, and financial advice and planning can be the key to enabling retirement.

When we meet with someone looking to plan for their retirement, we will consider the following:

- When are you hoping to retire?
- What income do you require in retirement to meet your expenditure requirements, and ensure your standard of living?
- What resources do you have available to you in retirement (personal and occupational pensions, assets, savings, investments, other).

This will enable us to analyse what might be available to you at your target retirement age, taking into account the various assumptions and variables.

However, a key part of discussions these days is also making clients aware of the variables and the risks. If a pension value falls due to a market crash the month before they planned to retire, this could drastically impact upon the funds available over the long term in retirement.

This is where financial planning can help, as regular conversations prior to retirement can help to ensure that you are on the right path and making suitable decisions in relation to risk and timescale to ensure you are on target for your retirement. The sooner you start to consider this, the better.

Nevertheless, even with good financial planning, timing can sometimes make all the difference, and so these days other options might still have to be considered. This is why we see moving retirement dates, or reducing hours to part-time to delay accessing pensions. Again, financial planning can assist with working out the best way to access pensions and investments over this period.

Overall, pensions have changed significantly and there is a lot more uncertainty in relation to retirement ages and what you can expect at that time. A financial adviser can help work through this and help you make the most of the increased flexibility available from such pensions. Sometimes, this can lead to an earlier retirement!

Network Insurance & Financial Planning Limited can offer holistic independent financial advice, so if you want to start planning for your retirement (and there's no time like the present), please get in touch with us at advice@network.gg or give us a call on 01481 701400 and one of our qualified advisers will be delighted to get you started!

...WHEN SOMEONE CAN RETIRE IS A MOVING FEAST, AND FINANCIAL ADVICE AND PLANNING CAN BE THE KEY TO ENABLING RETIREMENT.



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We're with you every step of the way.

To find out what we can do for you, give us a call, send us an email or pop in to our office at South Esplanade.

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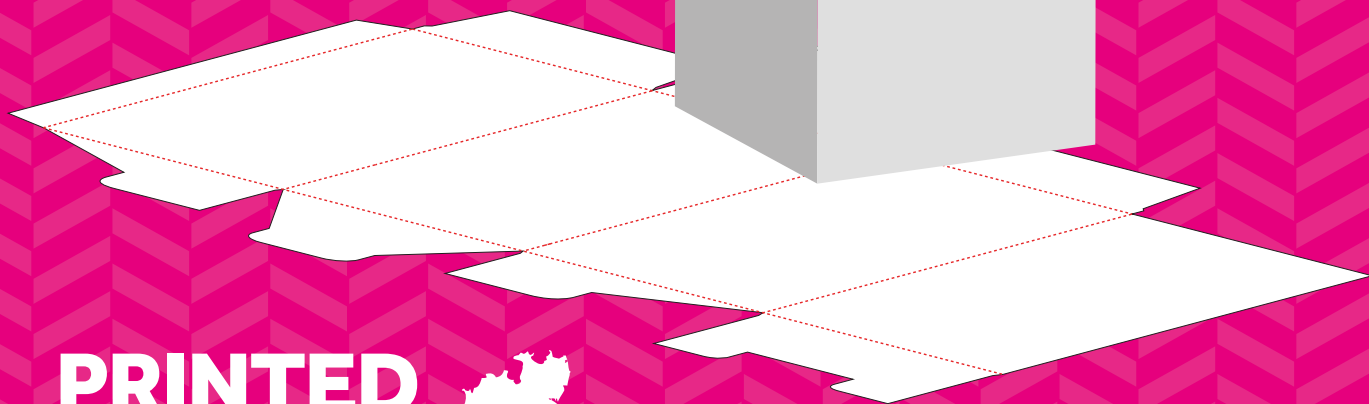
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INNOVATION: CREATING VALUE WITH NEW IDEAS



BY ANDY FOTHERGILL, JOINT MANAGING DIRECTOR, PRINTED IN GUERNSEY

In previous articles I have highlighted how Printed In Guernsey takes its eco-responsibilities extremely seriously; how we use inks that are vegetable or water-based; paper that comes from a renewed and well-managed supply; and clean laser technology with no paper wastage and lower costs.

These positive benefits are only possible because of our business philosophy – continuous investment in innovation.

Let's start with a definition easily found on Google – 'Innovation - the process of bringing about new ideas, methods, products, services, or solutions that have a significant positive impact and value'.

That sums it up! All successful businesses will have a development strategy, a plan for attracting more customers and improving their bottom line. At Printed In Guernsey our focus is on innovation. We believe that to be able to grow a business within Guernsey it is vital to be an early adopter of brilliant new ideas. We visit all the major trade shows around the world to ensure we are one step ahead of our competitors. We know that if a customer has a particular requirement we will find a way of meeting it through innovation – we anticipate our customer's needs through research and invest in the technology and training in advance.

As an active member of the Guernsey business community, we believe it is important that companies advise their clients about the tremendous benefits in using a local supplier. Why send that print job to China if it can be done in St Sampson's at a competitive price, with low-carbon emissions and a friendly face you can meet and discuss the job with? Use a local business and the money will stay on-island enriching our economy. But only if there is a company that can supply the service that your business needs! That is where our investment in innovation comes in.

We are tremendously proud of the innovative work we undertook for the Island Games. Julia Bowditch, Games Director said: 'To get the services of a local business such as Printed In Guernsey was very important to us. It meant we could get all of our volunteer clothing sourced, designed, printed and

delivered on-island, reducing our environmental footprint while also supporting local business.'

Check out our latest purchase – the ColorCut SC6500, a new type of automated cutter. There is currently no other model of machine available worldwide, that offers 100% reliable cutting and creasing at such an affordable price. If you want name badges produced in the shape of Guernsey, or wedding invitations that feature a cut-out of St Peter's Church, then this machine can produce as many as you want of the highest standard.

Through investment in state-of-the-art machinery we print, collate, and post up to 25,000 invoices each day for a variety of clients. This saves them huge amounts in staff, training and technology, and allows them to focus on core business.

Our website www.pigsy.com is a hugely innovative way for people to order personalised printed products online. Just upload a pdf of your artwork and make a few clicks and the job has already started. Take a look as it's so easy.

Thousands of States of Guernsey's Covid vaccination certificates were produced in our factory with the required full security measures in place plus microtext, watermarking and special holograms. Because of the systems we have introduced, we are relied on at the highest levels for delivering complex tasks accurately, discreetly as well as on time and in budget.

Personalisation of products and bespoke printed communications are now an important way for businesses to market to their customers. Specifications that would have been impossible just a few years ago are now easily achievable through our research, investment and staff training.

We want you to come and talk to us, saying 'I've got this idea. Can you help?' We would relish that conversation because we love a challenge and you would be surprised at what can be achieved in our factory in St Sampson's.

For more information, please visit our website at www.printedinguernsey.com. To discuss your idea and how we can help you call us on 01481 259188.



CONFIDENCE RETURNS TO PROPERTY MARKET

ADVERTISEMENT

Swoffers has weathered various market conditions over the years, but the turbulence brought about by rising interest rates presented particular obstacles in 2023. The housing market faced increased pressure, affecting everything from property demand to mortgage affordability.

But as Swoffers Local Market negotiator Scott Ingrouille and Open Market negotiator Alex Stuart explain, confidence is beginning to return, and properties are moving again.

WHAT WAS 2023 LIKE FOR PROPERTY SALES?

Alex: Open Market sales were reduced in 2023, indirectly due to increased interest rates and inflation. But enquiries from people wanting to relocate to the island remained high.

Positively, Swoffers was still responsible for 64% of open market agency sales during 2023.

Scott: Given the challenging market conditions, 2023 was indeed better than we anticipated. Things were going against the housing market with the fastest rise in interest rates for more than 70 years, together with the increased cost of living – all threatening the market. We found ourselves back in a buyers' market, which gave people the luxury of time to go back for second viewings and to see numerous comparable properties before making decisions. However, demand remained and although the total number of sales was down on 2022, Swoffers continued to reinforce its position as market leader.

WHAT LESSONS DID YOU LEARN?

Alex: That our unrivalled experience and having the largest team of skilled negotiators is invaluable. Guernsey is still an attractive destination appealing to lots of potential relocators; we did many viewings with applicants looking to move to Guernsey. But many were dependant on other factors, such as selling their business or property before doing so.

Scott: Not to panic! The Guernsey property market is well known to have peaks and troughs over the years. We like to think that we always have our fingers on the pulse and are ready to react to changing markets as necessary.

YOUR SALES FIGURES WERE STILL REMARKABLE CONSIDERING THE ECONOMIC CONDITIONS, ESPECIALLY IN COMPARISON TO THE REST OF THE INDUSTRY. WHAT DO YOU PUT THIS DOWN TO?

Alex: On the Open Market, we are a team of five experienced negotiators who work hard for our vendors. We have a substantial number of contacts and good relationships with all intermediaries on the island, which allows us to deal with enquiries across all levels of the market.

Scott: We have a fantastic team with a great depth of knowledge and who are able to offer sound advice. With the changing market, we remained realistic when it came to suggesting achievable prices for vendors. We have a generous marketing budget and realise the importance of continuing to market sensibly even when things aren't looking so rosy.

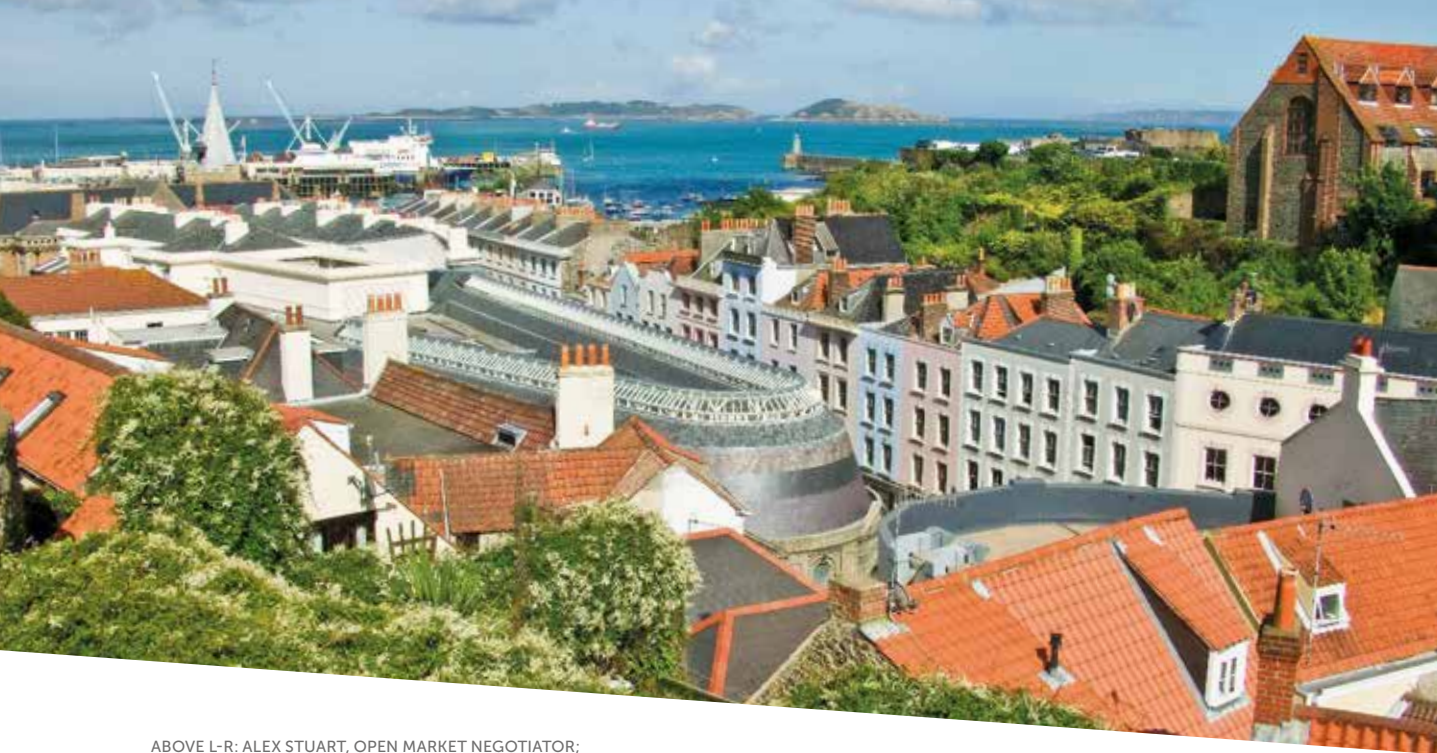
WHAT MAKES SWOFFERS DIFFERENT?

Alex: We have a deep understanding of the market we work within, as well as a really powerful website and marketing techniques that enable extensive reach. We are very proud of our global digital presence.

Scott: The team is driven and hungry to succeed, with many years of well-respected experience. We pride ourselves on going above and beyond to provide the best service possible.

DOES PANIC EVER SET IN WHEN THE MARKET DROPS? IF NOT WHY NOT?

Alex: I don't believe panic sets in when a market drop happens. Activity reduces as people take a step back to consider the situation, which is often a global event. Generally, the reasons for market activity reducing



ABOVE L-R: ALEX STUART, OPEN MARKET NEGOTIATOR;
SCOTT INGROUILLE, LOCAL MARKET NEGOTIATOR.

affects everyone. Vendors and applicants understand that market activity can be affected by external factors, panic does not set in, but people may be more considered before making moves within the property market.

Scott: No, not at all. We just had to take a different approach and adapt our selling style to suit the changing market.

WHAT HAVE THE FIRST FEW MONTHS OF 2024 BEEN LIKE FOR YOU?

Alex: The start of 2024 has been positive for us; we had a number of sales agreed towards the end of 2023 which have carried across into 2024. So far this year, we have been responsible for 89% of all agency sales, with more properties currently under offer. As we head towards spring, we expect activity to increase further.

Scott: 2024 has started with a bang! We have been busy with the usual 'New Year' valuations. These usually turn into new instructions in spring. However, this year we are seeing many vendors choosing to go to market straight away rather than waiting. This, in turn, gives buyers more choice of properties to suit their needs. On top of the valuations and new instructions, we have seen an increased number of viewings for this time of year. This has resulted in an unprecedented number of offers being put forward and accepted, with a great sense of confidence returning to the market.

WHY DO YOU THINK CONFIDENCE IS RETURNING?

Alex: After the unprecedented levels of activity during and after the covid pandemic, it was inevitable that activity levels would reduce. This reduction in activity was more notable due to the rapid increase in interest rates and inflation last year. Settling interest rates and inflation, and acceptance that rates are unlikely to drop to the 'artificially' low levels they were previously, helps confidence return to the market.

Scott: You can sense the air of confidence surrounding people who are viewing houses. Understandably, they seemed slightly hesitant last year given the uncertainty of which direction interest rates were heading. Many people were sitting on their hands waiting to see what happened, rather than place themselves in a position where they took on a mortgage and were then faced with increased rates. With the last four updates from the Bank of England resulting in no change in interest rates, and talk of rates starting to reduce going forward, it has given people the confidence to take on new or increased mortgages.

AS WE APPROACH THE UK GENERAL ELECTION HAS THERE BEEN MORE NOISE FROM RELOCATORS CONSIDERING GUERNSEY?

Alex: Yes, this has been a factor for some of our relocators. Traditionally, the potential of a change in government to Labour has been positive for Guernsey. We expect enquiry levels to increase this year due to this factor, most likely once a firm date has been set for the election.

HOW DO YOU SEE THE REST OF THE YEAR AND INTO 2025 LOOKING?

Alex: Due to a culmination of the factors that I have touched on already, we are optimistic that the rest of this year will be positive for the Open Market. Guernsey is still a highly attractive destination for many people seeking high quality of life, safety and security, and a favourable tax position.

Scott: Confidence is certainly returning, and with it demand and stock levels too, giving a much more positive outlook for 2024 and into 2025.

GUERNSEY IS STILL A HIGHLY ATTRACTIVE DESTINATION FOR MANY PEOPLE SEEKING HIGH QUALITY OF LIFE, SAFETY AND SECURITY, AND A FAVOURABLE TAX POSITION.

ALEX STUART, OPEN MARKET NEGOTIATOR AT SWOFFERS



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GUERNSEY UNCOVERED: YOUR GATEWAY TO ISLAND LIVING

BY JONATHAN ANDERSON, COUNSEL
AND MARTYN BAUDAINS, PARTNER, OGIER

NESTLED IN THE HEART OF THE CHANNEL ISLANDS, GUERNSEY IS A SERENE HAVEN OFFERING MORE THAN JUST A RESIDENCE – IT'S AN ENTIRE LIFESTYLE, COMMUNITY, AND SANCTUARY. JOIN US AS WE DELVE INTO WHY GUERNSEY STANDS AS THE PERFECT CANVAS FOR A NEW CHAPTER, WHETHER IT'S FOR YOUR BUSINESS, YOUR HOME, OR BOTH.

Beyond the island's beaches, cultural richness, and abundance of recreational activities, Guernsey is an unspoiled destination for those seeking both beauty and security in equal measures. More than just a picturesque landscape, Guernsey boasts a high quality of lifestyle, top-notch healthcare, and an educational system that complements its thriving entrepreneurial culture.

Traditionally known for its favourable tax rates, Guernsey has evolved into a beacon, attracting a diverse range of individuals and businesses.

Guernsey's allure extends to its availability of quality properties. Whether you envision a coastal retreat or a historic townhouse, the island offers a diverse range of highcalibre residences, contributing to its reputation as a sought-after destination.

As an award-winning law firm, Ogier specialises in streamlining the residency process, wealth structuring, and property acquisitions. We extend our network to trusted contacts in property, tax, and banking fields for bespoke advice tailored to your unique needs.

In recent years, Guernsey has seen a surge in enquiries from both businesses and families looking for a new base. The island's charm, coupled with its favourable tax allowances for those with high incomes, makes it enticing for those seeking not just a place to reside but a lifestyle to embrace.

Guernsey, far from being solely a retreat for retirees, is increasingly capturing the attention of dynamic entrepreneurs and families. These individuals are drawn not only to the island's unique location but also to its vibrant lifestyle, sporting opportunities, and the assurance of security. Guernsey's blend of serenity and connectivity, coupled with its proximity to the UK, presents an attractive prospect for those seeking a strategic base. The absence of capital gains or inheritance taxes and an enviable culture for worklife

balance further solidify Guernsey's position as the optimal choice for individuals who aspire to balance tranquillity with global connectedness.

Ogier's High Value Residency team stands at the forefront with a renowned reputation, offering responsive, professional, and discreet services, epitomising our commitment to first-class service. Our expertise extends to advising both domestic and international clients on residential and commercial property transactions in Guernsey.

Whether it's guiding clients through property development or renovation, negotiating with professionals, or navigating Guernsey's permit complexities, our team ensures precision at every step.

For those intrigued by the prospect of a Guernsey lifestyle, we invite you to connect with us at gsy@ogier.com or call +44 1481 721672 for a conversation that goes beyond legalities to the heart of your relocation dreams.

IMAGE ©ISTOCKPHOTO



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LET US HELP YOU REACH YOUR FINANCIAL

GOALS

Whether you're saving to buy your first home, pay for your children's education, considering a career break, or simply planning for retirement, a Personal Financial Forecast can help you answer that important question: **am I saving enough?**

Our Personal Financial Forecast is your roadmap to financial security. It paints a clear picture of your current situation and future finances, tailored specifically to your goals and circumstances.

Don't leave your financial future to chance. Contact Robyn Bowyer-Smith at robyn.bowyer-smith@gower.gg or call 700155 to learn more.

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AM I SAVING ENOUGH TO MEET MY FINANCIAL GOALS?

BY ROBYN BOWYER-SMITH, FINANCIAL ADVISER AT GOWER

In this short article, Robyn Bowyer-Smith, Financial Adviser at Gower considers how a Personal Financial Forecast can help savers understand whether they're on target to meet their savings goals.

Whether you're saving to buy your first home, to pay for your children's education, considering a career break, or simply planning for retirement, a Personal Financial Forecast can help you answer that important question, am I saving enough?

A Personal Financial Forecast empowers you to set realistic goals, prioritise them effectively, and take actionable steps towards achieving them, all while embodying the essence of successful financial planning. The easiest way to explain Personal Financial Forecasting, is to think of it as your personalised roadmap to financial security. It's like having a clear vision of where you are now, and where you want to go financially.

This forecasting, also known as cash flow forecasting, is at the heart of the Gower Financial Planning Service. It not only helps us understand your current situation but also paints a picture of your future finances, enabling us to tailor a plan specifically to meet your financial goals and take your own personal circumstances into consideration.

HOW DOES A FINANCIAL FORECAST WORK?

Using our sophisticated software, we initially capture your basic financial data, such as income, expenditure, assets, and liabilities. We then discuss expected future events, as well as your aspirations,

and turn these into financial goals. These could be anything such as an increase in regular expenditure, perhaps on that first mortgage, or on school fees for example. We might input your target retirement date and include expenditure on one off items such as a new car, or an extended holiday to commence your retirement. All of this will allow us to generate a visual representation of your long-term financial outlook and it'll tell us whether you're on track or not.

The forecast isn't just a static document; it's a dynamic tool that allows for real-time review, interactive discussion, and analysis. Together, we can explore different scenarios, or unexpected life events, such as long-term illness, injury or even death. This tool can help you understand the potential impacts on your financial stability.

We don't just stop at the forecast itself, clients receive a comprehensive report summarising the outcomes of our discussions, along with access to their forecast online for easy reference. In addition, we offer periodic reviews and updates to ensure that your financial plan remains aligned with your evolving circumstances and objectives, keeping you on track towards your goals.

Our Forecasting service is more than just a tool – it's a dynamic approach to strategic financial planning that empowers you to navigate your future with confidence. With our expertise and personalised insights, you can make informed decisions at every step of your financial journey.

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Norman
Piette



L-R: NATALEE LE GALLOUDEC, BETH LACK, MEL BAKER, LINDSEY HART, COADY LE POIDEVIN.

A BUILDERS' MERCHANT ISN'T JUST FOR MEN

ADVERTORIAL

Traditional thinking is turned on its head at NP Group, where women have a huge role to play from the boardroom down, something that may not be expected in the building industry.

LINDSEY HART, GROUP SALES AND MARKETING DIRECTOR

Lindsey became the first woman and the youngest person to join the board of directors at NP Group, having joined Norman Piette in 2013 as a marketing assistant.

'I've loved working here ever since, and have never faced any obstacles from being a woman in the building industry. It's just been brilliant. I love the fact that women are really appreciated within the company. It comes from the top down. The family [that owns the business] really cares about people and appreciates what we do.

Lindsey believes that the more women come into the industry, the better. 'They just add a totally different dynamic to a team,' she said.

The women that work at Norman Piette tend to work in the finance, purchasing and sales teams. Lindsey explained that because women are generally less able to do heavy lifting than men, the company is introducing new machinery and equipment to make it easier for them.

'While I think there will always be some areas that are more difficult for women to get into, we're trying to make it as appealing as we can. We want to offer a package that suits everyone as much as possible.'

COADY LE POIDEVIN, FINANCE ADMINISTRATOR

Norman Piette finance administrator Coady Le Poidevin is used to working in a male-dominated industry. Having studied engineering at university she was just one of a few women among men.

'I absolutely loved it, it was very obviously male dominated, we had 90% men and 10% girls,' she said.

'It is nice to be a woman doing something like that, people don't expect you to do well and it is great to prove them wrong.'

Since leaving university Coady joined Norman Piette, where she has now been for six months.

'I'm loving it. Literally once I got here I realised it is one of the warmest and welcoming places,' she said.

'There is no exclusion for being female, and it definitely isn't as male dominated as you would expect.'

BETH LACK, SALES, MARKETING AND E-COMMERCE ASSISTANT

Beth joined Norman Piette six months ago when she moved to the island from Southampton. Before working at Norman Piette she had worked in car rental and said that she had also been a part of a predominantly male workplace there.

'Working in a male-dominated industry is not as big of a challenge as I initially thought it would be.

'It was daunting at first though.'

Beth said that at Norman Piette there is a much more even split between the two sexes than you would expect. 'There is a real family feel here and while my first week was overwhelming, it was brilliant.'

NATALEE LE GALLOUDEC, JUNIOR SHOWROOM DESIGNER

Natalee is also new to Norman Piette having joined in the summer. Her day-to-day work is helping clients who come into the showroom and doing site measures.

'I wanted to work in finance, but then I discovered this from a Saturday job I had,' she said.

When starting, Natalee was expecting less of a female presence in the office but has said that there are definitely more women working at Norman Piette than she thought there would be.

One thing that Natalee says has stood out to her during her time at Norman Piette is that despite a strong female presence within the company, a lot of the tradespeople she works with are men.

'You don't see many women on sites,' she said.

'Times are changing, but the day I do see a woman working on a site I will be very excited.'

MEL BAKER, JOINERY ASSISTANT

Previously a painter and decorator, Mel started work 18 months ago in doors, floors and ironmongery, plus the paint department, at Norman Piette.

In that time, she's completed an ironmongery course as well as learnt to drive a forklift truck.

'Norman Piette offers lots of opportunities, and it's a really good place for women to work. I really enjoy meeting the tradesmen, there's always loads of banter.'

She likes the fact that NP Group hires women. 'It shows that a builders' merchant isn't just for men.'



DISCOVER THE MANY BENEFITS OF MOVING A BUSINESS TO GUERNSEY

As you fly into Guernsey it may seem obvious why some decide to move their family to the island. The abundance of green space, long stretches of sandy beaches and a sweeping coastline offer an idyllic environment to call home.

But, while the outdoorsy lifestyle and quality of life are important factors for those considering a relocation, those with businesses also want complete certainty that they can run these effectively from the island.

Guernsey has a 'can do' attitude to business. The island's entrepreneurial spirit, its skilled and committed workforce and outward-looking approach have resulted in many centuries of commercial success. In this article, Lily Prus, Relationship Manager at Locate Guernsey, shares five reasons why Guernsey is the ideal destination for business.

1. Well connected – Fast and reliable internet connectivity across the island means that business owners have peace of mind that they can continue to run their business from the island or work remotely from a home office. With frequent flight connections to many UK hubs, business trips are also very easy, making it possible to spend the day in the city and still be home in time for dinner with the family.
2. High quality service offering – Guernsey boasts a wide range of world class professional services, working across its financial, professional and legal sectors, which means accessing the appropriate services to establish and grow a business from the island is incredibly straightforward.
3. A supportive environment – Guernsey is politically and

economically stable and sets its own laws and rates of tax. Guernsey's government is committed to ensuring that new sectors and businesses flourish on the island and, with the help of Locate Guernsey, it is fast and simple to meet with politicians or key civil servants to discuss new initiatives and proposals. For those businesses requiring regulation, the Guernsey Financial Services Commission, while robust, has a reputation for its flexible, pragmatic and open-door approach.

4. Access to talent – The island has a highly skilled workforce and a progressive Employment Permit Policy for those needing to recruit staff from off-island into specialist roles. A range of on-island networking groups and a supportive business community also means that it's



THE ISLAND'S ENTREPRENEURIAL SPIRIT, ITS SKILLED AND COMMITTED WORKFORCE AND OUTWARD-LOOKING APPROACH HAVE RESULTED IN MANY CENTURIES OF COMMERCIAL SUCCESS.

easy to build a new on-island network, connecting with likeminded individuals and collaborating on projects.

5. An enviable work/life balance – With a typical commute of 15 minutes, spending a day in the office doesn't need to impact family time. Islanders work hard but live life to the full, enjoying all that the island offers. From a morning run on the cliffs, a lunchtime sea swim, or a dinner at one of the island's many restaurants, quality time doesn't need to be a rare treat. The island also offers a high standard of education, excellent healthcare, clean fresh air, and low levels of crime.

Could Guernsey be an ideal destination for your business? We help new residents and businesses hit the ground running and establish their networks when they

arrive in Guernsey. If you would like to understand how Guernsey could work for a personal and/or business relocation, please get in touch with the Locate Guernsey team.

Locate Guernsey is a government agency responsible for promoting Guernsey as a destination of choice for relocation and providing support throughout the relocation process.

If you would like to find out more, please get in touch with the Locate Guernsey team:
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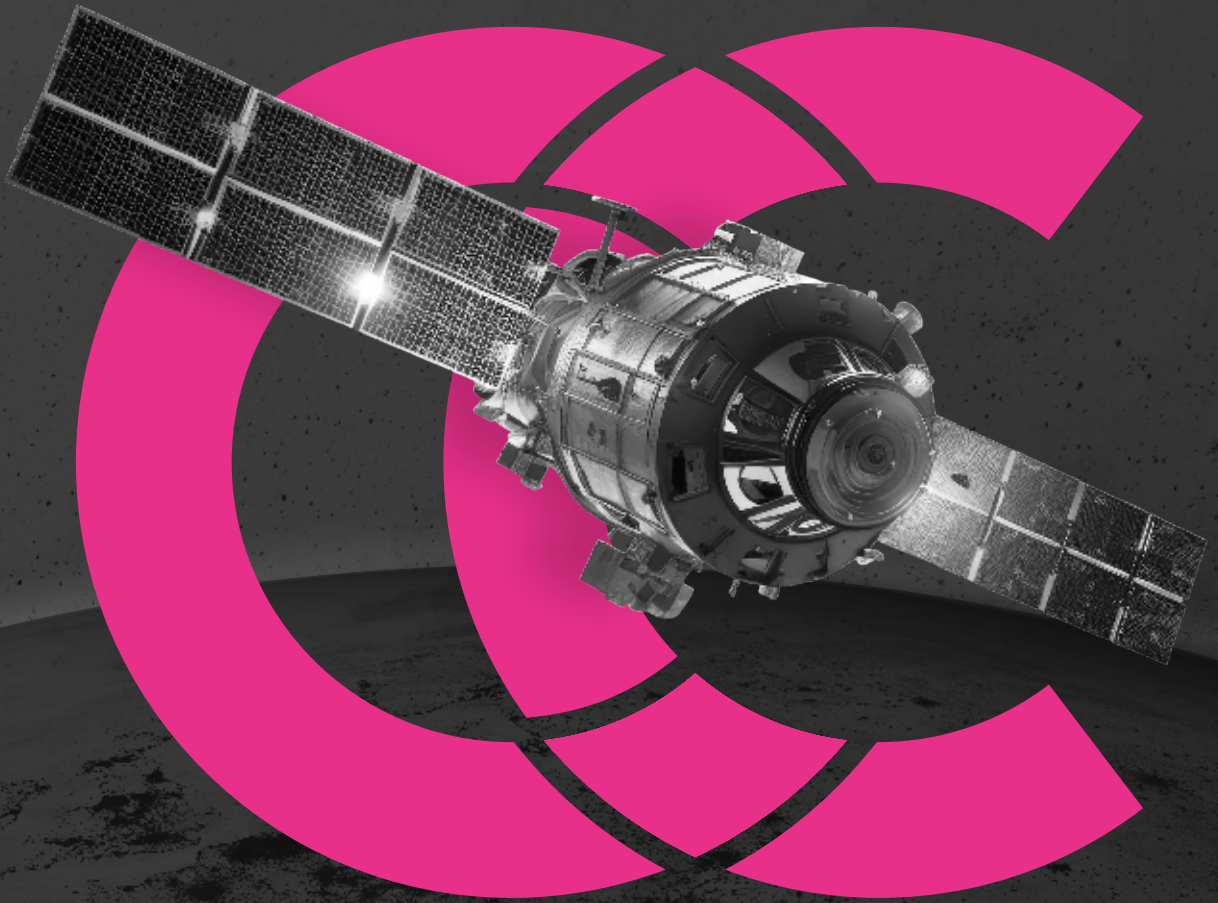
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E: enquiries@locateguernsey.com

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Keeping track of a complex world

Managing your business isn't easy in an increasingly complex world. At Collas Crill, we aim to make the complex feel simple. We keep track of the changing legal and regulatory landscape and provide timely, pragmatic advice to help you pre-empt, plan and prioritise what matters. Whatever your business needs, you're in safe hands with us.

To find out how we can help, visit collascrill.com

PARTNERS IN CRIME



ADVERTORIAL

Collas Crill's market-leading fraud, financial and white collar crime practice in Guernsey offers a unique mix of civil and criminal fraud litigation experience, from internal investigations, to injunctions, to defence and enforcement.

Senior Associate Amy Davies, who heads up the firm's criminal practice on the island, talks about her legal experience in this space, the criminal law services Collas Crill offers and the incidence of financial crime locally.

GIVE US A WHISTLESTOP TOUR OF YOUR CAREER TO DATE

I started my career as a general crime practitioner in England representing individuals in the police station and at court. I then joined the British Army, commissioning as a captain in the Army Legal Service prosecuting matters in the Court Martial in the UK and abroad. Having completed my commission, I joined the Crown Prosecution Service prosecuting a wide variety of cases.

My family moved to Guernsey in 2020 and I joined the Guernsey branch of a Swiss bank, assisting them in their financial crime prevention. I also took on the role of nominated officer. I was thrilled to join Collas Crill's Financial Services and Regulatory team in 2022 and qualified as an Advocate of the Royal Court last year.

WHAT CRIMINAL LAW SERVICES DO YOU PROVIDE AT COLLAS CRILL?

I specialise in advising individuals and companies, in relation to financial and white collar crime matters. This can be preventative as well as re-active; assisting clients in ensuring that their actions are not unlawful, as well as advising after the event, to mitigate any liability. As part of our commitment to the community, I also use my experience to advise clients as part of the free police station and court duty scheme and on a private basis.

HOW PREVALENT IS FINANCIAL CRIME IN GUERNSEY?

Guernsey has a robust legal and regulatory framework which means that people tend not to commit the substantive offences, such as bribery, corruption and fraud, on the island. However, given our large financial services sector and the strict controls surrounding

it, there are a number of ways that a person on the island may fall foul of the law or find themselves assisting in a local or international investigation.

ANY COMMON MISCONCEPTIONS ABOUT FINANCIAL CRIME?

No one thinks that they are going to fall foul of the law until it actually happens, whether that is in a professional or personal capacity. It is really important to have robust legal advice at every stage of the process, regardless of whether you think you have committed an offence or not. Asking an experienced professional to assist you to navigate what can be a totally foreign environment, is in no way an admission of any wrongdoing.

WHAT'S THE MOST REWARDING PART OF YOUR JOB?

Any interaction with the regulator, police and/or courts can be stressful and outside most people's comfort zone. I am extremely proud to be able to help anyone going through such an ordeal to assist them in obtaining the best possible outcome, whatever that might be.

To find out more about Collas Crill's services in this area or for specific advice on your own circumstances, please contact Amy on 01481 734234 or amydavies@collascrill.com



A microscopic view of cells and exosomes. The background is a dark blue field with several large, spherical cells. Each cell has a textured, orange-brown surface with a grid-like pattern of small, interconnected spheres. Smaller, translucent blue spheres are scattered around the larger cells, some appearing to be attached to or near them. The lighting is soft, creating a sense of depth and highlighting the intricate structures of the cells.

Have you heard of Exosomes?

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HOW TO LOOK YOUNGER AND HEALTHIER WITHOUT SURGERY

BY BRONWEN DUDLEY-OWEN OF GUERNSEY MEDISPA

You may not have heard of exosomes but they are an exciting breakthrough in the world of aesthetics. They are tiny, nano particles, about 1/800th the size of a cell and they act as communicators within our cellular systems.

Derived from stem cells, they move about like messengers when they are applied to the skin, activating, and encouraging older cells to act 'young', boosting their turnover and slowing the ageing process.

Essentially, exosomes encourage our cells to regenerate themselves to become better and more energetic. They have several abilities for skin-tissue regeneration, including collagen synthesis and regulation of inflammation. A study of their use found the results to be more powerful than retinol, the previous 'go-to' for cell rejuvenation.

At Guernsey Medispa we use them for skin and hair regeneration, but the real breakthroughs are in medical use. Specialists are testing exosomes on heart attack patients so that they can regenerate heart tissue that has been damaged in an attack. Trials are also being carried out to treat dementia sufferers as exosomes can cross the blood-brain barrier. They have also been shown to rebuild the myelin sheath on MS patients.

The strongest exosome formulas in aesthetics are only available in clinics such as Guernsey Medispa and the best application is by microneedling/radio frequency. We only use the highest grade and these come from Execobio in Korea, the world's leading company in the development of exosome products.

I was fortunate to travel to Korea and learnt about exosomes from the company founder, himself. Visiting the production facility were many top American plastic surgeons, also fascinated by the use of exosomes.

In Guernsey Medispa we have all been trained by Dr Shameema Dambree, a certified plastic surgeon and undisputed expert in this field.

Dr Dambree has also trained us in the Vivace Treatment, a specialist micro-needling and radio frequency procedure and how to personalise the treatment specifically for individual patients.

Working in a similar vein, are polynucleotides. These are biostimulators that advance collagen and elastin production, which are responsible for tensile strength and elasticity in the skin. Production and density of both decreases as we get older resulting in sagging and wrinkling. Polynucleotides can be injected just underneath the skin encouraging it to hydrate and restore itself rather than filling and fixing it temporarily. The result is plumper, tighter, brighter skin as we look to future-proof ourselves and look better, not different.

Combination treatments work the best and we use top grade exosomes alongside radio frequency and micro-needling. This three-pronged approach is best as you have the benefits from all three models. Micro-needling can produce a reddened skin but used alongside exosomes, a calming exosome mask, finishing off with 20 mins under LED light, you get a turbo charged treatment. You may walk out of the clinic looking like you have had nothing done, but underneath, your skin cells are now working really hard and their energy has been boosted to the highest degree.

Scientists now realise that exosomes have a key role in intercellular communication and make a major contribution to a wide range of biological processes in health and disease including cancer. They will play a vital part in the aesthetics and medical industry of the future.

Guernsey Skin & Beauty now trades as Guernsey Medispa. For more information or to book an appointment please call us on 01481 720606 or at www.guernseymedispa.com. We are open 10.00 – 18.00 from Monday to Friday.



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NEW DEPUTY PRINCIPAL AT THE LADIES' COLLEGE



Nick Dyson has been appointed new Deputy Principal – Innovation & Student Development at the Guernsey girls' school. He will also lead the new Pathways Provision for Sixth Form, the

Future Ready Programme for younger pupils and a range of environmental, scientific, and entrepreneurial projects to develop the girls' understanding and skills.

Mr Dyson previously spent six years as director of creative enterprise at Francis Holland School Sloane Square, an independent girls' school in London.

'The school is clearly committed to preparing students for the real world and I am excited to be working with [principal] Daniele Harford-Fox and her experienced team to develop several impactful programmes, including supporting the astounding new pathways provision for our sixth form students,' he said.

'I have already been struck by the warmth of the college community and their openness to innovation, and I'm excited to get started.'

BLACK VANILLA EXPANDS PR TEAM



Katy Melhuish has joined Black Vanilla as a senior account manager, overseeing a number of the agency's Guernsey-based clients.

Ms Melhuish, who holds a degree in public relations and advertising, has gained experience and UK media connections working with clients across various sectors in London, where she spent time to expand her industry experience.

Coupled with another senior appointment in Jersey, agency director Nichole Culverwell said: 'We have significantly strengthened our senior team, building the strategic advisory capacity our clients require to help them meet their objectives and build their reputations.'

'In addition, we now have two members of staff who are working remotely in Bristol and Manchester, allowing the agency to serve businesses based in the UK, and also connect our Channel Islands' clients to their customers and other key stakeholders there.'

TWO PROMOTIONS AT ORCHARD PR

Dan Gallienne has been promoted to the new role of head of client services at communications agency Orchard, while Sophie Bonakdar has been promoted from senior account executive to account manager.

Mr Gallienne joins Brooke Kenyon and Chris Chilton – managing directors of strategy and agency growth, and finance and operations respectively – on the team.

He will be responsible for the agency's work across its client base, leading the client retention strategy, developing the 15-strong team and working with client teams to deliver impactful communications strategies, content and campaigns. He is one of Orchard's three CIPR chartered PR professionals and sits on the local CIPR committee.

'Orchard has grown enormously in the last 10 years and Dan has been a big part of that journey,' said Ms Kenyon. 'He is an incredible asset to Orchard and promoting him to head of client services was a no-brainer because his knowledge of our business and clients' needs is second to none. I look forward to seeing how his career will continue to develop as our ambitious agency continues to grow.'



L-R: Dan Gallienne and Sophie Bonakdar.

In her new role, Ms Bonakdar will take charge of a wider portfolio of clients, overseeing day-to-day campaign activity. She is also the membership secretary of the Young Business Group in the island.

'Nurturing professional development and investing in people contributes greatly to the agency's success and Sophie's journey exemplifies this perfectly,' said Ms Kenyon. 'What she has brought to the team in terms of social media knowledge and client service is fantastic. I am excited to see what she achieves in 2024 and beyond.'



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HIGHVERN APPOINTS ASSOCIATE DIRECTOR



Simon Smith, who has more than 26 years' experience in the trust and fiduciary services industry, has been appointed associate director in Highvern's Guernsey office, to further

support the growth of its private wealth offering.

His appointment is a strategic move as the firm continues to expand its presence and reinforce its position as one of the leading players in the trust and fiduciary services industry.

NEW ISLAND DIRECTOR FOR LLOYDS BANK INTERNATIONAL



Julie Ronaldson has been appointed the new island director for Guernsey. She will report into Lloyds Bank International's Crown Dependencies director, Adele Bohlen. She replaces Mike Jones,

who has been appointed director for strategy & performance in the Lloyds Bank International's private banking team.

She will retain her role as head of commercial banking in Guernsey but will now also be responsible for the community bank branch.

NEW HEAD OF PRIVATE WEALTH AT IQ-EQ



A new head of private wealth for Guernsey has been appointed by IQ-EQ.

Tonia Leigh-Morgan has been with the group for more than 20 years, taking on a variety of

different senior positions during this time. She began her career as a lawyer, dual-qualified as an English barrister and Guernsey advocate, then spent five years in private practice before moving into fiduciary services in 2003 to become in-house counsel for one of the legacy businesses that stands today as IQ-EQ Guernsey.

In her new role she will assume responsibility for IQ-EQ's 50-strong team of private wealth specialists in the island and will join the local leadership team as well as the global leadership team of IQ-EQ's Private and Institutional Asset Owners service segment.

ADVOCATE JOINS LEFEBVRE CHAMBERS AS A PARTNER



Advocate Chris Green has joined Lefebvre Chambers as a partner, in business with Advocate Paul Lockwood. Specialising in criminal defence and family law, he was admitted

as an advocate of the Royal Court in 2002.

Advocate Green was born in Guernsey and educated at the Grammar School, the University of Exeter, the University of the West of England, and Caen University. He was called to the English Bar in 2000.

A former deputy for Castel from 2012 to 2020, Advocate Green was president of the Scrutiny Management Committee during the term. He did not seek re-election at the 2020 island-wide election.

APEX GROUP APPOINTS NEW HEAD OF FINANCIAL CRIME



Apex Group has appointed Mark Le Page as its new head of financial crime.

A renowned specialist in the funds and financial crime industry throughout the Channel

Islands and the UK, Mr Le Page has more than 30 years' experience across financial services, regulatory services and the accountancy profession.

He worked for many years for the Guernsey

Financial Services Commission, and his role is a key strategic hire for Apex Group.

He will join the board of Apex Fund and Corporate Services (Guernsey) as well as leading the integration of the financial crime teams.

'When Apex Group proposed the role to me I did not need any persuading,' he said. 'The strength of the Apex Guernsey board is well known and, with the growth of the company, it is an exciting time to join.'

Patrick Cummins, managing director of Apex Fund and Corporate Services, said: 'I have known Mark both professionally and personally for many years. When we decided that we needed to build out this area of our business he was the first name on the list, and I am delighted that we will be working together to shape the future of Apex Guernsey.'

Our Channel Islands employment team

As one of the largest employment teams in the Channel Islands, we have the scale and expertise to resource a range of contentious and non-contentious employment matters.

To find out more about how we can help you, please contact one of the senior members of our Channel Islands employment team.

Guernsey



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NEW HEAD OF EMPLOYMENT AT CAREY OLSEN



CARLY PARROTT REJOINED CAREY OLSEN EARLIER THIS YEAR AS HEAD OF EMPLOYMENT IN GUERNSEY

Carly previously served as counsel in Carey Olsen's employment team in Guernsey from 2017 to 2020 and brings with her a wealth of experience and an established reputation as one of the island's top employment lawyers.

In the interim period, she expanded her corporate skill set as a director for Opus Private Limited, and most recently, established the pan-island employment practice and was Head of Employment (Channel Islands) for another offshore law firm in Guernsey.

With expertise in all aspects of contentious and non-contentious employment law, Carly advises global, multinational, and local clients and is well known and respected for her practical, "out of the box" pragmatic legal advice and business support. Her extensive experience spans both onshore and offshore jurisdictions, and she specialises in working with employer organisations and senior executives.

Carly is ranked as a Band 2 lawyer in Chambers UK and as a Next Generation Partner in The Legal 500 UK for Employment.

Feedback from clients as reported by The Legal 500 UK stated: 'Carly Parrott is exceptional. Her expertise is in high demand, but still she remains available and approachable; a testament to how hard she works and the team that she has built around her. Her ability to apply complex law to human situations and communicate potential solutions is extraordinary. Also, her advice is always delivered with engaging charisma.'

'I am delighted to welcome Carly back to the firm,' said Elaine Gray, head of Carey Olsen's Guernsey dispute resolution and litigation team. 'She brings with her many years of experience in the employment space and is extremely well regarded. Her exceptional client service skills, strategic thinking and breadth of knowledge makes her the perfect fit for Carey Olsen, and I am pleased that our clients will once again benefit from her considerable expertise and energy.'

AWARD-WINNING OFFSHORE LAW FIRM

Carey Olsen has one of the largest employment practices in the Channel Islands and has the scale and expertise to resource heavyweight contentious employment disputes and tribunal matters as well

as supporting businesses and individuals in non-contentious areas of work. It is well-versed in relation to large takeovers and business amalgamations and, as a full-service firm, can provide support wherever you need it.

This includes calling upon its established trusts and private wealth and investment funds practices for expertise on pension matters. Carey Olsen's employment practice is ranked as a tier one firm in both Guernsey and Jersey by Chambers UK and The Legal 500 legal directories.

Carey Olsen is a leading offshore law firm advising on Bermuda, British Virgin Islands, Cayman Islands, Guernsey and Jersey law across a global network of nine international offices. The firm is led by 78 partners, with more than 300 lawyers and over 650 people across their nine locations in Bermuda, British Virgin Islands, Cape Town, Cayman Islands, Guernsey, Hong Kong SAR, Jersey, London and Singapore.

Carey Olsen is a full service law firm working across banking and finance, corporate and M&A, investment funds and private equity, trusts and private wealth, dispute resolution, employment, insolvency and property law. It is the only Guernsey law firm with top tier rankings across the board in the latest Legal 500 and Chambers UK rankings, the leading independent legal publishers.

The firm has won numerous awards for its legal services including 'Offshore Law Firm of the Year' by Chambers High Net Worth Guide, 'Legal Team of the Year' by WealthBriefing Channel Islands Awards, 'Offshore Law Firm of the Year' by WealthBriefing European Awards, and 'Offshore Law Firm of the Year' by eprivateclient Awards.

Carey Olsen celebrated its 125th Anniversary last year having been established in Guernsey in 1898.





Architecture + Design + Interiors + Landscapes

01 Murata (Guernsey Design Awards Shortlist)

A breathtaking transformation fusing incisive contemporary aesthetics with historic authenticity, creating a comfortable and contemporary indoor/outdoor entertaining space with exquisite detailing.

02 CANVAS (Guernsey Design Awards Shortlist)

Our design transformed a dated and dilapidated relic into a stylish contemporary dance club and event space, unrecognisable from its previous form, creating a reactive, adaptable venue.

03 La Fosse (Guernsey Design Awards Shortlist)

Our renovation and extension of this protected 17th-century cottage created harmony between old and new, providing airy, light-filled, flexible spaces in which a young family can thrive.

04 Pres de Sable (Guernsey Design Awards Shortlist)

A traditional Guernsey home reimaged, transforming a cramped, gloomy cottage into a vibrant, flexible space full of subtle details and eye-catching moments.

05 Courtil Charente (on site)

Recapturing the history of this Castel farmhouse while introducing a contemporary extension that wraps around the palm tree at the heart of the walled garden.

06 Art for Guernsey (Phase Two on site soon)

A community-focused project that has revitalised the Old Quarter, transforming a neglected retail property into a vibrant, modern and functional space.

07 The Manor House (Phase Two on site)

Our comprehensive renovation and extension of this traditional Guernsey manor house is now complete. Phase Two will involve a substantial landscaping project, including a beautiful poolhouse with outdoor kitchen.





GUERNSEY DESIGN AWARDS 2024

SHORTLISTED



StuDiO is an award-winning architecture and design practice working on residential, commercial and community projects across Guernsey and beyond. Our considered, contextual designs create beautiful, functional and sustainable structures and spaces that will be enjoyed for generations. With four projects shortlisted for the 2024 Guernsey Design Awards, we take pride in tailoring each design to meet the precise needs of each client and site, and working closely with trusted contractors and consultants to deliver exceptional results.





HEADLINE NAMES FOR LITERARY FESTIVAL

Media personalities Louise Minchin and Sarah Beeny, sports stars and commentators Mike Brearley and Pat Nevin, best-selling novelists Louis de Bernières, John Boyne and Peter James, celebrated chef Michel Roux and journalist Bryony Gordon are among the speakers signed up for this year's Guernsey Literary Festival.

Each will talk about their recent books during the Festival, one of the Channel Islands' biggest annual arts events, which this year runs from 23 April to 5 May.

They will be among a host of writers and speakers, mostly from the UK and Channel Islands, taking part in the 2024 Festival, based at a number of local venues including St James, Les Cotils, the Guille Allès Library, The Old Government House Hotel and St Pierre Park Hotel.

Full details of all events are on the Festival's website guernseyliteraryfestival.com.

'This year's programme includes some of the most inspirational and creative thinkers from the worlds of literature, poetry, business, politics, stage and screen, food and drink, sport and history, amongst many others,' said Festival Director Claire

Allen. 'Also look out for our family events, schools programme and writing competition for school children, bringing literature, books and writing to people of all interests and ages. There are also a number of writing and poetry workshops, an international poetry competition and outreach events in the prison and care homes.

'My heartfelt thanks to everyone involved in making the Festival a success: our dedicated Festival team and volunteers, our loyal sponsors, partners, patrons, members and our fantastic audiences! We passionately believe in the power of words to broaden horizons, connect communities and inspire change. We hope you enjoy this year's programme of events!'



MICHEL ROUX, celebrated chef and author of numerous award-winning cookbooks, will help his audience discover the joy

of cooking simple and delicious French meals at home, sharing the mouth-watering everyday recipes he enjoys cooking and eating with his family and friends, including hearty breakfasts, quick lunches, simple suppers and weekend

feasts. His events at St James and the OGH Hotel are sponsored by Rawlinson & Hunter.



LOUISE MINCHIN will talk about her book *Fearless – Adventures with Extraordinary Women*. Having worked on BBC

breakfast for more than 20 years, Louise noticed something: all the adventurers she interviewed were men. Driven to bring more attention to female stories of courage and endeavour, Louise pushed herself to the extreme and embarked on thrilling endurance adventures around the globe with trailblazing women.

In her extraordinary journey, Louise reminds us of the bravery inside us all, and how essential it is to celebrate women's achievements. Her event at St James is sponsored by Investec.

From renovating her very first flat to restoring a stately home,



SARAH BEENY has never been afraid of hard work to turn a house into a home. In *The Simple Life*, she tells the



story of her life, sharing stories and experiences in everything from parenting and work/life balance, friendships, nature and the environment, to her cancer diagnosis and treatment, discovering that sometimes life is not so 'simple'.



MIKE BREARLEY'S book *Turning Over the Pebbles: A Life in Cricket and in the Mind*, is a thoughtful and erudite book seamlessly blending

all aspects of his life into a single integrated narrative. With wide-ranging meditations on sport, philosophy, literature, religion, leadership, psychoanalysis and music, he delves into his private passions and candidly examines the various shifts, conflicts and triumphs of his extraordinary life and career, both on and off the field. His event is sponsored by BWCI.



Footballer **PAT NEVIN'S** brilliant memoir *Football and How to Survive it* will take his audience on a journey to the

less glamorous side of football. After a playing career at the very top level, an unprecedented twist of fate finds him both player and Chief Executive of Scottish Premiership club Motherwell. What follows is an entertaining

and revealing tale of the side of football that you rarely see as Pat tries to keep the lid on simmering tensions between owner and the manager. His event is sponsored by Kirkwood Properties.



In *Mad Woman: How to survive a world that thinks you're the problem* – an insightful, fearless and brilliantly witty

reflection on the eternal quest for a 'happy life' – **BRYONY GORDON** reassesses everything she thought she knew about mental health. What if our notion of what makes us happy is the very thing that's making us sad?

From burnout and binge eating to menopause, OCD and sobriety, Bryony tackles her personal challenges and demons with her trademark blend of compassion, honesty and humour. Bryony is one of the Telegraph's best-loved writers, presents the *Mad World* podcast and founded *Mental Health Mates*. Her event is sponsored by St Pierre Park Hotel, Spa & Golf Resort.



In a series of four short novels named after the elements, beginning with *Water* and concluding with *Fire and Air*, novelist **JOHN BOYNE**,

writer of the best-selling *The Boy in Striped Pyjamas*, focuses on intimately human stories. In the second, *Earth*, young footballer Evan Keogh leaves his Irish island, finding work as a male escort before becoming a professional footballer.



LOUIS DE BERNIÈRES is one of the UK's leading, best-selling novelists. His fourth novel, *Captain Corelli's Mandolin*,

about a love story set in World War II, has now sold over four million copies worldwide, been translated into 36 languages and has been made into a Hollywood film starring Nicolas Cage and Penélope Cruz. In his latest book, *Light over Liskeard*, a quantum cryptographer convinced of civilization's fall embarks on a self-sufficient life in the Cornish countryside.



Bestselling author and Jersey resident **PETER JAMES** will reveal how he keeps fans hooked in the long-running *Roy Grace* series,

with the 20th book coming out this year. In an exclusive sneak preview, fans will finally find out what happened to Roy's missing wife Sandy in the upcoming companion to the series *They Thought I Was Dead*.



WELLNESS RETREATS

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TEN TO VISIT

IMAGES CLOCKWISE FROM TOP LEFT: STRATFORD UPON AVON; LONDON; THE LAKE DISTRICT; OXFORD; BATH; CORNWALL. ©SHUTTERSTOCK

BY ASTRID MITCHISON

Take inspiration from Britain's famous literary figures when **BOOK-ing** your next trip...

ALDERNEY – Elisabeth Beresford, author of the children's book series, *The Wombles* lived on the northernmost Channel Island from 1978 until her death in 2010. One of the characters was even named after the Island. Various Womble memorabilia, including the original soft toys, can be found displayed in the Alderney Museum.

BATH – Jane Austen lived in the Georgian City and her novels, *Persuasion* and *Northanger Abbey* are set in Bath. Visitors can learn more about her life and times at the Jane Austen Centre, which is just a short walk from the photogenic Royal Crescent and The Circus. For an immersive experience, why not plan a trip to coincide with the annual Jane Austen Festival, held in September?

CORNWALL – the rugged coastline of England's southwestern county is immortalised in Daphne du Maurier's novels. The author moved to Cornwall in the 1920s and the museum dedicated to her is located at the historic Jamaica Inn, which also acts as a hotel and informal restaurant.

CANTERBURY – renowned as the city which inspired Chaucer's *Canterbury Tales*, this charming Kent location also served as fodder for the likes of Christopher

Marlowe and Mary Tourtel, creator of Rupert Bear.

LONDON – one could practically fill a book with the names of authors such as Orwell, Blyton, Plath, Mitford and Fleming who have called the capital city home over the years. Head to Kensington and spot the blue plaques adorning the former residences of Agatha Christie, James Joyce, Henry James and T.S. Eliot. J.M. Barrie's home can be viewed within walking distance of Hyde Park's statue to his famous Peter Pan character while P.L. Travers' house off the King's Road will impart a sense of déjà vu to fans of the *Mary Poppins*' film dedicated to her nanny creation. For fans of Victorian literature, visit the Charles Dickens Museum or head to the legendary 221B Baker Street to discover the Sherlock Holmes Museum.

EDINBURGH – famously the city where JK Rowling penned *Harry Potter*, it's easy to see the author's inspiration in the ancient alleyways and imposing gothic architecture. In fact, literary history is effortless to incorporate into a visit... walk past the Scott Monument, stay at The Stevenson House hotel (the childhood home of Robert Louis Stevenson) and sip a drink at Badger & Co bar, which is located in the previous home of Kenneth Grahame, author of *The Wind in the Willows*.

STRATFORD-UPON-AVON – no literary list would be complete without a mention of Shakespeare's home town. Pay pilgrimage to The Bard by visiting his birthplace as well as Anne Hathaway's Cottage and be sure to catch a play at the Royal Shakespeare Company & Theatres.

OXFORD – it's hardly surprising that the university city has attracted numerous writers. Lewis Carroll devised *Alice's Adventures in Wonderland* during his time working as a lecturer at Christ Church College, while J.R.R. Tolkien and C.S. Lewis (the ornate wooden door along St Mary's Passage is said to have inspired *The Lion, The Witch and The Wardrobe*) regularly used to meet at The Eagle and Child pub.

YORKSHIRE – The Bronte Parsonage Museum, housed in the family home, sits on the edge of the sweeping Yorkshire moor captured and forever associated with middle sister's gothic tome, *Wuthering Heights*. The filming location for E Nesbit's *The Railway Children* is also nearby.

LAKE DISTRICT – William Wordsworth's and Beatrix Potter's respective homes can still be visited today or embrace the adventure fantasies of childhood with an Arthur Ransome Swallows and Amazon-worthy boat trip on Coniston Water.

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Photograph by Nick Després

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THE MAGIC BOOK CORNER

THE STORY (SO FAR) OF SOFIE LE MARQUAND, WHO WAS A PUBLISHED AUTHOR AT THE AGE OF 11...

Sofie began writing *The Magic Book Corner* when she was just eight years old and finished it when she was nine. The book was published when she was 11, a remarkable feat for the young author.

So, what was the inspiration behind the book?

'It was in March 2021, during lockdown, when we were allowed to bubble,' explained Sofie's mum, Sam Le Marquand. 'I was in my office, working from home, and Sofie was in her room with her friend from next door, Medha. Sofie said they were bored so I said, "Why don't you write a book? You can call it *The Magic Book Corner* like the one in your room."

'We got up to chapter four and then life got in the way and I stopped for a year,' said Sofie. 'I really wanted to write even more so I wrote more. One night I realised I had to put in some more action so I started to bring in other characters.'

The foreword of the book reads: 'Gracie seems like any ordinary girl and her house appears to be an ordinary home. But, when Gracie discovers that her reading corner is not all it seems, it turns her passion for reading into a battle and a race against time. With the help of Timmy, the rabbit, and her best friend Skye, can Gracie put everything right again in time to secure her own happy ending?'

'Gracie has fallen into another land called Timeland and has to battle with the Black Plaque to battle her way back,' explained Sofie. 'Her friend is Timmy the rabbit and Billy Black is Timmy's twin brother and is naughty and the guard of the Black Plaque.'

To get back home, Gracie has to enter several 'battle rooms' and answer a series of questions correctly, asked by characters from Sofie's favourite books.

'It's like a quiz to see if you are reading properly,' said Sam.

'In Battle Room One Harry Potter turns up and asks Gracie three questions, in Battle Room Two it's Terry and Andy from *Treehouse Books*, in Three it's the character from *Dork Diaries* and in Four it's *The Adventurers* from *Jemma Hatt's* books.

"In Battle Room Four Lara from *The Adventurers* asks Gracie three questions and she gets the last one wrong. The characters start to round on her and Timmy ends up rescuing her, like a furry ball flying through the room.'

The book began life on an A3-sized book and then Sofie progressed onto her mum's laptop. It was 68 pages long.

'Then *Hidden Story*, which is run by a family friend in Durham, Hope Simpson, offers a service to take a story and bring it to life,' explained Sam.

'We had a Zoom call with Hope Caitlin and illustrator Helen Sanderson and they showed us their ideas and character designs. Hope did the cover herself.'

Once the book was published, Sofie did a book signing at the Bathing Pools café. There's no doubt that we'll be hearing (or reading) quite a bit more from her in the future.

The Magic Book Corner is available from 'The Barn' at Sausmarez Manor for £14.50.

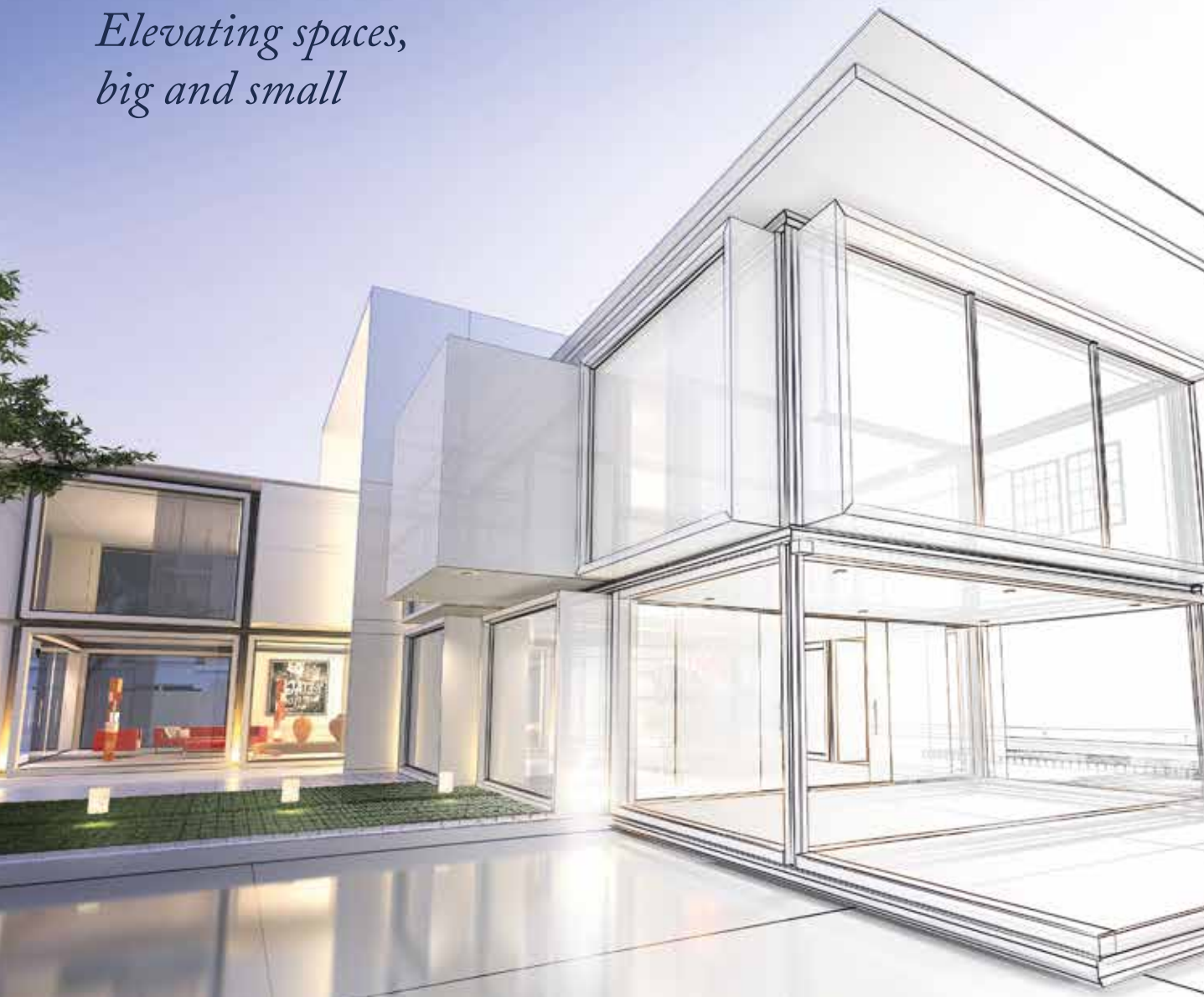
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THE FAIRIES' HOLLOW

LÉ CREUX ÉS FÂÏES

Fairy folk were said to have built all the Guernsey cromlechs (or dolmens) as houses.

The dolmen of the Creux és Faïes made a good home as it had strong granite walls and is partly covered with earth, which made for a good roof.

On a full moon, the fairies came out to dance. They were small with supernatural powers and strength, which is how they could move such enormous blocks of stone. They were known to live in communities, but it was unusual to see more than one fairy. Any person who moved the fairies' stones risked bad luck. Fairies had a great fondness for silver and gold, and kept treasure inside their fairy caves. The fairies would enchant the treasure to look like worthless shells to prevent islanders stealing it. One day, some locals dug up the area surrounding the cave and found some pots and pans, proving this was a fairy home. They also found fairy spindles, which were flint arrow heads.

One type of fairy was a house fairy. House fairies would live in ovens, making themselves useful by finishing work, such as knitting. They had two conditions, they would not work for a lazy person and they had to be rewarded with a bowl of milk porridge. The fairy would only eat the porridge once every member of the household had gone to bed.

House fairies were also wonderful bakers. One night a woman was up late in her cottage, spinning at her spinning wheel. Suddenly a house fairy appeared and asked if he could use her oven, she kindly said yes. Once the bread was baked the mysterious fairy disappeared, leaving behind a freshly baked cake.

The last person to spot a fairy was over a hundred years ago! Many of the fairies left Guernsey when the islanders destroyed some of the fairy caves. They used the granite from the caves to build cottages. Some believe that the invention of electricity and technology



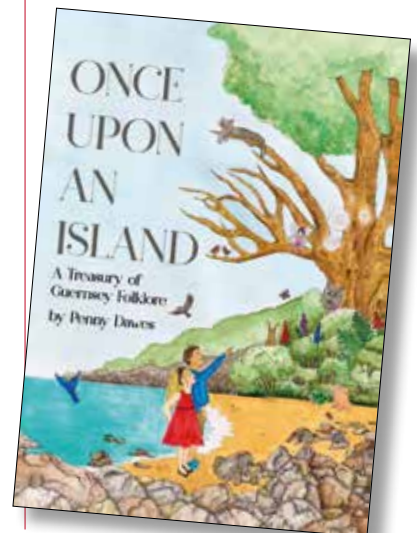
sent the fairies away or maybe islanders didn't spend as much time outdoors. Next time you are out in nature, explore the green lanes, streams, fields, wooded areas and pay attention to what you see and hear, it may be the fairy folk!

The Origin of the Tale

The Creux és Faïes is a prehistoric tomb, partly covered with earth. Islanders became superstitious about the cave, because it had been a burial ground.

The Celtic word for fairy was pique, pooka or pight. The Celtic influence in the island is evident as the local name for a fairy home was pouquelâie. Guernsey fairies were called pouques which is derived from the fairy of English folklore, Puck, made famous by Shakespeare in *A Midsummer Night's Dream*.

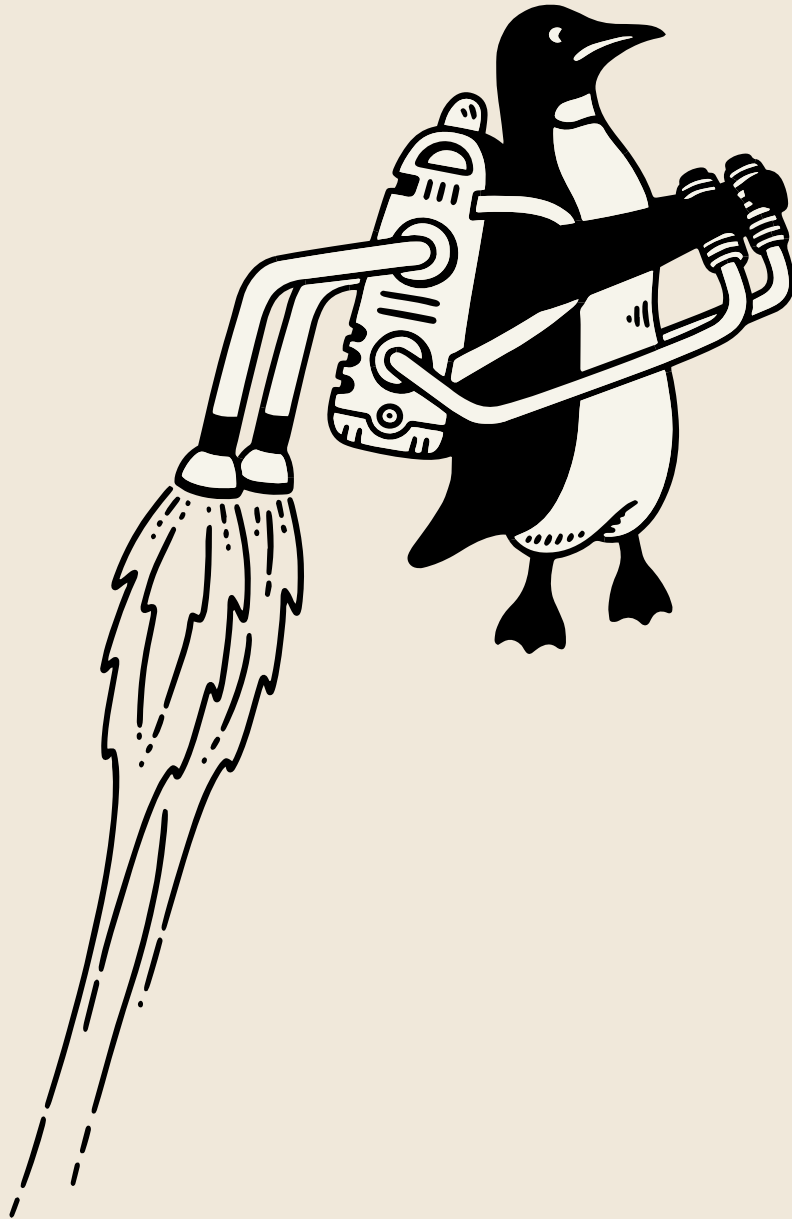
The Fairies' Hollow is taken from 'Once Upon an Island', A Treasury of Guernsey Folklore, written and illustrated by Penny Dawes.



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PARALYMPIC SPORT INSPIRES LOCAL MOBILITY GROUP

2024 is an Olympic year and in just a few months' time the world's best sportsmen and women will be competing for the highest honour in global sport – an Olympic or Paralympic gold medal!

The action will be closer than ever to Channel Island shores with the Games being hosted in Paris and new direct travel links are set to make it easier to be part of the action.

But if you can't make it to Paris there's still the opportunity to try out some of the 'new' Olympic sports right here in Guernsey.

'Sports such as climbing, surfing and skateboarding are the latest additions to the Olympic schedule and all offer opportunities to get involved locally,' said Nicky Will from the Guernsey Sports Commission.

'We've also just recently co-hosted a taster session of the Paralympic sport of boccia with the volunteers from local activity group Guernsey Mobility Let's Go and we really hope this accessible sport starts to take off on the Island.'

Boccia is a target sport similar to bowls that can be played by anyone. Originally designed for individuals with severe physical disabilities, the game has branched out to include all disabilities. Non-disabled people can play boccia in a social setting as long as all players stay sitting down during play.

From a seated position, players propel balls to land as close as possible to a white marker ball, known as the Jack. Two sides compete as individuals, pairs or as a team of three over a set number of ends.

Balls can be rolled down a ramp, thrown or kicked. If a player is unable to release the ball with their hands, they can use assistive devices, such as a head pointer.

As well as the recent taster session, Guernsey Mobility Let's Go has been offering boccia as part of its weekly activity sessions. Leaders and activity coaches Paul Wheatley and Sue Duport are justifiably proud of how the sessions have grown.

'GMLG has been running for 9 years. We were formerly called Wheelchair Bouncers,' said Paul.

'We deliver a wide range of activities weekly throughout the year with a growing emphasis towards Boccia and

Floor Kurling. Linked with the support of the Sports Commission, we have been able to deliver to several groups on a regular basis,' said Paul.

'We have plans to create a small team to compete in a boccia game with Jersey Sport via a live link, which we think will be a first for both Islands.'

The group's Tuesday sessions at Beau Sejour are becoming increasingly popular with attendees coming from the Ron Short Centre, Cheshire Home, Guernsey Alzheimer's Group, and a number of care homes as well as welcoming any individuals who want to join in with the range of accessible sports on offer.

One of the unique things about the sessions is the involvement of Year 5 pupils from St Martin's Primary School who come every week to help run the different activities.

'Having now spent six years working with St Martins School Year 5s, we regularly get positive feedback from both pupils and staff,' said Paul.

'Wow' is a word used regularly about how they feel at sessions; the care delivered by the children to our users who have a wide range of mobility issues is a pleasure to watch. Their care and understanding are very quickly recognised by all our coaches and helpers. It is the magic ingredient to what we deliver every week.'

GMLG has also been taking boccia on the road delivering sessions to scout groups and other community organisations. All the sessions are delivered by a small team of volunteers.

'We can't thank Paul, Sue and their team enough for the time and dedication they put into running these sessions,' said Nicky.

'We are really hoping to support GMLG to continue to grow both boccia and the other sessions they run within the community which contribute to one of the core aims of the Active 8 Sports Strategy 'Inspiring more islanders to be more active more often.'

'The physical and mental health benefits of taking part in sport are well documented. We just want to make sure as many people as possible get the opportunity to participate,' said Nicky.

For further information please visit <https://gmlg.org.gg/>

THE HISTORY OF THE MURATTI VASE

Inter-insular sport in the Channel Islands is fiercely competitive.

The Muratti Vase is contested in men's football between three islands; Alderney, Guernsey and Jersey. At the time of printing, the semi-final had not been played (Alderney v Guernsey); the final is held on 18 May in Jersey.

But what is the background to this iconic competition?

The Guernsey Football Association was founded in 1893 and affiliated to the Football Association in 1903, making it the senior association in the Channel Islands. In January 1905 there was talk of an inter-island football competition between Alderney, Guernsey and Jersey. On 9 January, a short article by 'Onlooker' in the Guernsey Press stated:

'As for a Channel Islands competition, I am informed that a cup would be available at any time for such a contest if a representative team from each of the Channel Islands could be got together.'

A little later that year, another article appeared that read: 'The Secretary of the GFA informs us that the prospect of an Inter-Insular Competition between Guernsey,



Jersey and Alderney XI's is being more than talked about. He has had a personal interview (informal) with Mr Lander, the Channel Islands' representative of a well-known tobacco firm and this firm seriously thinks of offering a £25 Challenge Vase for competition between the three islands.'

The tobacco company was Muratti... and the rest, as they say, is history.

Thanks to Rob Batiste for his help with the above.

CI SPOTY AWARDS

Football Alex Scott claimed – from a distance – the top honour at the Betway CI Sports Awards 2023.

His mother Steph and grandfather Essie proudly lifted his CI Sports Personality of the Year award for him. Scott testified via video call how his family had helped him get to his current level, alongside underlining how much winning the prize meant to him.

'There were so many other talented people up for the award and across the islands in general, so to be nominated was a huge privilege and, of course, to win it as well was a special feeling,' Scott said.

Bowmen of Guernsey stalwart Steve Yates won the Michael Lucas Sporting Hero Award in recognition of his huge commitment to archery, which included his work behind the scenes to stage a successful Island Games tournament where the hosts claimed eight medals.

The Games organising committee – represented by Julia Bowditch and Amanda Hibbs – claimed yet more recognition off the back of taking the prized Sports and Nautical Shield last month.

They won the Judges' Award for Achievement after working staunchly to ensure the smooth running of the great multi-sporting festival.

The host island's individual triathlon golds were also honoured in a small on-the-night vote to decide the audience's favourite moment of the Games.

Jersey won the remaining honours, through cricketer Asa Tribe (Sure Rising Star), their Commonwealth Youth Games squad (Grant Thornton Team of the Year) and young football manager Elliot Powell (Coach of the Year).

RUNNING IN GUERNSEY

Whether you are looking for a friendly park run or something more demanding, there is plenty of choice when it comes to running in Guernsey.

Parkrun every Saturday at 9 am L'Anresse Common. Free entry, info can be found at parkrun.org.uk/Guernsey/ or on the Guernsey parkrun Facebook page

Sure Guernsey Marathon 14 April. The newly designed course will incorporate some of Guernsey's most iconic landmarks and take runners through some of the Island's most scenic areas on the beautiful coast. See guernseymarathon.com for more information.

GU36 19 May. A 36 mile ultra race

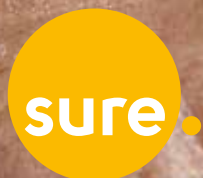
around the whole island. This fully marked circular route starts in the town of St. Peter Port before leading on to 16 miles of beautifully rugged cliffs. More information at greenrockevents.com/gu36

Sark 10. 1 June. The Sark 10 includes a kids race (approx 2km), 5km and 10-mile running races, and an untimed 10-mile walk which starts an hour before the running. After the race is a fun BBQ, free for all entrants, and available for friends and family to enjoy. See simplysark.co.uk/en/sark-10 for more information.

Check out guernseyathletics.org/gg/upcoming-events/ for more information and other runs.

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UP, UP AND AWAY

John Vallely, chair of Westcombe Park RFC, reports on an away trip when the team flew on Aurigny to play Guernsey Raiders.

Westcombe Park returned empty handed from their overseas trip to Guernsey. At one stage it had even looked as though the Goddington Dene side would not trouble the scoreboard but a couple of tries in the last 10 minutes meant that there was some small consolation for the visitors.

Combe started well but Raiders were first to score on nine minutes. The home side won a clean line-out ball and a looped pass put wing Anthony Armstrong in at the corner. The conversion was added. The Raiders scored a second converted try on the 26-minute mark again through a good line-out ball. This time a clever kick through was touched down for the score.

The home-side moved further ahead just past the half hour. Raiders were pressing the Combe line and it took only a couple of heavy-duty rumbles for No 8 Hugo Culverhouse to get his side's third try. The conversion made it 21 – 0 and the visitors had a tough task ahead of them.

Despite some good pressure and territory in the opening period in the second half, Combe failed to make any impact on the scoreboard. Indeed it was the home team that scored on their first meaningful foray into the Westcombe Park 22. In the 66th minute a dominant Raiders' scrum gave Culverhouse the opportunity for his second try scoring out wide making it 26 – 0 and also securing the try bonus point for the Footes Lane side.

However, two minutes later Westcombe Park got on the scoreboard when captain Nick Cook burst through the home defence to set up a score for winger Kieran



Thompson. Nathan Wyman added the conversion. But the Raiders kept the visitors at arm's length when replacement Ciaran McGann took an excellent line to score his side's fifth and final try with the conversion making the score 33 – 7. However Combe had the last word on the final whistle when Cook dotted down after prop Elliott Roofe had made the hard yards. The Wyman conversion made the final score 33 – 14.

A well deserved win for the home team. The 50+ Combe supporters who had travelled on Guernsey's Aurigny Airlines with the team were in 'drowning sorrows' rather than 'celebrating victory' mode. Fortunately, the return flights on Sunday were in less bumpy weather as players and supporters returned to Gatwick after a very enjoyable night out in St Peter Port.

Result: Guernsey RFC 33 – 14 Westcombe Park RFC.

WORLD BOWLS INDOOR CHAMPIONSHIPS

More than 30 countries have signed up to compete at Guernsey's own World Bowls Indoor Championships.

When the competition takes place at the Guernsey Indoor Bowls Centre from 21 to 27 April, it is set to pit the European and Oceania powerhouses against those from the Americas, Asia and African regions.

It is also expected to attract over 100,000 viewers from around the globe via the World Bowls social media platform.

Livestreaming, video interviews of international bowlers, and much more is to be featured throughout the week of competition.

'We thank the Guernsey Indoor Bowling Association for agreeing to host this event and I believe it's very important that these events move around the world so that we can showcase the sport to current and prospective bowlers,' World Bowls CEO Neil Dalrymple said.

'Having this event in Guernsey demonstrates that World Bowls and the IIBC cares for our smaller member nations and that we are willing to provide them with the opportunity to host these prestigious events.'

The event will be free for anyone to attend, and sessions of play are likely to run all day, meaning there will be something for everyone to experience during the week-long competition.

'We are honoured to be able to hold this high-profile event in Guernsey and highlight our wonderful island to the world,' said Josh Bansall, a director of the Guernsey Indoor Bowling Association. 'Guernsey's people, history and local businesses are what makes the island so special, and we are excited to show that to everyone travelling to watch the competition.'

'We hope to see as many islanders and overseas supporters as possible in person over the week of the competition. We hope that some might catch the bowls bug, and we will be holding try-out sessions following the competition to encourage new players to the sport.'

PARTNER CHARITIES TO BENEFIT FROM SURE GUERNSEY MARATHON

The Sure Guernsey marathon that takes place on Sunday 14 April has chosen Guernsey Bowel Cancer and Priaulx Premature Baby Foundation as partner charities for its 2024 event.

Formed in 2001, Bowel Cancer Guernsey wants people to realise that bowel cancer is preventable and treatable if caught early enough.

Chair Anne Brouard and treasure and fellow director Sara Gould, who set up the charity, told Amanda Eulenkamp: 'You know what's normal for you, and if it's not normal, then see a doctor.'

Earlier this year, representatives of the charity handed out 240 bags containing porridge, fruit and information leaflets to people on their way to work to raise awareness that everybody needs more fibre in their diet.

Oats are a good source of fibre, which can be incorporated into breakfast and healthy snacks. Experts also recommend eating snacks such as unsalted nuts, rye crackers, oatcakes and fresh and dried fruit and vegetables as a good source of fibre.

April is Bowel Cancer Awareness month, so the marathon is timely. Volunteers from the charity will be at the marathon supporting by handing out race packs.

Exercise is important, and the charity raised money for outdoor gym equipment at Saumarez Park, which is free to use. Other initiatives include stickers on public loos and having a large inflatable bowel to encourage awareness.

Bowel cancer screening has started again in the Bailiwick after a pause. The charity helps to prepare the free test for HSC to send out to those eligible every two years, which is then posted back to the hospital for free. The test is simple to use and, because it is checked on island – by a machine that Bowel Cancer Guernsey bought – results are quick.

The charity's loud tie or scarf day, plus various flag days, help to raise funds for this important charity. Anyone



interested in helping can contact Anne or Sara at hello@bowelcancerguernsey.org.

The Priaulx Premature Baby Foundation, was set up by three times World Touring Car Champion Andy Priaulx MBE and his wife Jo in 2003, following the premature births of their two children. The charity not only supports babies born too soon, but it also helps children who have been diagnosed with a critical illness.

The PPBF manages three properties right next to Southampton Hospital, for local families with premature babies or poorly children to stay in, if off-island treatment is needed. Its 'Buy-A-Night' campaign is dedicated to keeping these lifelines running by inviting members of the public and businesses to 'buy a night' of their choice.

Recent fundraisers include a catwalk sale of 'pre-loved' dresses, held at Hautes Capelles Primary School that raised more than £5,000. The catwalk showcased about 80 of some 400 dresses which were donated by the public and sold between £5 and £30 each.

Find out more at ppbf.org/gg/buy-a-night.



CELEBRATING 20 YEARS OF CHARITABLE GIVING



Canaccord Genuity Wealth Management is celebrating 20 years of charitable giving in the Crown Dependencies through its Charitable Trust. It has been funded by clients donating odd lot shares and staff donations, and has raised more than £460,000 for 200 charities across Guernsey, Jersey and the Isle of Man.

There will be events held in each island throughout the year to celebrate and to raise awareness of how the Charitable Trust is reinvigorating the way it fundraises. Employee events will be fund-matched by

Canaccord and individuals will also be encouraged to volunteer to help support charity work.

'This milestone reinforces Canaccord's commitment to supporting clients and employees to make a tangible difference to the communities they live and work in,' said head of wealth management in Guernsey, Chris Colclough. 'We are very proud of how much valuable support the Charitable Trust has been able to give over the years and are looking forward to making the most of our anniversary year together.'

The Charitable Trust is managed by current and former staff of the Canaccord business and previous recipients of funds include the Food Bank run by Guernsey Welfare Service and Christmas parties at the Russel's Day Centre.

GUERNSEY'S HINDU COMMUNITY CELEBRATES HOLI, THE FESTIVAL OF COLOURS

Guernsey's Hindu community, thought to number about 500 people, held a celebration for the festival of Holi.

More than 100 people joined the party at Cobo Community Centre which was transformed into a paradise of colour filled with food and festivities.

Families and friends reunited at the event and enjoyed their home traditions, including dance, music and traditional clothing. At the beginning of the

celebration, a group performed a play to explain the origins of the festival.

In India, the festival usually starts by lighting a bonfire the day before Holi to triumph the good over the bad. On the day of Holi people have fun with colours and celebrate love and respect with family and friends. Holi is also the time to welcome in spring and new beginnings.





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in Trust & Corporate Services

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SkySnacks

Enjoy refreshing drinks and snacks at great prices, plus make the most of Aurigny's excellent duty-free offers.

Products listed may be subject to change due to availability. Products may be substituted for a similar item.

HOT DRINKS

- Black Coffee
- White Coffee
- Cappuccino
- Latte
- Hot Chocolate
- English Breakfast Tea

£2.75 EACH

WARNING:
These drinks are hot, please handle with care in order to protect yourself and fellow passengers.

SOFT DRINKS

- 150ml Coca Cola or Diet Coke
- 150ml Britvic Orange
- 150ml Schweppes Lemonade or Canada Dry Ginger Ale
- 150ml Slimline Tonic Water or Tonic Water
- 500ml Still Spring Water £2.20
- Sparkling Spring Water £2.20
- 200ml Robinsons Fruit Shoot £2.20

£1.50 EACH

BREAKFAST BITES

- Muffins Various flavours £2.75
- Pain aux Chocolate or Pain aux Raisin £2.75



£2.75 EACH

SWEETS

- Dairy Milk Duo, Maltesers Big Bag, or 4-Finger Kit Kat



£2.20 EACH

SNACKS

- Pringles Original or Sour Cream & Chive
- Mini Cheddars
- Sea Salted Pretzels
- Snack Shortcake



£2.20 EACH

BAR DRINKS

- Jack Rabbit £5.45 18.75cl Sauvignon Blanc, Zinfandel or Merlot
- Lunetta Prosecco £7.00 200ml
- Strongbow Cider, or Madri Lager £5.45 440ml



2 FOR £9

2 FOR £9

2 FOR £13



2 FOR £10

- Spirits 50ml £5.95 Bacardi, Courvoisier, Gordon's, Jack Daniel's, Smirnoff Red, Bombay Sapphire, Famous Grouse, Blue Bottle Gin & Pink Gin

2 SPIRITS AND 2 MIXERS £13



COMBO DEALS

DEAL 1

Hot drink AND Muffin

£5.00

DEAL 2

Cheddars, Pretzels OR Pringles AND Beer, Cider, OR Wine

£7.55

DEAL 3

Cheddars, Pretzels OR Pringles AND a soft drink

£3.60

DEAL 4

Hot drink and Kit Kat OR Maltesers OR Dairy Milk OR Snack Shortcake

£4.85

DEAL 5

Soft drink OR Water AND Kit Kat OR Maltesers OR Dairy Milk OR Snack Shortcake

£3.50

DEAL 6

Beer OR Cider AND Wine

£9

DEAL 7

Hot drink and Pain aux Chocolate or Pain aux Raisin

£5

ALLERGENS

Please be aware that some of our products may contain allergens and some of our customers may bring onboard their own products containing allergens. If you are susceptible to serious complications arising from allergens it is your responsibility to make our cabin crew aware of this immediately.

On board DUTY FREE



£12.99
EACH
or 2 FOR
£21.49



£11.99
EACH
or 2 FOR
£21.49



£13.99
EACH
or 2 FOR
£21.49



£17.99
EACH
or 2 FOR
£32



70cl
£35

SPIRITS 1 Litre

- ▶ Gordon's London Dry Gin
£12.99 each or 2 FOR £21.49
- ▶ Smirnoff Red Vodka
£11.99 each or 2 FOR £21.49
- ▶ The Famous Grouse Whisky
£13.99 each or 2 FOR £21.49
- ▶ Bombay Sapphire Gin
£17.99 each or 2 FOR £32

MIX & MATCH

Famous Grouse Whisky or Gordon's Dry Gin
2 for
£21.49

INFLATABLE EMBRAER 195 JET

£12



FUN
CHILDREN'S
TOY

CIGARETTES & TOBACCO

	200 Pack	400 Pack
▶ Marlboro Gold	£58	£86
▶ Benson & Hedges	£48	£78
▶ Lambert & Butler Silver	£49	£64
▶ Mayfair	£45	–
▶ Golden Virginia Tobacco	5 x 50g	£52
▶ Amber Leaf	8 x 30g	£46

On flights from the Channel Islands to the UK, the allowance includes 200 cigarettes and four litres of spirits. On flights from the UK to the Channel Islands, the allowance includes 200 cigarettes and one litre of spirits. A duty-free service is only available on the Embraer and ATR aircraft. You must be 18 or over to purchase tobacco or alcohol. Credit or debit cards accepted.

WHEADON'S GIN 70cl

£35
A premium artisan gin distilled in very small batches handcrafted in Guernsey

PLEASE NOTE:

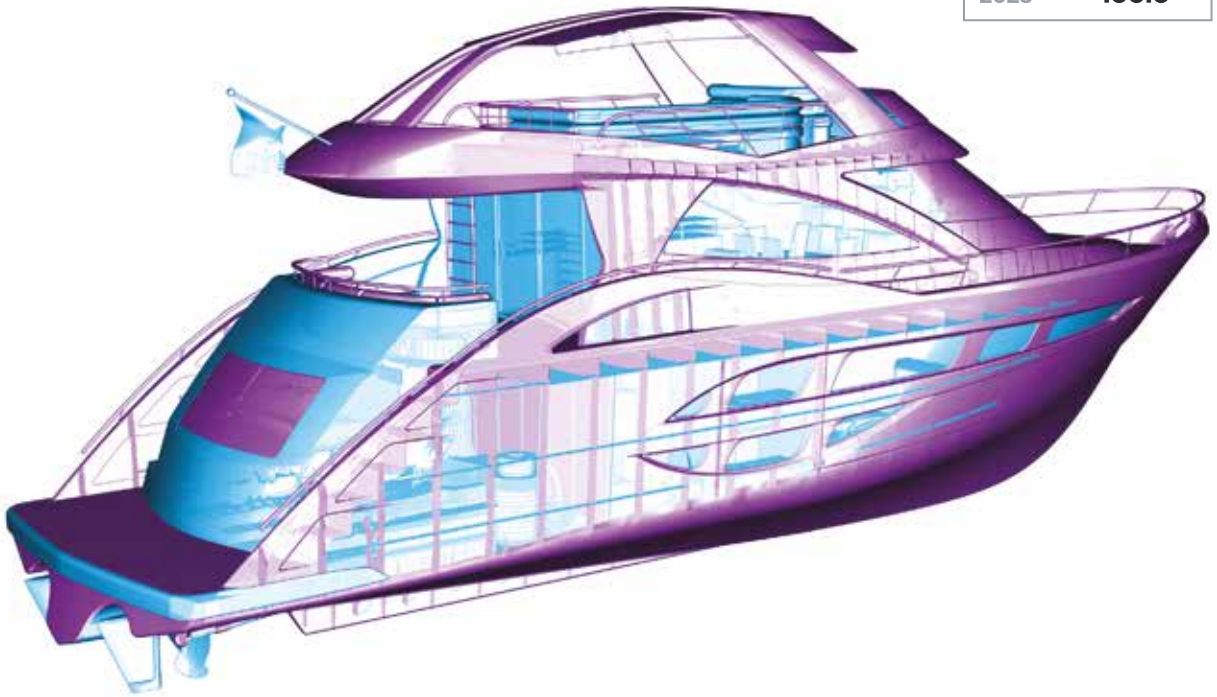
Items will not be exchanged/refunded, please check your duty free purchases before departing the aircraft.



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2023

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- responsive and commercially aware planning and construction law advice
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